# Katie Klaehn, MA, LPC, ASOTP

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#### **PHILOSOPHY**

Individuals need to be healthy, whole beings any given day of life. A therapist needs to be available to facilitate an individual in processing life circumstances that are causing difficulties in daily functioning and progression in achieving life's goals. A therapist is there for the individual and responsible to meet them where they are at in their mental health care and assist them to meet their short term and long term goals with the best supportive therapeutic intervention possible.

#### **EDUCATION**

- West Texas A & M University, Masters of Art in Counseling January 2011 to December 2014 66 Hours
- West Texas A&M University, Bachelor of Science Psychology August 1993 to August 1996
  - Colorado Christian University

August 1992 to August 1993

• Amarillo High School, 1992

#### WORKING EXPERIENCE

# License Professional Counselor, Associate Sex Offender Treatment Provider January 30, 2017 to Present

- Completing psychosocial assessments on adults to gain background information and make recommendations of needs and parenting deficiences
- Providing Individual therapy to children that are victims of abuse and neglect
- Conducting group therapy
- Conducting individual therapy for Juvenile Probation of adolescents of delinquent behavior
- Providing individual therapy for adults and children suffering from depression, anxiety, conduct disorder, adjustment disorder, and personality disorders that are needing assistance with daily mental health needs or to learn skills to better cope with daily living difficulties
- Providing supervision for family visitation and parenting instruction to assess parent's ability to appropriately care for a child unsupervised or for long periods of time
- Providing couples counseling to better the marriage, assist in managing co-parenting dynamics, and premarital foundations.
- Working on my Licensed Sex Offender Treatment Provider License

#### License Professional Counselor – Intern

April 25, 2015 to January 30, 2017

- Been providing Sex Offender Case management under supervision of Troy D. Timmons, M. Ed. LPC, SOTP-S.
- Conducting individual therapy and group therapy for sex offenders
- Conducting individual therapy and group therapy for Potter County Juvenile Probation
- Providing individual therapy for self pay clients needing assistance with daily mental health needs or learn skills to better cope with daily living difficulties
- Providing supervision for family visitation and parenting instruction to assess parent's ability to appropriately care for a child unsupervised or for long periods of time
- Assistance in working with Sex Offender Chaperones in learning offender specific skills in order to better assure the safety and well being of the individual children they are in charge of assuring their safety will overseeing visitation
- Working on my Licensed Sex Offender Treatment Provider License

# **Department of Family and Protective Services**

December 1997 to November 2014

### **Investigation Supervisor – Rural and Urban**

October 2013 to November 2014

- Oversee 6 workers that are completing investigations on allegations of abuse and neglect
- Make case direction decisions on investigations throughout the day/month based on workers, providers, and legal responsibility to assure the safety and well-being of a child
- Assigned as a team member of the child advocacy center and represent supervision on the agency workgroup to create policy and effective organization approaches
- Conduct monthly staffings with individual workers to conference cases, job quality, and assist in personal development
- Conduct monthly unit meetings to update and train on changes in policy and law along with building teamwork and workplace harmony
- Responsible to bridge the gap between department, community agencies, legal services, and service providers to create a team approach to servicing children and families

### Conservatorship Supervisor – Temporary Managing and Permanent Managing

October 2005 to October 2013

- Oversee 180 to 220 Conservatorship cases at a given time The supervisor's responsibility in managing each case is to make casework decisions based on workers, providers, and legal information to work toward permanency for children
- Oversee 10 to 13 employees on any given occasion The supervisor is the leader and has a
  responsibility to set the example for the work ethic and work environment that is to exist
  during daily functioning
- Assigned court supervision on individual cases and department cases for any given court monthly

- Conduct monthly staffing with individual workers to conference cases, job quality, and assist in personal development
- Conduct monthly unit meetings to update and train on changes in policy and law along with building teamwork and workplace harmony
- Responsible to bridge the gap between the department, community agencies, legal services, and service providers to create a team approach to servicing children and families
- Cover cases in Potter, Randall, Armstrong, Deaf Smith, Parmer, and Oldham Counties
- Facilitate trainings for Amarillo CASA and Great Plains CASA based out of Hereford
- Attend Child Welfare Board meetings as requested

### Child Protective Services Specialist V

### September 2002 to September 2005

- Responsible to be the leader for worker level staff along with assistant supervisory staff as requested
- Assigned high profile type cases to investigate or work along with sensitive cases that required increased confidentiality
- Provide new worker training or one on one training as requested by management to increase skills or assist with bettering job functioning

# Conservatorship Worker III & IV

# January 2001 to August 2002

- Responsible to create plans of service and assist referring families to services in order to achieve permanency for children in foster care
- Conducted monthly home visits with children in foster care along with their parents to conduct monthly assessments
- Document case notes and case work to depict workers contacts with the foster children, parents of the children, and the service providers involved with the family
- Create legal reports and attend court hearings as required to testify and achieve permanency for foster children

