

Daymark® medical and professional staff are continuously undergoing extensive training in best practice guidelines and evidence-based treatments for numerous types of mental health and substance use.

Daymark® staff use current best practices and effective, research-based treatment programs to assist all citizens working toward achieving optimum health and recovery.

The Daymark® goal is to enable each citizen and their support system the greatest opportunity for recovery, independence and life enhancement.

Daymark® is committed to working with each client and their family to ensure their individual needs are met, making certain they too see the guidance, light, and hope a daymark provides.





# Daymark® Recovery Services, Inc. What's in a Name?

A daymark is the recognizable markings painted on lighthouses up and down the seaboards.

Sailors relied on these daymarks during daylight hours as a necessary tool to orient themselves to their exact location while traveling for sometimes days, weeks, and even months at a time.

Waking in the early morning to the site of a bright daymark in the distance reassured many they were often on the right track on their voyage.

Much like those helpful daymarks providing assistance for seafaring skippers and their mates, Daymark® Recovery Services, Inc., offers guidance, light, and hope.

Citizens of all ages who may need services in the areas of mental health, substance abuse and developmental disabilities can rely on Daymark®

#### NON-DISCRIMINATION POLICY

No person is excluded from services based on age, race, national origin, gender, religion, sexual orientation, education or physical ability. You can expect to be treated with complete respect when you ask for help for yourself and/or your family.



Enriching Life, Enhancing Lives.



www.DaymarkRecovery.org

Please contact Daymark®

1-866-275-9552

If You Would Like To Learn More About Outpatient Services

### Behavioral Health Urgent Care Services

## Behavioral Health Urgent Care Services and Locations:

Services provided at the Behavioral Health Urgent Care include:

- Assessment
- Crisis Intervention
- Observation unit up to 23 hours
- Assistance with referrals to Mental Health and Substance Use Disorder Services

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Daymark's Behavioral Health Urgent Care facilities are located within the following North Carolina counties:

Forsyth 336-955-8430
Mecklenburg 704-273-3942
Randolph 336-628-3330
Richmond 910-719-4335



### Behavioral Health Urgent Care Services:

Behavioral Health Urgent Care provides an alternative to Emergency Room and Inpatient Psychiatric Hospitalization for individuals who have a mental illness and/or substance use disorder.

Each unit is staffed by licensed clinicians, qualified professionals and peer support staff. Patients can stay up to 23 hours for observation, further assessment and care management.

Behavioral Health Urgent Care units are open 24/7/365. No appointment is necessary and a person can walk in if they are experiencing a crisis or need intervention to prevent a crisis.

Therapeutic interventions are provided to help an individual remain in the community, reduce symptoms and risk of harm.

More information regarding Daymark's other locations and services can be found on our website (www.daymarkercovery.org/locations), or by calling our 24 hour crisis hotline

1-866-275-9552



Daymark is a CARF Accredited Agency.

CARF Accreditation signals a service provider's commitment to continually improving services, encouraging feedback, and serving the community.

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