

CLEONI CRAWFORD



MENTAL HEALTH AND RESILIENCE SPECIALIST

**HELPING INDIVIDUALS GET UNSTUCK
AND BOUNCE FORWARD**

**I HELP PEOPLE WITH MENTAL HEALTH CHALLENGES BOUNCE FORWARD
SO THEY CAN STRIVE, THRIVE AND LIVE IN ABUNDANCE.**

to book Cleoni t: 647-833-1135 | e: onlycleoni@gmail.com | www.onlycleoni.com

Cleoni Crawford - a woman on a mission. Conqueror of challenges. Mental health advocate, speaker, podcast host and best-selling author. A leader in her own right. Cleoni is a U of T and George Brown College graduate who has become a young, passionate and resilient entrepreneur on a mission to raise awareness about mental health by courageously telling her story in two books entitled "The Music of My life" and "30+1 Resilient Stories". Due to unfortunate circumstances that would take the lives of her sister and sister's best friend, Cleoni's struggle with bipolar disorder inspired her to take a leap of faith and devote her life to mental health awareness.

"Cleoni speaks with passion and knowledge. Based on her own life experiences she shares knowledge with the world very genuinely. Her passion and positive mental attitude radiate in her speech. She truly understands current issues and advocates through her spoken word."

SAMANTHA GLASS, SFG PARALEGAL SERVICES

AS SEEN ON



KEYNOTES

My talk is a fit for Individuals who are feeling stuck, and individuals living mental health illnesses.

3 TAKEAWAYS/BENEFITS:

- 1. Attendees will learn about the power of acceptance.**
- 2. How to be resilient no matter what tragedy you went through**
- 3. How to bounce forward with a proven system.**

Thrive And Live In Abundance! Book Cleoni Today! 647-833-1135

Why hire Cleoni?

- Cleoni not only has knowledge about mental health but has personal lived experience with it.
- Cleoni is passionate.
- She is a Best-selling author.
- Cleoni is a graduate in the Addictions and Mental Health program.



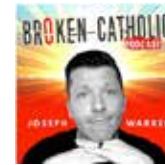
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CLIENT LIST

Taste of the Kongo
I Am Not Alone Podcast
The Samantha Glass Show
Anything Goes Talk Show
The Blind Stigma Podcast
Charles Matthews Show
Broken Catholic Podcast



Pregnancy Care Centre
You are not alone



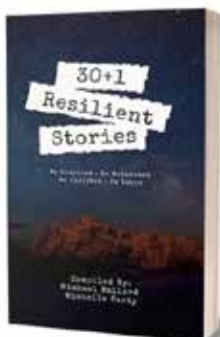
“I just love Cleoni! This is a young woman whose energy and zest for life, draws you in! Her passion for others lends her to speak from her heart and touch lives through her own experiences and dedication to her advocacy work. She speaks with a clarity and confidence that brings people together for a greater good. Serving with purpose, Cleoni is an amazing entrepreneur who is changing the world because she can”!

KELLY CHIASSON

“Ms. Cleoni Crawford has been a great inspiration since the day I saw her name on Social Media in 2009. Additional to Ms. Crawford’s Multi-Entrepreneurial titles, she has passionately taken on another role of becoming an impactful Public Speaker. With over 5 years of experience, Cleoni’s authenticity and excitement can be heard during her speaking engagements. Her ability to connect with her audience shows she’s willing to be vulnerable and sincere with her art. The sky’s the limit for Ms. Crawford and I look forward to hearing about the many lives she will continue to motivate and uplift”.

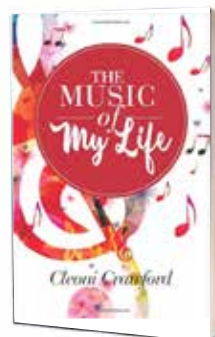
RUTH ANN BENNETT

BOOKS



30+1 Resilient Stories

Cleoni Crawford along with 30 authors share their resilient stories in this new best-selling book called 30+1 Resilient Stories. If you are looking to be inspired, you need to get this book.



The Music of My Life

Cleoni Crawford shares her journey with bipolar disorder and how God, music and a strong support system helped her navigate through her illness and eventually discover her purpose.

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