#### Investigative Worker II & III

# October 1998 to January 2001

• Investigate abuse and neglect allegations by conducting interviews of victims, siblings, parents, and collaterals to ascertain what has occurred then use that information to formulate an assessment to protect children

### Family Based Safety Worker I

March 1998 to October 1998

• Provide services to family that are not involved with the legal system, but required intervention to assure the safety and well-being of the children

### Other Job Opportunities

Maverick Boys and Girls Club Unit Director Youth Center of the High Plains Juvenile Detention Officer Mental Health Case aide – Texas Panhandle Mental Health August 1996 to December 1997 June 1994 to January 1996 August 1993 to December 1995

## **Professional Organizations/Memberships**

- Member of American Counseling Association
- Member of Texas Counseling Association
- Member of Chi Sigma Iota, Counseling Honor Society

#### **Publications**

Katie Klaehn and Daniel Klaehn, Maintenace of Chronic Illness in Children with Collaborative Care. *Panhandle Medical*, 2017.

Katie Klaehn and Daniel Klaehn, Theory of Everything: The Texas Panhandle and South Plains. *Panhandle Medical*, 2017.

### **Trainings**

safeTALK – Suicide Prevention and Assessment Amarillo College November 8, 2017 – 4 hours

Trauma Focused Behavioral Therapy Training
Stress Management, Psychoeducation, Affect Expression and Modulation, Cognitive
Coping, Creating the Trauma Narrative, Cognitive Processing, Behavioral Management,
Parent-Child Sessions
Medical University of South Carolina
May 30, 2017 – 10 Hours

Inside the Mind of the Predator and Psychopath Council of Sex Offender Treatment February 2017 – 3 hours

Fool Proofing your Practice Council of Sex Offender February 2017 – 1.5 hours

Extracting Information 201 Council of Sex Offender February 2017 – 1.5 hours

Sex Offender Laws and Policies Council of Sex Offender February 2017 – 1.5 hours

Juvenile Sex Offenders: Implications of Recent Research Council of Sex Offender February 2017 – 1.5 hours

Treating Trauma in the Sex Offender Population Council of Sex Offender February 2017 – 1.5 hours

Static 99 Risk Tools: Revisions and Updates Council of Sex Offender February 2017 – 1.5 hours

Ethical Challenges & Trying to Please Everyone Council of Sex Offender February 2017 – 3 hours

Neurobiology of Sexual Assault Amarillo College August 2016 – 7 hours

Child Pornography and Relationship to Contact Offending Amarillo College April 2016 - 7 hours

How Sex Offenders Think & Get Into The Mind Of Their Victims Council on Sex Offender Treatment March 2016 – 3 hours

Rediscovering Female Offenders Council on Sex Offender Treatment March 2016 – 1.5 hours

Interviewing Victims of Child Sexual Abuse: Review of Coaching & Suggestibility Council on Sex Offender Treatment

March 2016 – 1.5 hours

How Lessons have Improved Pratice in Helping Juveniles Who Have Offended Succeed Council on Sex Offender Treatment March 2016-3 hours

Working with Intellectually Disabled Registered Sex Offenders Council on Sex Offender Treatment March 2016 – 1.5 hours

Hands on Guide to Treating Obsessive Compulsive Disorder Council on Sex Offender Treatment March  $2016-1.5\ hours$ 

Ethical Challenges and Working as a Team Council on Sex Offender Treatment March 2016 – 3 hours

Suicide & Self Mutilation: Stopping the Pain

PESI Training Organization December 2015 – 6.25 hours

Sexual Trauma and Effects on Mental Health Northwest Texas Hospital & Troy D. Timmons, M.Ed, LPS, SOTP-S October 2015-5.5 hours

Solutions for the Sexually Abusive Youth: Developmental Issues/Clinical Interventions Council on Sex Offender Treatment March 2015-1.5 hours

Traits to Build Ethical Behavior in SOTP Work Council on Sex Offender Treatment March 2015 – 3 hours

Child Pornography: Treatment, Supervision and Risk Assessment Council on Sex Offender Treatment March 2015 – 1.5 hours

Psychosexual Risk Assessment Council on Sex Offender Treatment March 2015 – 1.5 hours

Ethical Decision Making in this Job Council on Sex Offender Treatment March 2015 – 1.5 hour

Understanding the Sexual Offender Council on Sex Offender Treatment March 2015 – 3 hours

Counterintuitive Victim Behavior Council on Sex Offender Treatment March 2015 – 3 hours

Working with the Non Offending Parents in Child Sexual Abuse Council on Sex Offender Treatment March 2015-1.5 hours Conducting a Thorough Sexual Offender Evaluation Council on Sex Offender Treatment March 2015-1.5 hours

