



Open Enrollment Tip #5: Employee Assistance Program (EAP)

All eligible employees are automatically provided access to Spring Health's Employee Program (EAP) at no cost.

As a reminder, the program is a confidential resource available 24/7/365 to help you deal with a variety of life stages and concerns, including depression, stress, relationship difficulties, family issues, child/elder care support, substance abuse and recovery, etc.

The program includes in-person and virtual counseling visits, an online portal, dedicated care navigator, work/life resources, legal and financial resources, and more!

For assistance or to learn more, call 855-629-0554 or visit [Victaulic.springhealth.com](https://victaulic.springhealth.com).



Open Enrollment 2026: November 3rd - 14th

Benefit Department Contact Email:
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