



KNIFE CRIME FIRST AID

STOP KNIVES. SAVE LIVES.





Welcome

Knife Crime First Aid Workshop

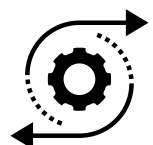
Knife Crime First Aid is a workshop designed to meet community needs. We deliver contextualised training using improvised techniques that ensures everyone has the knowledge and confidence to act in emergencies, making our community safer and more connected.

- ↑ Sunderland has a 25% higher, National crime rate
- ↑ Newcastle has a 37% higher, National crime rate
- ↑ S.Shields has a 62% higher, National crime rate
- ↑ Washington has a 27% higher, National crime rate
- ↑ Peterlee has a 95% higher, National crime rate

By bringing essential first aid training directly to the streets, we ensure that everyone—regardless of age, background, or socioeconomic status—has the knowledge and confidence to deal with life threatening situations.

According to the ONS, in the year ending March 2023, Cleveland recorded 159 knife offences per 100,000 people, the second highest in England and Wales, while Northumbria saw a 16% rise in knife crimes. These figures underscore the need for stronger interventions and community action to tackle knife crime.

Time for Change





WHY CHOOSE US?

Expert Delivery



01

Our team is made up of individuals with extensive knowledge in first aid, all of whom have gained valuable insights from their experiences as combat medics. We are truly proud of the work we do in the educational sector, partnering with schools, colleges, and various further education institutions to share our expertise and enhance learning.

Practical & Engaging



02

The Stop the Bleed Workshop is both practical and engaging, offering hands-on training that could make a life-saving difference in real-world emergencies. With interactive demonstrations and step-by-step guidance, participants learn essential techniques to control bleeding quickly and effectively.

Better Citizens



03

This workshop is designed to help build stronger citizens and communities. By teaching you how to step in during an emergency, it helps you feel confident and ready to make a difference when it really matters. It's a simple way to show kindness and look out for others. We give you more than skills—it's about building a better, more connected community!

Life Saving Skills



04

Saving lives in the moments that matter most. This engaging and practical session teaches essential skills to control bleeding, giving you the confidence to act quickly and effectively in an emergency. Through hands-on training and real-world scenarios, you'll gain life-saving skills that can make a critical difference.

Statistics

57

young people aged under 25 were murdered with a knife or sharp object in the 12 months to March 2024.

*in the 12 months to September 2024.

614

young people who have been murdered with a knife or sharp object in the last 10 years

*young people under 24 in England and Wales, to the year ending March 24.

262

murders involving a knife or sharp instrument in England and Wales in the 12 months to March 2024.

*in England and Wales, to the year ending March 2024.

17

children aged just 16 or younger were murdered with a knife or sharp object.

*in England and Wales, to the year ending March 2024.

Workshop Activity

Our workshops typically last about 45 minutes. To ensure maximum effectiveness, we recommend limiting each group to no more than 12 participants. Schools often schedule groups for the workshops throughout the day to distribute the sessions evenly.

08:30

Set up

Presentation and equipment

09:00

Group 1

Stop the Bleed Workshop

10:00

Group 2

Stop the Bleed Workshop

11:00

Group 3

Stop the Bleed Workshop

12:00

Group 4

Stop the Bleed Workshop

13:00

Group 5

Stop the Bleed Workshop

14:00

Group 6

Stop the Bleed Workshop





Benefits to Schools



Brings the street to the classroom



Addresses community needs



Creates a better society and improves our future generations



Life long valuable learning



Improve confidence in dealing with emergencies



Improve our national statistics



Benefits for Learners

Learners in our workshops embark on a journey of discovery and growth. They develop essential life skills while building growing confidence. Our hands-on and holistic approach to learning sparks inspiration, enhances motivation, and empowers everyone involved, helping them unlock their true potential.

By focusing on practical skills and real-life scenarios, learners are inspired to apply what they've learned, gaining confidence in their ability to act decisively and effectively during a crisis. This hands-on approach not only enhances individual capabilities but also fosters a sense of community and shared responsibility for safety. Participants leave the workshop feeling empowered, equipped with the tools to make a difference when it matters most.

- ✓ Improved confidence
- ✓ Sense of purpose
- ✓ Lifelong skills
- ✓ Better citizen



WHAT WE COVER

- Effects of street crime on the community
- Recognising a life threatening bleed
- Improvised techniques to deal with a major bleed



1 **PRESSURE** WITH HANDS

2 **PACK** AND PRESS

3 **PINCH** WITH TOURNIQUET

Practical, Engaging, Inspiring

Testimonials



I just wanted to say a huge thank you for delivering the knife crime and street first aid sessions on Monday at Wellfield. The sessions were definitely needed and when I was back in the school on the Tuesday, the kids were raving about the sessions and what they learned. It was great to see some of the lads in particular engaging in some of the conversations, as some of them have some very strong views on the topic.



Catherine Watson, Skill Development Officer.

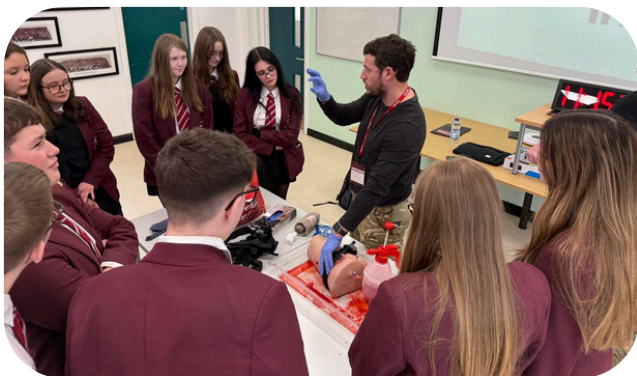


Thank you for delivering the knife crime first aid session. The students spoke highly of you and really enjoyed the workshop. We think this is what every school and college needs and you are doing a fantastic job bringing awareness to young people and the community.



Sam McCormack, Lead Training Instructor.





FAQ'S

What's the cost?

The workshop operates on a daily rate. If you're interested in finding out the price, feel free to reach out! We're currently seeking funding and aim to bring some free magic to schools once we secure it!

Where does the magic unfold?

We can come to you, or you're welcome to drop by our inviting space at the Foundation of Light in Sunderland. If you'd like to visit, just let us know in advance, and we'll be sure to roll out the red carpet for your appointment!

How long is it?

The Stop the Bleed workshop typically lasts about an hour. But Since we charge a daily rate, we can accommodate multiple sessions for different groups. To ensure everyone gets the most out of the experience, we recommend keeping each group to a maximum of 12 participants.

FOR



THOSE

WHO

CAN



BOOK YOUR COURSE NOW