Understanding the DSM V and ICD 10 WTAMU April 2014 – 6 hours

Inside the Mind of the Offender WTAMU April 2013 – 6 hours

Child Welfare and Well-Being Amarillo College August 2012 – 6 hours

All Roads Lead to Permanency Texas Women's University July 2011 – 12 hours

Crimes Against Children's Conference Dallas Police Department and Advocacy Center, Dallas, Texas (Trafficking/Exploitation of Children, stages and process of sexual abuse of child by predators, Cases work with disabled children, Medical Child abuse, Child falls and

injuries, the non-protective parent/protective parent) August 2008 – 19.5 hours

I Miss My Family: Separation and Loss From a Child's Perspective Texas Department of Family and Protective Services August 2008

Undoing Racism
Texas Department of Family and Protective Services
May 2008 – 17 hours

De-escalation
Texas Department of Family and Protective Services
September 2007 – 1 hour

Transitional Living Life Skills Assessment, Transition Planning, & Adult Living Texas Department of Family and Protective Services September 2007 – 3 hours

Knowing Who You Are – Cultural Diversity Texas Department of Family and Protective Services September 2006

Drug Abuse and Child Development Amarillo College April 2006 – 5.75 hours

Drug Endangered Children Amarillo College October 2005 – 7.5 hours

Knowing Where to Draw the Lines – Ethics Texas Department of Family and Protective Services October 2005 – 6 hours

Substance Using Adolescent Clients and Their Families Texas Department of Family and Protective Services September 2005 – 6 hours

Texas Alliance for Drug Endangered Children
Tarrant County College
(Children exposed to methamphetamine use and meth labs, medical findings for
children exposed to meth)
April 19-20, 2005 – 12 hours

Crimes Against Children Conference
Dallas Police Department and Advocacy Center, Dallas, Texas
(Investigating Physical Abuse/Neglect, Medical Finding in Shaken Baby
Syndrome and Abusive Head Trauma, Fall Injuries – main excuse for head
injuries, Investigating Abusive Head Truma & other Serious Physical Abuse, Physical
Abuse: Discipline & Culture)
August 23 –26, 2004 – 19.5 hours

CPS and the 4<sup>th</sup> Admendment – Respecting the Rights of Families Texas Department of Family and Protective Services July 2004 – 1.5 hours

Qualities of a Leader – Skills to lead a group of people and achieve maximum out put Texas Department of Family and Protective Services

April 2004 – 5 hours

Working with Mexican American Children and Families Texas Department of Family and Protective Services December 2003 – 6 hours

Child Trauma Academy –Working with children experiencing abuse & secondary trauma Texas Department of Family and Protective Services

August 2003 – 3 hours

The Medical Evaluation of the Abused Child: Physical (Shaken Baby Syndrom and Head injuries) and Sexual Abuse Amarillo College May 2003 – 7 hours

Talking to Children and Adolescents Texas Department of Family and Protective Services May 2002 – 4 hours

Risk Assessment: Safety Plans Texas Department of Family and Protective Services July 2001 – 1 hour

Child Welfare, Adoption & Safe Families Act Department of Family and Protective Services June 2001 – 7 hours

Munchausen By Proxy Training – Parents that harm their children for attention Texas Department of Family and Protective Services November 2000 – 6.6 hours

The Prosecution of Child Abuse Cases
Texas Department of Family and Protective Services
October 2000 – 14 hours

Risk Assessment and Court Room Testimony Texas Department of Family and Protective Services June 2000 – 1 hour

Child Abuse and Death Investigations Amarillo College June 2000 – 5.1 hours

Risk Assessment: Assessing Family's Attachment & Safety Plans Texas Department of Family and Protective Services April 2000 – 2 hour

Differences – Building Bridges or Walls Cultural Diversity Amarillo College February 2000 – 14 hours

Risk Assessment and Child Abuse/Neglect Training Texas Department of Family and Protective Services January 2000 – 12 hours

Risk and Assessment of Bonding and Safety Texas Department of Family and Protective Services August 1999 – 12 hours

APSAC Collogquium Conference on Investigation, Cultural Diversity, and Interviewing Techniques

American Professional Society on the Abuse of Children (Scalp Swelling Rapidly Develops after Acute Skill Fractures in Young Children, Medical Neglect, Child Fatality, Investigation of Physical Abuse, Munchausen By Proxy Syndrome, Medical Finding in Maltreatment, Shaken Baby Syndrome, How to Investigate Suspicious Head Trauma, June 1999 – 48 hours

Advanced Investigation Training and Skills Amarillo College March 1999 – 21 hours

Child Abuse Exploitation and Investigative Techniques Amarillo College and Fox Valley Technical College February 1999 – 35 hours

Trauma Perspective on Child Sexual Abuse, Identification, Investigation, Interviewing, and Intevention
Amarillo College
August 1998 – 11 hours

Substance Abuse and Child Protective Service Clients Texas Department of Family and Protective Services May 1998 – 12 hours

Human Development Texas Department of Family and Protective Services January 1998 -18 hours

Family Assessment Texas Department of Family and Protective Services January 1998 – 12 Hours

Child Placement Texas Department of Family and Protective Services January 1998 – 30 hours

Abusing and Neglecting Families Texas Department of Family and Protective Services December 1997 – 30 hours