

## Nassau Flag Football - Spring 2026 Standings

(Updated: 4/12/26 @ 12:00am)

### Conference 1

Team	League				Overall			Streak
	W	L	T	PCT	W	L	T	
Bellmore-Merrick (A)	2	0	1	0.833	5	1	1	W1
Massapequa (A)	2	1	0	0.667	6	2	0	W1
Valley Stream District (A)	2	1	0	0.667	5	1	0	W1
Herricks (A)	2	1	0	0.667	3	3	0	L1
Port Washington (A)	1	0	2	0.667	3	1	2	W1
Syosset (A)	1	0	2	0.667	1	1	3	W1
Plainview-Old Bethpage JFK (A)	0	0	3	0.500	2	2	3	W1
Farmingdale (A)	1	2	0	0.333	3	2	0	W1
East Meadow District (A)	0	3	0	0.000	2	4	1	L2
Freeport (A)	0	3	0	0.000	1	5	0	W1

### Conference 2

Team	League				Overall			Streak
	W	L	T	PCT	W	L	T	
MacArthur (B)	4	0	0	1.000	8	0	0	W8
Plainedge (B)	2	1	0	0.667	5	1	0	W3
Long Beach (B)	2	1	0	0.667	3	3	0	L2
Bethpage (B)	2	1	0	0.667	3	3	0	W1
Levittown Division (B)	1	1	1	0.500	2	3	1	L2
Roslyn (B)	0	0	2	0.500	0	2	3	L1
Wantagh (B)	1	2	1	0.375	2	4	2	W1
Glen Cove (B)	0	1	1	0.250	0	4	1	L1
Roosevelt (B)	0	2	1	0.167	0	5	1	L2
Lynbrook (B)	0	3	0	0.000	0	7	0	L7

### Conference 3

Team	League				Overall			Streak
	W	L	T	PCT	W	L	T	
Oceanside (A)	6	0	0	1.000	6	0	0	W6
Cold Spring Harbor (C)	4	1	0	0.800	4	1	0	W1
East Rockaway (C)	4	1	0	0.800	4	1	0	W2
Locust Valley (C)	3	2	0	0.600	3	2	0	L1
Hempstead (A)	2	3	0	0.400	2	3	0	W2
Jericho (B)	1	4	0	0.200	1	4	0	L2
West Hempstead (C)	1	4	0	0.200	1	4	0	L3
Westbury (A)	0	6	0	0.000	0	6	0	L6