



TENNIS PROOF YOUR HIPPS/ KNEES/ANKLES!

Join Dr Sarvar Pathan, Dr Tyler McClurg and Dr Jane Bowser for this FREE workshop.

See how common knee issues impact the hips & ankles.

Learn how to prevent injury and improve your performance on the court.

Session includes group testing, tips, and exercise recommendations.

When: Saturday 11/21/2020

Session 1: 10:15 am – 11:15 am

(for those in 11:30 am Kings and Queens)

Session 2: 11:35 am – 12:35 pm

(for those in 10.00 am Kings and Queens)



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