

HepLOLA is used to treat and prevent Hepatic Encephalopathy as well as elevated ammonia and associated cognitive decline due to NAFLD/NASH.

HepLOLA is bonded L-Ornithine L-Aspartate 6g per dose. HepLOLA is an orange flavored drink mix taken with 3-6 ounces of water. HepLOLA is naturally sweetened with stevia and is low calorie.

HepLOLA is a medical food which may or may not be covered by health insurance.

As a medical food, HepLOLA is only to be used under the care of a Health Care Provider.

The use of LOLA (L-Ornithine L-Aspartate) has been used in Europe and Asia to treat and prevent hepatic encephalopathy for over 20 years.

The primary mechanism that HepLOLA treats Hepatic Encephalopathy and elevated ammonia is the conversion of ammonia to urea, which is then removed from the body via the kidneys as part of urine.

HepLOLA can be purchased two ways.

- HepLOLA is available to purchase at <u>www.heplola.com</u> with quantity discounts and free shipping options.
- HepLOLA is also available on Amazon, but is a higher price than purchasing at www.heplola.com.

For Hepatic Encephalopathy HepLOLA is typically dosed at 6g (one scoop) 3 times per day, usually in separate doses morning, afternoon and evening.

For elevated ammonia and associated cognitive decline due to NASH/NAFLD, HepLOLA is typically dosed at 6g (one scoop) 2 times per day.

HepLOLA has low side effects with less than 2% of patients reporting any.

HepLOLA shouldn't be used in people with advanced kidney disease. People are advised against taking HepLOLA if their serum creatinine is $\geq 3 \text{mg/dl}$.

Additional Information:	

Recommended Dose: