



Select Baseball Season Cost Checklist

A practical, parent-friendly guide for considering a season of select baseball

Use this checklist not just to count dollars, but to count the *cost*.

1. Team & Club Fees TOTAL: \$_____

- ☐ Tryout / evaluation fees
- ☐ Club dues and registration fees
- ☐ Coaching / administrative fees
- ☐ Any other league or association fees

💡 **Ask:** What is included in the base fee, and what expenses tend to show up later?

2. Uniforms & Gear (usually billed separate) TOTAL: \$_____

- ☐ Game and practice uniforms (home / away / practice)
- ☐ Hats, belts, socks
- ☐ Bat(s)
- ☐ Glove
- ☐ Batting helmet
- ☐ Other gear (sunglasses, batting gloves, backpack, etc)

💡 **Ask:** What is required *this season* versus what can wait or be reused?

3. Tournament & Game Costs TOTAL: \$_____

- ☐ Tournament entry fees (*usually included in club fees, but check to make sure*)
- ☐ Gate, spectator, parking fees
- ☐ League game fees (*usually included in club fees, but check to make sure*)

💡 **Ask:** How many tournaments are planned, and how many require overnight travel?

4. Travel Expenses TOTAL: \$_____

- ☐ Gas / mileage
- ☐ Hotel stays
- ☐ Meals on the road
- ☐ Flights (if applicable)
- ☐ Rental cars

💡 **Ask:** How will this travel schedule impact family rhythms, rest, and finances?

5. Training & Development (Often Optional... Until It Isn't) TOTAL: \$_____

- ☐ Training aids (nets, tees, balls)
- ☐ Private or small group training (skills, speed, agility, strength, etc)
- ☐ Off-season camps or clinics

💡 **Ask:** Is this training developmentally appropriate, or driven by pressure to keep up?

6. Medical & Recovery Costs TOTAL: \$_____

- ☐ Physical therapy or injury-related visits
- ☐ Athletic training / taping, recovery

💡 **Ask:** Are we proactively caring for our athlete's body, or reacting after breakdowns?

7. Recruiting & Exposure (Older players) TOTAL: \$_____

- ☐ Showcase events and camps
- ☐ Recruiting platforms / subscriptions
- ☐ Highlight videos

💡 **Ask:** What is realistic for our athlete's age, ability, and long-term goals?

8. Hidden & Lifestyle Costs

- ☐ Missed family dinners
- ☐ Church schedule conflicts
- ☐ Sibling activities impacted
- ☐ Burnout risk (parent & player)

💡 **Ask:** What are we unintentionally sacrificing—and is it worth it?

A Final Encouragement for Parents

Select baseball can be so great, but only when it serves the *whole child*, not just the athlete.

“What good is it for someone to gain the whole world, yet forfeit their soul?” — Mark 8:36

