BREAKFAST MENU

Hot Jonny - Sausage, egg, melted cheese & syrup on toasted waffles
Handy Man - Bacon, egg & cheese twisted in a wrap and grilled\$8.00
On the Farm - Ham, egg, cheese & salsa twisted in a wrap & grilled
OMG Protein - Bacon, Nutella, peanut butter, bananas and toasted pecans in a wrap & grilled\$9.25
Hungry Man - Bacon, ham, sausage, potatoes, cheese & egg twisted in a wrap & grilled\$12.00
SUPER Terra Nova - Roasted red peppers, sausage, egg & cheese twisted in a wrap & grilled\$7.50
Ken's Favorite -Sausage, egg, and cheese in a grilled white wrap! \$7.00
Crazy Girl (Steph's Favorite) Bacon, eggs, homefricand cheese on a toasted roll!\$9.50
Wild Side - Bananas, apples, Nutella, granola and peanut butter on a grilled white wrap\$7.00
Egg Sandwiches on a toasted hard roll withmelted cheese\$5.00Add your choice of ham or sausage\$7.00Add bacon\$7.00
413 Special - Toasted bagel with cream cheese,
bacon and tomato\$8.00
Nick-A-Licious - Sausage, egg, cheese & hashbrown twisted in a wrap and grilled\$8.00
Hound Dog - Peanut butter & banana on a toasted hard roll\$3.50
Trend Setter - Turkey sausage, egg & cheese on a toasted English muffin

Try our Deli-icious Coffees!!





CATERING

Large & Small Sizes Availible Call for Pricing!

HOT STUFF

Mac & Cheese
Ziti
Meatballs wrolls
Chicken Pesto
Chicken Teriyaki
Tri-Color Pasta&Veggies
Tortellini w/pesto
Ziti & Meatballs
Sausage & Peppers

COLD STUFF

Macaroni Salad
Potato Salad
Pasta Salad
Tuna Mac Salad
Vegetable Platter
Fruit Salad
Cookie Platter
Tomato-Basil Mozzarella
Sub-Sandwich-Wrap
Platters

Included in Catering:

Plates & Utensils
Desserts

Assorted Drinks Chips

To Order Call (518) 271-8787

All items subject to 8% sales tax.

Menu items and prices subject to change without notice.



413 River Street Troy, NY 12180 (518)271~8787 www.cafetroy.com

Monday - Friday 7:30am - 1:00 pm

Beli Menu



Breakfast . Lunch . Catering Chocolates & Deliveries

We Cater it all - breakfasts, lunches, meetings, weekend parties! Call for Pricing!

Local Delivery Available through GrubHub!

10/17/22

LUNCH MENU

All sandwiches served on your choice of:

White Wrap
Wheat Hard Roll
Rye Sub Roll

Available toppings: lettuce, tomato and onion. Let us make it your way!

SANDWICHES, SUBS & WRAPS

	Sandwiches	Whole Sub or Whole Wrap
	or 1/2	
	Wrap or	
	1/2 sub	
Ham and Cheese	\$7.50	\$9.50
Fresh Roasted Turkey	\$7.50	\$9.50
Turkey and Bacon	\$10.25	\$12.25
Marinated Grilled Chicker	n\$9.25	\$10.50
BLT	\$9.00	\$11.00
Homemade Chicken Salad	1\$8.00	\$10.00
Salami or pepperoni	\$7.50	\$9.50
Cheese	\$7.50	\$9.50
Italian Mixed	\$8.25	\$10.25
Vegetarian	\$7.50	\$9.50

HOMEMADE SALADS

Garden Salad	\$5.50
Garden Salad w/Chicken Salad	
Chef	
Grilled Chicken Salad	

HOMEMADE SOUPS

Cup of soup	\$3.25
Bowl of soup	
Grilled Cheese w/cup of soup	
Grilled Cheese	\$4.75
Grilled Cheese w/bacon	\$8.50
Grilled Ham & Cheese w/cup of soup	\$9.25
Grilled Ham & Cheese	\$6.75

Additions available for extra \$\$ Just Ask!



The following Specialty Kreations are served with a small bag of chips.

Chicken Salad Club - Chicken salad with lettuce, cran-mayo & bacon on 3 pieces of wheat toast....\$12.00

Nice Girl - Chicken salad, cheddar, bacon, lettuce, apples and cran-mayo on a crossiant.....\$12.00

Nice Guy - Smoked turkey with cran-mayo, lettuce, apple slices, bacon & cheddar cheese on wheat bread.....\$11.50

With the Cheese - Provolone, cheddar & mozzarella cheeses with honey mustard & roasted red peppers piled on a focaccia then GRILLED till crispy......\$10.50

Chicken Caesar Wrap - Grilled chicken, croutons, cheese, lettuce and Caesar dressing in a wra.....\$11.50

Gabriele's Island - GRILLED chicken, roasted red peppers, tomatoes, cukes, grilled onions, hummus & provolone cheese wrapped in a spinach tortilla, then GRILLED to a CRISP!.....\$11.50

Hot Guy - Turkey with cran-mayo, cheddar, apples & bacon on GRILLED wheat.....\$11.50

She Flew the Coup - Chicken salad on GRILLED rye with tomatoes, sautéed onions & melted Swiss......\$10.50

Green Island - You guessed it!!! Roasted red peppers, tomatoes, cukes, grilled onions, carrots, hummus & Provolone cheese wrapped in a spinach tortilla, then GRILLED to a CRISP!

Italian Stallion - Pepperoni, salami, ham & Provolone with roasted red peppers & Italian dressing on GRILLED focaccia.....\$10.50

Wrap up the Garden – Baby greens twisted in a wheat wrap with hummus, tomatoes, onions, carrots, olives, cucumbers, roasted red peppers & American cheese......\$11.00

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