



Missionary Evangelism to Corrections

Sharing the gospel & Christ's love with those in corrections since 1982

"I was in prison and you came to me" Matt. 25:36cESV

Praying the Names of God

For you did not receive a spirit of slavery or bondage leading you to fear again, but you have received a spirit of adoption as sons and daughters by which we cry out,

"Abba! Father!"

Romans 8:15 (combined versions)

Thank you for being Abba to us, one of great intimacy and utmost respect. May we receive from you, learn from you and give to you everything that is due to you.

Each family has a thoughts, beliefs, actions, attitudes and things they do. Another family that lives down the street or in another country will have a different set of the beliefs, attitudes and actions.

When we receive you Jesus Christ and allow You to adopt us, old ones are replaced and we become new creations with new lives.

Lord God, Please let us see both the old and new clearly. May the thoughts, attitudes, beliefs and deeds

Praying Abba Father cont. Pg. 3

MEC News March/April/May 2025

Spotlight Roger Koskinen & Heidi Bergstedt

Roger Koskinen volunteered with MEC with the youth at Lino Lakes for 40 years. Jim Carr, who ministered with him says "Roger had a great sense of humor and kept the attention of the youth".

Roger died unexpectedly on February 24th, 2025. He is now with our LORD in his resurrection in heaven. Carol and Roger were married for 30 years. She "has a peace that cannot be explained, "and says, "God hears and answers the prayers of His people."

Roger graduated from Centennial High School in Circle Pines, received a BA from St. Cloud University and did post graduate work at Wheaton Collage and Bethel Seminary. He started ministering to at risk teens in 1973. He worked with Youth For Christ, Midwest Challenge and his ministry Arise Ministries. He shared Christ's love ministering in Juvenile Correctional facilities in 4 counties, doing additional hygiene, candy, books, bookmarks and Bibles over the Christmas season through the Gift of Hope project.

Roger was a Police Chaplain since 1990, providing comfort and hope to people who lost a loved one to death. Living Faith Church (Galilee Baptist) was his church home. There he pastored youth, served as a chairperson, deacon and ministered to children. He loved sports, games, history and his family, - supporting nieces and nephews, grandchildren and others.

You can view Rogers Celebration of Life service is online at www.kokfuneral.com



Heidi Joy Bergstedt was truly a joyful, encouraging woman. She faced life with a desire to be independent and a giving spirit. She loved her church, Bethel Christian Fellowship, had training with homeschool, Association Free Lutheran Bible School & Seminary as well as Crown Collage as a teacher and mentored children. She deeply enjoyed music, her family, and those who cared for her. Both Heidi and her mother Joy were intercessors with MEC.



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March - April

Spotlight: Roger Koskinen

Spotlight: Heidi Bergstedt

Praying the Name(s) of God: Abba Father

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The night before going to heaven, Heidi asked her sister Anne to help her fill out a birthday card for their sister Rachel. Her brother Nathan and her family were persistent and faithful in their dedication to helping her to face handicap and to be as independent as possible. We know she is in heaven healed and totally immersed in God who is love, and at the same time, we miss her. The family is grateful and knows she would take joy in her manual wheelchairs being donated to Joni & Friends ministry and the electric ones (one of which assists impressively to help someone stand) to others who need them.

Some of the key lines in **Home Free**, which she requested for her farewell service & another.

... Heavenly Father, if You know my heart, Surely You can read my mind, Good people underneath a sea of grief, some will get up and walk away and Some will find ultimate relief

Home free, eventually, At the ultimate healing... We will be home free...

Out in the corridors we pray for life, ...A mother for her baby, a husband for his wife
Oh, sometimes the good die young, It's sad but true... And while we pray for one more heartbeat -
The real comfort is with You

...pain has little mercy, suffering's no respecter of age ... every prayer gets answered, But the hardest one is ... *Lord, not mine, but Your will be done* Oh, let it be...

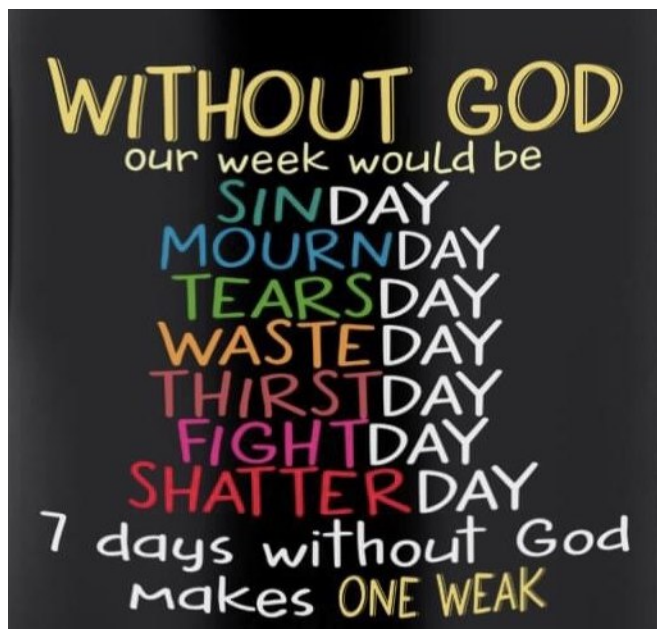
Home free, oh, it's more than a feeling... At the ultimate healing Gonna be home free. Song by *Wayne Watson* (commercial free use only)

& I Shall Know Him.

I shall know my Redeemer when I reach the other side,
And His smile will be the first to welcome me...
...redeemed by His side, I shall stand.
I shall know Him, I shall know Him, By the print of the nails in His hand.

...soul thrilling rapture when I view His blessed face ...His kindly beaming eyes;
my full heart will praise Him for the mercy, love, and grace

Songwriters: *Robbin Crosby/Burgess* / Sweney Source: [Musixmatch](https://www.musixmatch.com)



**We are not alone in God's work. This month
our Ministry shout-out goes to:**

MEC Newsletter March/April/May, 2025 pg. 3

Heart of the City Music Factory

612-990-6192
2665 4th Ave, Suite 211,
Anoka, MN 55303

A beautiful Victorian-style concert venue.

See their calander, enjoy music. Pray for them when they minister (Native Reservations, Casino & Prison) The Lack Family & Brian Duncan are coming in Sept. Go to their calendar of events on the website to join and event or to pray for them.

www.heartofthecity.org

- * Concerts
- * Ministry at other venues
- * Merchandise
- * Space for weddings and other events.

Praying the Names of God

that keep us from loving be replaced, so that we can feel your love and extend it to others. May your strength, perfect values, love & good works develop well in us.

May this love and healing be such that what breaks your heart, breaks ours and the healing and love that comes from you, can be given to those who need it..

Thank you for the gift of faith and for allowing us to depend on you and to trust and in new ways.

As we do this, help You & Your Word to grow in us. Help us to see those seeds grow and take root so that we have your love and fruits of your Spirit grow and we feel your love, joy and peace.



photo Andrea Placquadio Pexels



photo Courtney Cook Unsplash

LOVE
JOY
PEACE

PATIENCE
KINDNESS
GOODNESS

FAITHFULNESS
GENTLENESS
SELF-CONTROL

Photo Caleb Gregory Unsplash

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