



TERMS AND CONDITIONS INDIVIDUAL AND GROUP WORKSHOPS

- By booking and attending an Awaken Therapy relaxation session, all attendees acknowledge and agree to the following terms and conditions, as well as reading and accepting my policies related to your data and privacy.
- Please see my Data & Privacy policies for more details about how data is collected, stored and protected, as well as your rights under the GDPR guidelines. These documents can be found [here](#).
- You may receive emails from Awaken Therapy for review purposes or to inform you of offers or additional services you may be interested in. You can opt out of these emails at any time.
- Written and other materials provided are for the sole personal use of attendees.
- All materials provided are protected by copyright, which includes but is not limited to prohibition of copying, broadcasting, transmission, recording and photocopying of all or part of the resources provided or associated learning materials without express written permission being granted by me.
- Hypnosis is a completely natural state but **individuals living with certain medical and/or psychiatric conditions, such as psychosis or epilepsy, may not be appropriate clients so consultation with a GP should be sought before booking sessions.** By booking onto a workshop, it will be assumed that this has been done where necessary. Feel free to contact me if you are unsure.
- If you are unable to attend a group session, **more than 7 days notice is required to be eligible for a full refund (based on the session start time).** Any cancellations with **7 days or less but at least 48 hours notice will receive a refund of 50%** of the ticket price and cancellations with **less than 48 hours notice will receive a refund of 25%** of the ticket price.
- If you are unable to attend an individual session, at least **48 hours notice** is required to be eligible for a refund. I also require at least 48 hours notice to change the time of your session, otherwise there is a late amendment fee of £10.
- If a workshop cannot go ahead for any reason, I will always aim to give you as much notice as possible and you will be offered an alternative session or a full refund.
- I will always treat you with respect and I am committed to adhering to the code of conduct as specified by the National Counselling & Psychotherapy Society and the National Hypnotherapy Society.
- You must agree to attend sessions not under the influence of drugs or alcohol and understand that any abusive behaviour towards me or other attendees will not be tolerated and will result in you being asked to leave the session.
- Should you have any problems at all with the service that you receive, please let me know. If this does not resolve the issue, I am registered with the National Counselling & Psychotherapy Society and the National Hypnotherapy Society and you can contact them directly with any concerns.

