



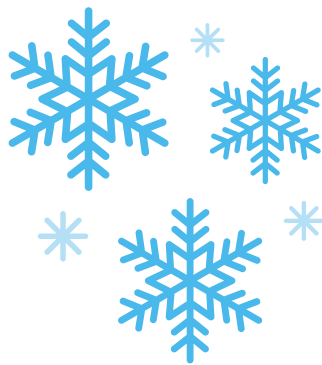
Claiming Sovereignty Ritual Under the Full Snow Moon in Leo



This Full Moon has the supportive energies to call in the claiming of your sovereignty, absolute self-love, and the power of your soul.

It invites you to claim all of who you are—activating your talents, soul gifts, and unifying your energy into wholeness.

This is not only part of your own life's work but also a gift to the collective. By showing up in your fullness, you bring your unique magic and gifts into the world, creating waves of transformation for yourself and others.



The cosmic energies of the Full Snow Moon in Leo hold the perfect balance of personal empowerment and heart-centered manifestation. This is a time to release fear and doubt, fully trust your inner wisdom, and boldly step into your authentic truth.

Why These Energies Support Self-Love, Confidence, and Manifestation



Leo's Influence – The Full Moon in Leo is all about self-empowerment, creativity, and authentic expression. It amplifies self-love and encourages you to trust your gifts and stand as the sovereign being you were born to be.



Sun in Aquarius – The Sun in Aquarius reminds you that stepping into your power contributes to the collective good. As you reclaim your sovereignty, you help raise the vibration of the whole. This energy asks you to lead with authenticity and purpose.



Snow Moon Energy – The Snow Moon represents a turning point. It's a moment of deep reflection and clearing, preparing you to blossom in the coming spring. This moon clears the way for your next evolution, helping you release what no longer serves your highest self.

Key themes for this full moon:

- Self-empowerment and stepping into leadership
- Creative projects and artistic expression
- Releasing fears around being seen or heard

- Inner child healing and joy activation
- Heart-opening practices and deep self-love rituals

The Full Snow Moon in Leo brings a surge of radiant, heart-centered energy.



This lunar phase is aligned with themes of courage, personal empowerment, and authentic self-expression. Combined with February's energy of transition and growth, it creates the perfect opportunity to reclaim your sovereignty, deepen self-love, and manifest your heart's desires.

This Full Moon is in Leo, the sign of the sovereign leader and the creative force within. It calls you to step into your personal power, break free from self-doubt, and allow your inner light to shine unapologetically. The cosmic energies invite us to release limiting beliefs around worthiness and step boldly into our authentic truth.

Claiming Sovereignty Ritual Under the Full Snow Moon in Leo

Preparation for the Ritual

- Sacred Space: Cleanse your space with smoke (sage, cedar, or palo santo) or sound (chimes, bells, or singing bowls).
- Altar Setup:
 - A mirror (for self-reflection)
 - A red or gold candle (to represent personal power and courage)
 - Crystals: Carnelian, Tiger's Eye, Citrine (for confidence, creativity, and manifestation)
 - A bowl of water (symbolizing emotional cleansing)

- A journal and pen for reflections
- Optional: Anoint yourself with essential oils (rose, frankincense, or sandalwood) to ground and amplify your intention.

The Ritual

1. Ground and Center

Take a few deep breaths. Feel your feet connected to the Earth, anchoring you. Visualize roots extending from your feet deep into the ground, connecting you with Earth's stabilizing energy.

Invocation:

"I call upon the energy of this Full Moon in Leo to illuminate my soul's true power. I release all doubts and fears and reclaim my sovereignty, confidence, and divine wisdom."

2. Mirror Work – Embracing Self-Love

- Light the red or gold candle.
- Stand or sit in front of the mirror and gaze into your own eyes.
- As you look into your reflection, speak words of love and power to yourself.

Affirmations:

- *I am worthy. I am whole.*
- *I am a sovereign being, fully capable of navigating my life with grace and wisdom.*
- *I trust my soul's guidance and honor my path.*

Repeat these or create your own affirmations. Let any emotions arise and honor them without judgment.

