



TERMS AND CONDITIONS RELAXATION SESSIONS FOR PRIVATE GROUPS

- By booking and attending an Awaken Therapy relaxation session, all attendees acknowledge and agree to the following terms and conditions, as well as reading and accepting my policies related to your data and privacy.
- Please see my Data & Privacy policies for more details about how data is collected, stored and protected, as well as your rights under the GDPR guidelines. These documents can be found [here](#).
- You may receive emails from Awaken Therapy for review purposes or to inform you of offers or additional services you may be interested in. You can opt out of these emails at any time.
- Please note that this is a one-off guided relaxation session and should not be considered a replacement for individual therapy or treatment for any specific issue.
- I will always treat your group with respect and I am committed to adhering to the code of conduct as specified by the [National Hypnotherapy Society](#).
- Please ensure that your group members arrive and are ready to start at the agreed time. It may not be possible to make up the lost time if the session starts late.
- You must all agree to attend sessions not under the influence of drugs or alcohol.
- Hypnosis is a completely natural state but individuals living with certain medical and/or psychiatric conditions, such as psychosis or epilepsy, may not be appropriate clients so consultation with a GP should be sought before booking sessions. **The individual booking the session is responsible for ensuring that this information has been checked with all attendees.** Feel free to contact me if you are unsure.
- A deposit is usually required at the time of booking.
- Payment for the session is due no later than 7 days in advance of the agreed date and is **non-refundable within 48 hours of the session date and time**. The deposit will be refunded based on the policy of the venue. You can move your session to another date, but at least 48 hours notice is required.
- The number of attendees must be confirmed at least 48 hours in advance of the session. If additional places are required (up to the agreed limit), please let me know as soon as possible.
- The **full session fee** will be charged for cancelled sessions, where 48 hours notice has not been given.
- Should you have any problems at all with the service that you receive, please let me know. If this does not resolve the issue, I am registered with the [National Hypnotherapy Society](#) and you can contact them directly with any concerns.