

understated.  
LONDON

# Hair Botox (Taninoplastia)

Repair • Smooth • Restore

CLIENT GUIDE

## What is Hair Botox?

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Hair Botox is an intensive smoothing and repair treatment powered by tanins and restorative actives. It rebuilds the hair fibre, reduces frizz, and leaves hair softer, shinier, and more manageable — without changing your natural movement.

## Who is it for?

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Perfect if your hair is:

- Dry, dull, or brittle
- Frizzy or hard to manage
- Heat- or colour-stressed
- Losing softness or elasticity
- In need of a refresh between colour or extension services

Works on most hair types — from fine to thick, natural to colour-treated.

## What results can you expect?

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- Noticeably smoother, silkier texture
- Healthier shine and bounce
- Less breakage and split ends
- Easier styling and faster blow-dry time
- Frizz reduction with a healthier finish

Think: restored hair that still looks like your hair — just elevated.

## The appointment (step-by-step)

Timing: approx. 2–3 hours depending on thickness and length.

- Consultation & hair assessment
- Clarifying cleanse
- Application of Hair Botox formula
- Processing time
- Heat activation & sealing
- Finish & style

## Aftercare & maintenance

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Washing: Washing your hair is perfectly fine immediately after the treatment.

At night: Sleep with a silk or satin bonnet, and use silk/satin hair ties to reduce friction and preserve smoothness.

Heat styling: Avoid excessive use of high-heat tools such as straighteners.

Blow-drys with a round brush, and safer tools such as the Dyson Airwrap, will

smooth the hair even better than before. Heatless curls (done overnight) are recommended for soft, stress-free styling.

- Use a sulfate-free shampoo
- Moisturising conditioner after every wash
- Weekly mask to maintain softness
- Apply The Better Hair & Co. Organic Hair Oils before each wash to protect the cuticle
- Always use a heat protectant on damp hair before drying

## How long do results last?

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Typically 2-3 months, depending on homecare and lifestyle.

## Colour pairing — important warning

If you have an event coming up, plan your Hair Botox first, then colour afterwards.

Hair Botox can slightly lighten hair colour and may remove toner or gloss. For best results, schedule colour services at least 1-2 weeks after this treatment.

Because of possible colour alteration, this treatment is not recommended immediately before a big event. Please book Hair Botox at least two weeks prior to any special occasion.

## FAQs

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Will it straighten my hair?

It smooths, repairs, and relaxes frizz, but does not fully straighten like a chemical straightener.

Is it safe for extensions?

Yes. We adjust application to protect bonds and wefts.

## Booking

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Ready for glossy, healthier hair?

Book Hair Botox (Taninoplastia) via [understated.london](http://understated.london) or DM @[understated.london](http://understated.london).