3. Water Cleansing Ritual

- Hold the bowl of water in your hands. Visualize it glowing with a soft golden light.
- Speak into the water:
"I release any doubts, fears, or self-judgment that no longer serve me. I cleanse myself of limiting beliefs and restore my confidence and clarity."

- Dip your hands into the water and gently wash your face, imagining all that no longer serves you being washed away.

4. Fire Manifestation Ceremony

- On a piece of paper, write down what you wish to manifest in your life—especially around confidence, self-love, and stepping into your personal power. Be specific and heartfelt.
- Hold the paper over the candle flame (safely) and let it burn, visualizing your desires being released into the universe with certainty and trust.

5. Embody Your Desired Energy

After completing the ritual, spend a few moments embodying the energy of your desired manifestation. Dance, move, or simply sit in stillness, imagining what it feels like to live your life in full confidence, power, and love.

Closing the Ritual

Blow out the candle and give thanks.

"I am sovereign. I am free. My heart is open, and my soul is radiant. It is done."

Take a deep breath and feel the shift within you.



Journal Reflection Prompts

1. What beliefs about myself am I ready to release under this Full Moon?
2. How can I honor my soul's wisdom in my daily life?
3. What steps can I take to embody my fullest confidence and sovereignty?
4. What does it feel like to trust in my own capabilities completely?

Self-Love & Personal Power

1. What parts of myself am I ready to reclaim and love fully?
2. How can I honor my gifts and talents without fear or hesitation?
3. Where in my life am I dimming my light, and how can I begin to shine unapologetically?

4. What makes me feel the most confident, alive, and powerful?
5. What can I do daily to nurture and strengthen my self-love?


Soul Wisdom & Sovereignty

1. What does being a sovereign being mean to me?
2. How can I trust and follow my soul's guidance more deeply?
3. Which of my soul gifts am I ready to activate and bring into the world?
4. What old stories or beliefs about my abilities am I ready to release?
5. How do I unify my mind, body, and soul to stand fully in my truth?

Manifestation & Purpose

1. What heart-centered desires am I ready to manifest?
2. If I could trust fully in my soul's wisdom, what would I create?
3. How can I show up in my fullness and offer my gifts to the collective?
4. What would my life look like if I allowed myself to live without limits?
5. What step can I take today to align with my highest vision for my life?

Emotional Integration & Reflection

1. How can I integrate the energy of courage and self-trust into my life?
 2. What emotions am I ready to release under this Full Moon?
 3. What would it feel like to embody my fullest confidence every day?
 4. How can I be more compassionate with myself as I grow and evolve?
 5. What brings me the deepest joy, and how can I bring more of it into my life?
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Other Ritual Ideas

1. Full Moon Release Ritual – Let Go of Fear and Self-Doubt
 - Write down any lingering fears, insecurities, or patterns of self-sabotage.
 - Light a candle and read your list aloud, acknowledging what no longer serves you.
 - Burn the list (safely) while visualizing yourself stepping into a more confident, empowered version of you.

2. Creative Manifestation Ritual

Leo loves creativity! Use this full moon to manifest through creative expression.

- Create a vision board, paint, or journal your desires in a creative format.
- Focus on how you want to feel in this next chapter, rather than just what you want to achieve.
- Charge your creative work under the full moonlight for added energy.

3. Inner Child Joy Activation Ceremony

- Dance under the moonlight, sing, or do something playful and spontaneous.
- Spend time reconnecting with hobbies or activities you loved as a child.
- Honor the parts of you that desire more fun, freedom, and adventure.

4..Timeline Healing Ritual – Use this full moon to revisit a moment in your past where you felt small or unseen. Envision your current, empowered self entering that memory, offering love and strength to your past self, and shifting the timeline into a more supportive one.

May this guide bring focus into your Full Moon festivities, offering you guidance and support with whatever you choose to focus on.

With much love,

Sovereign Priestess



