

I am Joline Morgan, a Licensed Professional Counselor or Clinical therapist- Mental health counselor. I specialize in children and families. I have over 20 years of experience to offer my clients and families who may need a little help navigating through a difficult situation.

My main focus is on children and families experiencing difficulties related to trauma, anxiety, attachment, or abuse. Focusing on children with a diagnosis of Autism, Sensory Processing, ADHD, and RAD, I touch on anxiety, behavior, and communication needs.

I have noticed Christian struggles with school in his ability to stay focused and attentive. Lack of focus has more to do with working memory and frustration than school or his ability to complete the assignments. Many children who have a learning disability or special needs diagnosis tend to miss out on many fun activities due to pull-outs, meltdowns, or frustrations.

Christian and I engage in fun activities like games, art, music, science, and outings to enhance his education and bring fun back into learning. On our website, you will find tips and treasures we use for school, meltdowns, occupational therapy, and emotional language (communication skills), plus more.

Christian and I have found he does better when allowed to have sensory breaks, feed his sensory needs, and incorporate his sensory diet. These needs are difficult to add to a brick-and-mortar school (traditional schooling); however, the school can add them to the IEP, and you can add them to family time.

You will notice Christian, and I take a lot of trips. We enjoy outings, exploring our community, and learning new things. These trips help him learn science, social studies, and history while adding to his social skills, communication, and emotional regulation while in a social situation. Most of our trips are free.

We enjoy state parks, museums, and historical sites. While learning, he has the freedom to touch, speak, and play, which adds to his O.T. and builds on his sensory needs. Enjoying the great outdoors and new parks gives a different perspective on therapy. If you go to our YouTube channel CaNEXplores <https://www.youtube.com/channel/UCnD-GFBNfEyyQcu3EldZzHQ>

you will find some videos on our exercises, O.T, and new ways to introduce balance, body awareness, and crossing mid-line.

Our Travel portion of the website shows how we bring history to life. After visiting a historical site, we take a trip to the library, find a movie, or hit the internet for additional information. We increase his learning with art, science, or craft to enhance his learning/knowledge of the event. For example: after visiting Booker T Washington or Ste. Genevieve, Missouri, we were able to discuss challenging topics like slavery, immigration, and freedom. We also touched on plantations, guarding, and buildings.

We can not give our children what was taken from them while in school- freedom, identity, unity, or decency- but we can provide them opportunities to learn while building them up and training them to be productive and happy.

School made Christian sad, angry and left him with a feeling of being stupid. He felt alone and lonely. While we can not make the world fair, we can change the playing field while building up our children. Our website touches on these issues while giving new ideas and support to the entire family.