

NEAR & FAR

A TASTE OF COUNTRY



Support your local farmers directly through the Near and Farm program. You will receive a weekly assortment of seasonal produce as well as meat, dairy, honey, and other items packaged for pick-up. Current pick-up location will be at 1922 E. Meadowmere, Springfield, MO 65804.

**\$250 Per Month, Weekly Pick-up
Every Tuesday from 12:00 - 6:30 pm**

WEEK 1

1 lb wagyu ground beef
1 lb local Bacon
2 lb organic chicken
Local Baked Bread
Local Eggs
Artisan Butter
Local Seasonal Produce

WEEK 2

1 lb local ground wagyu
1 lb local bratwursts
2 lbs organic chicken
Local Artisan Pizza Crust
Local Marinara Sauce
Local Goat Cheese
Local Eggs
Local Seasonal Products

WEEK 3

1 lb Ground Wagyu
1 lb Local Pork meatballs
2 lbs Organic chicken
Local tortillas
Local Salsa
Local Goat's Cheese
Local seasonal Produce
Local Eggs

WEEK 4

1 lb grass fed ground beef
1 lb Local Pork Chops
2 lbs organic chicken breasts
Local Eggs
Local Baked Bread
Local Honey
Local Seasonal Produce

More Information Call 417-522-6933 • Email: Christina@417metroeats.com

PLUS THESE ADD ONS

PRODUCE \$15

Double the weekly market produce.

ASK US ABOUT OUR:

**GRILLER'S GO TO
WEEK MEAL PREP KITS
VEGAN**

SNACK PACK \$65

KT's Nuts • Kettle Corn • Chimney cakes or cookies • Pork sticks • Beef sticks • Beef jerky • Forever Food • Well Street

AROUND THE HOUSE PACK

Pet treats and pet food
• Beeswax reusable wrap • Bamboo straws
• All natural cleaners and detergent.

CORPORATE GIFT BASKETS

Valentines Day: Flowers etc (steaks, chocolate) oysters, caviar

Easter: ham / flowers

Memorial: grill pack: meats, sauces & spices

Mothers Day: lotion, soap, Reborn candles or Flowers

Fathers Day: grill pack, manly candle reborn

4th July: grill pack

Thanksgiving: smoked turkey cranberry chutney sweet potatoes, Pie choices

SEAFOOD BOXES



BOX # 1 "ALASKAN" • \$50

1 lb. Alaskan Cod
1 lb. Alaskan Sockeye Salmon
1 lb. Alaskan Halibut

BOX # 2 "GULF" • \$50

1 lb. Jumbo Gulf White Shrimp
(16-20 ct. shell on)
1 lb. Gulf Red Snapper
1 lb. Gulf Red Grouper

BOX # 3 • \$75

"FISHERMAN'S BOUNTY"

*Choose either Box #1 or #2
plus add on ONE of these items:*

2 lbs. Jumbo Royal Red Shrimp
(16-20 ct. shell on)
3 lbs. USA Catfish Filets
1.25 lbs. Colossal Deep Sea Scallops
(U-10 ct. Chem Free)

BOX # 4 • \$100

"CAPTAIN'S CATCH"

*Choose either Box #1 or #2
plus add on ONE of these items:*

3.25 lbs. Alaskan Snow Crab Legs
1.75 lbs. Alaskan king Crab Legs
7 ct. Lump Crab Cakes