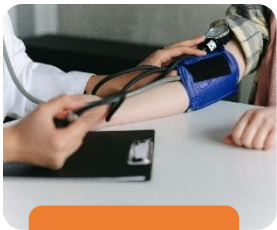


Welcome to Wellness 2024

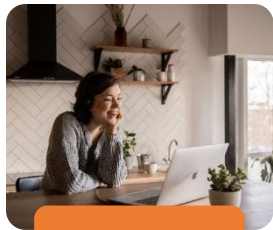
All employees and spouses will have opportunities to participate in various wellness activities to earn an incentive. Your new program requirements are listed below.



STEP 1

ANNUAL PHYSICAL WITH LAB WORK

DEADLINE:
NOVEMBER 1, 2024



STEP 2

KNOW YOUR NUMBER (KYN) ASSESSMENT

DEADLINE:
NOVEMBER 1, 2024



STEP 3

THREE (3) WELLNESS ACTIVITIES

DEADLINE:
NOVEMBER 1, 2024

PORTAL LOGIN INSTRUCTIONS

New Users: Register On The Wellness Portal

1. Go to www.wellworksforyoulogin.com
2. Click the **register** link and create an account
3. Enter your Company ID: **10357**
4. Complete the registration process

Forgot Your Username Or Password?

1. Go to www.wellworksforyoulogin.com
2. Click the link **Forgot Username** or **Forgot Password**
3. Follow the instructions to retrieve your username or reset your password
4. If issues persist, please contact Wellworks For You at **800.425.4657**

ACTIVITIES AVAILABLE TO COMPLETE STEP 3:

WELLNESS CHALLENGES	HEALTH COACHING
PREVENTIVE EXAMS	E-LEARNING SERIES/VIDEOS
RACE PARTICIPATION	COMMUNITY VOLUNTEERING
BLOOD DONATION	LIVE WEBINARS
NUTRITION LOG	TOBACCO CESSATION

INCENTIVES:

Steps 1-3 must be completed by **November 1, 2024**, in order to receive the incentive. Employees must complete the program in order for the spouse to be eligible for an incentive. You must be an active employee at the time the incentive is distributed in order to receive an incentive.

PARTICIPANT

INCENTIVE

Full-time Employee	\$500.00
Spouse/ Domestic Partner	\$500.00 (contingent upon employee completion)
TOTAL POSSIBLE INCENTIVE	\$1,000.00 (per household)