



CENTRAL ILLINOIS RIDING THERAPY
A VOLUNTARY, NON-PROFIT ORGANIZATION PROVIDING RIDING THERAPY FOR PEOPLE WITH DISABILITIES.

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Dear Rider and Parents/Caregivers,

The 2026 year is here! We are planning on starting classes in April.

Please review the enclosed forms closely. CIRT requires a **Yearly Medical History & Physician's Statement to be filled out by a Physician.** *****Remember all participants with Down Syndrome must have an annual medical clearance from a licensed physician that includes a neurological exam that is negative for atlantoaxial instability (AAI).**

No person can be accepted for therapy until all forms have been completed by the parent/guardian. If the participant is of legal age and mentally competent, he/she may complete the forms without parent's or guardian's signature.

Complete and return the following:

- Rider Registration & Health History
- Authorization for Emergency Medical Treatment
- PARTICIPANTS'S MEDICAL HISTORY to be updated by Participant, Legal Guardians or Parents.
- Medical History & Physician's Statement (To be filled out by Physician)
- Waiver and Release of Liability
- Fee Agreement
- Session Registration
- Show Schedule
- Registration fee of \$30 (payable to CIRT)
- Lesson Information
- Consent for Release of Information

Keep for reference:

- Lesson Information
- A CIRT annual calendar for the current year

After we receive the completed forms and registration fee, you will be contacted to schedule a lesson time. Your scheduling preference will be taken into account, though this is dependent upon the existing schedule.

This marks our 43rd year of providing quality, effective, and enjoyable therapeutic horseback riding to our community. Did you know that our program's superior level of adherence to national industry standards and guidelines has earned us PATH Intl. "Premier Accredited Center" designation? Next time you are on the web check out the Professional Association of Therapeutic Horsemanship International (PATH Intl) link.

Please contact us via phone or e-mail with your questions or concerns.
We look forward to working with you again!

Sincerely,

Jenna Walker

Jenna Walker, Program Director/Instructor