

To: All Employees

From: Industrial Relations

Date: 10/10/2025

Subject: Flu shots

FREE FLU SHOT OPTIONS

Protect yourself and others this flu season!

On-Site Flu Shots – Sign Up Now

We are currently taking sign-ups for **on-site flu shots**. Vaccines will be administered by medical staff **during office hours in October**.

- Interested employees **must sign up** and **must attend** during their scheduled appointment to receive the flu shot. **Flu shots will be administered during medical hours Tuesdays and Fridays, the weeks of 10/21 and 10/28.**
- Please see **Industrial Relations (IR)** to sign up by **Friday, October 17, end of day.**

Other Free Flu Shot Options

Lehigh Valley Health Network (LVHN) Flu Shot Clinics

LVHN is offering **FREE drive-thru and walk-in flu shot clinics**. No appointment needed. Complete a consent form in advance at www.lvhn.org

- Saturday, Oct. 11 – Drive-thru at Lehigh Valley Hospital–Hecktown Oaks (9:00 AM – 3:00 PM)
- Sunday, Oct. 12 – Drive-thru at Integrated Health Campus (9:00 AM – 3:00 PM)
- Saturday, Oct. 18 – Walk-in at Health Center at Carbon (8:00 AM – 11:00 AM)

Pharmacy Options (Free with Victaulic Prescription Plan)

If you're enrolled in Victaulic's prescription plan, flu shots are **FREE** at:

- CVS Pharmacy – Walk-ins or schedule at cvs.com/flu
- Rite Aid – Appointments at riteaid.com/pharmacy/services/flu-shots
- Walgreens – Schedule at walgreens.com/flu

St. Luke's Care Now Clinics

St. Luke's Care Now locations also offer flu shots.

Check with your insurance provider and the location before scheduling.

Visit: www.slhn.org/carenow

Other Free Options

- Primary Care Provider (PCP) – Covered as a preventive service under most insurance plans.
- Local Health Clinics – Some offer free flu shots; check with your local health department.