

# NAVADMIN 289/21 – HIGHLY RECOMMENDS BOOSTERS...

## MANDATORY BOOSTERS FORTHCOMING

*“Although not mandatory, the COVID-19 vaccine booster is strongly recommended. Because all studies are converging on the need for a vaccine booster to ensure enduring protection, it is essentially becoming the next-shot in a series and will likely become mandatory in the near future...”*

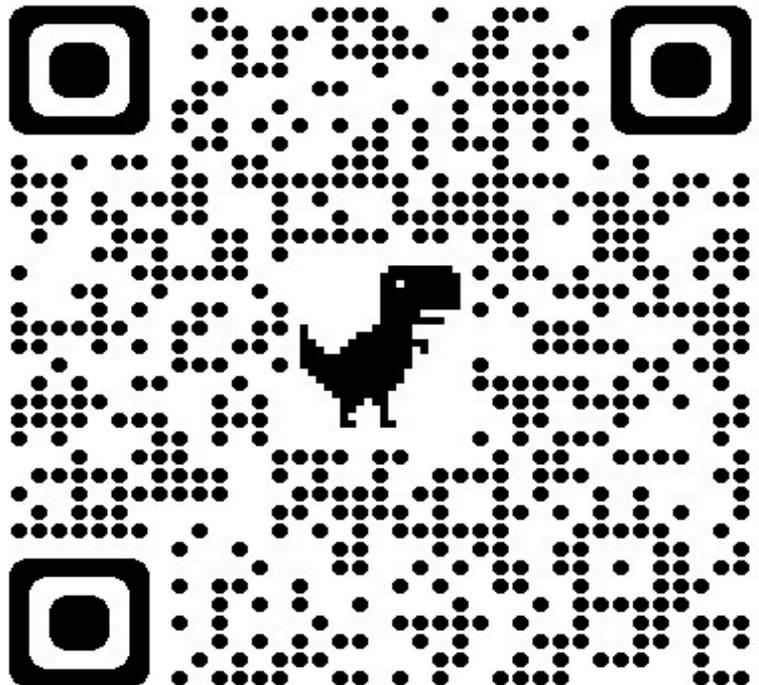
### TAKING A RISK TO YOUR HEALTH?

These are some of the side effects your fellow DOD Civil Servants have to live with since receiving one, two or more COVID-19 injections:

- Completely frozen shoulder within 30 minutes of the first shot. Extreme mobility restriction of the shoulder joint. Concurrent since early November 2021
- Blistering with no puss, sun burned like face, ears, and neck. Extremely itchy. Skin peels and flakes like a snake shedding its skin. Extremely swollen and puffy. Occurs every couple of days
- Menstruation Cycles – Post COVID-19 vaccinations - extremely heavy 10 days sooner, extremely light 16 days late with no pattern. Cramps occur with the cycles and outside the cycle. Defined as having “Menorrhagia” in VAERS
- Long-term pain at the injection site, rashes, hives (allergic reactions)
- Neurological symptoms
- Loss of bowel control
- Hair falling out

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**How soon before the unboosted require weekly screening tests?**