



714 W. Walnut St.  
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## Cardio Kickboxing Schedule

<b>Monday</b>	3:30 - 4:00 pm	4:15 - 5:00 pm	5:00 - 5:45 pm	5:45 - 6:30 pm	6:30 - 7:15 pm
<b>Tuesday</b>	3:30 - 4:00 pm	4:15 - 5:00 pm	5:00 - 5:45 pm	5:45 - 6:30 pm	6:30 - 7:15 pm
<b>Wednesday</b>	3:30 - 4:00 pm	4:15 - 5:00 pm	5:00 - 5:45 pm	5:45 - 6:30 pm	
<b>Thursday</b>	3:30 - 4:00 pm	4:15 - 5:00 pm	5:00 - 5:45 pm	5:45 - 6:30 pm	6:30 - 7:15 pm
<b>Friday</b>	Closed				
<b>Saturday</b>	10:00 - 10:45 am				
<b>Sunday</b>	Closed				

We are closed on all major Holidays. All other unscheduled closings will be announced. If there is bad weather we follow the school closing schedule of ETSU.