



## Select Baseball Season Cost Checklist

A practical, parent-friendly guide for considering a season of select baseball

Use this checklist not just to count dollars, but to count the *cost*.

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### 1. Team & Club Fees **TOTAL: \$ \_\_\_\_\_**

- Tryout / evaluation fees
- Club dues and registration fees
- Coaching / administrative fees
- Any other league or association fees

 **Ask:** What is included in the base fee, and what expenses tend to show up later?

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### 2. Uniforms & Gear (usually billed separate) **TOTAL: \$ \_\_\_\_\_**

- Game and practice uniforms (home / away / practice)
- Hats, belts, socks
- Bat(s)
- Glove
- Batting helmet
- Other gear (sunglasses, batting gloves, backpack, etc)

 **Ask:** What is required *this season* versus what can wait or be reused?

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### 3. Tournament & Game Costs **TOTAL: \$ \_\_\_\_\_**

- Tournament entry fees (*usually included in club fees, but check to make sure*)
- Gate, spectator, parking fees
- League game fees (*usually included in club fees, but check to make sure*)

 **Ask:** How many tournaments are planned, and how many require overnight travel?

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### 4. Travel Expenses **TOTAL: \$ \_\_\_\_\_**

- Gas / mileage
- Hotel stays
- Meals on the road
- Flights (if applicable)
- Rental cars

 **Ask:** How will this travel schedule impact family rhythms, rest, and finances?

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## 5. Training & Development (Often Optional... Until It Isn't) **TOTAL: \$ \_\_\_\_\_**

- Training aids (nets, tees, balls)
- Private or small group training (skills, speed, agility, strength, etc)
- Off-season camps or clinics

 **Ask:** Is this training developmentally appropriate, or driven by pressure to keep up?

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## 6. Medical & Recovery Costs **TOTAL: \$ \_\_\_\_\_**

- Physical therapy or injury-related visits
- Athletic training / taping, recovery

 **Ask:** Are we proactively caring for our athlete's body, or reacting after breakdowns?

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## 7. Recruiting & Exposure (Older players) **TOTAL: \$ \_\_\_\_\_**

- Showcase events and camps
- Recruiting platforms / subscriptions
- Highlight videos

 **Ask:** What is realistic for our athlete's age, ability, and long-term goals?

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## 8. Hidden & Lifestyle Costs

- Missed family dinners
- Church schedule conflicts
- Sibling activities impacted
- Burnout risk (parent & player)

 **Ask:** What are we unintentionally sacrificing—and is it worth it?

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## A Final Encouragement for Parents

Select baseball can be so great, but only when it serves the *whole child*, not just the athlete.

**“What good is it for someone to gain the whole world, yet forfeit their soul?” — Mark 8:36**

