





JUNE 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>  <div> RECOVERY COMMUNITY CENTER COUNCIL BLUFFS </div> </div>	2 4p All Recovery Meeting 5p Motivating Monday	3 1:30p Coffee + Conversations 5p Cage Your Rage (hybrid) 6p Nar-Anon 7p Crystal Meth Anonymous	4 1:30p Coffee + Conversations 4-6p Housing Peer Support	5 11:30a-1p Understanding Addiction & Recovery 2:30p Crafts + Conversations	6 4:30p SMART Recovery 6p Narcotics Anonymous	WALK-IN HOURS Monday: 10a-6p Tuesday: 10a-6p Wednesday: 8a-4p Thursday: 8a-4p Friday: 10a-6p
8	9 4p All Recovery Meeting	10 1:30p Coffee + Conversations 5p Cage Your Rage (hybrid) 6p Nar-Anon 7p Crystal Meth Anonymous	11 1:30p Coffee + Conversations 3p Volunteer Orientation 4-6p Housing Peer Support	12 2:30p Crafts + Conversations 3:30-5:30p Father's Day Celebration	13 3p Community Planning Committee 4:30p SMART Recovery 6p Narcotics Anonymous	<i>Understanding Addiction & Recovery: Information for Families, Friends, & Caregivers, & Community Member</i>
15 <div>  </div>	16 4p All Recovery Meeting 5p Motivating Monday	17 1:30p Coffee + Conversations 5p Cage Your Rage (hybrid) 6p Nar-Anon 7p Crystal Meth Anonymous	18 1:30p Coffee + Conversations 4-6p Housing Peer Support	19 CLOSED FOR JUNETEENTH 	20 4:30p SMART Recovery 6p Narcotics Anonymous	Thursday, June 5 11:30a-1p & Thursday, June 26 11:30a-1p Training provided by Christy Hagen, MSW, Heartland Family Service
22	23 4p All Recovery Meeting	24 1:30p Coffee + Conversations 5p Cage Your Rage (hybrid) 6p Nar-Anon 7p Crystal Meth Anonymous	25 1:30p Coffee + Conversations 3p Group Facilitator Training (Level 2 Volunteers) 4-6p Housing Peer Support	26 11:30a-1p Understanding Addiction & Recovery 2:30p Crafts + Conversations	27 4:30p SMART Recovery 6p Narcotics Anonymous	
29	30 4p All Recovery Meeting					<div>  </div>
				Omni Centre Business Park 300 West Broadway, Suite 108 Council Bluffs, IA 51503 712.560.6360 recoveryfullcircle.org	VIEW OUR CALENDAR ONLINE:	

Descriptions of Full Circle's Activities and Events

All Recovery Meeting – A topic discussion recovery meeting inclusive of all kinds of addiction and all pathways of recovery. Family members and allies are welcome to attend.

Cage Your Rage – A class where participants develop skills to recognize their feelings and learn strategies to effectively cope with those feelings. Offered in person and hybrid.



Coffee and Conversations – A time to drop by and chat over a cup of coffee.

Community Planning Committee – A collaborative meeting to team-build, brainstorm, and plan activities and services at Full Circle. All are welcome to join.

Crafts and Conversations – A casual, fun time for scrapbooking, journaling, origami, crocheting, coloring, and other crafty activities. Supplies provided.

Crystal Meth Anonymous – A registered CMA meeting that provides support to those recovering from addiction to crystal meth. Learn more at crystalmeth.org.

Father's Day Celebration – All are welcome! Join us in celebrating fathers in our recovery community. We will provide snacks and games, with an afternoon of fun, friends, and fellowship.

Group Facilitator Training – A training course for current volunteers who have reached Level 2 in the Volunteer Program, and who are already facilitating a group or need a refresher course on facilitating a group. Contact our Volunteer Coordinator, Stephanie Bauersachs, at sbauersachs@recoverfullcircle.org or 712.560.5666 for more information.

Housing Peer Support – A time for people to gather for conversation and mutual support about housing challenges and renting.

Lunch + Learn: "Understanding Addiction and Recovery - Taking Action: Information for Families, Friends, Caregivers, and Community Members" – Feel free to bring your own lunch. Participants will learn and discuss the science of addiction, visualize the recovery process, and identify and discuss the roles that families, friends, caregivers, and community members play in supporting others on their recovery journey. **Includes Naloxone training and one free kit. Please RSVP to Lora Lemus at llemus@recoverfullcircle.org.**

Motivating Monday – Come join us the 1st and 3rd Monday of the month when we come together for support and physical movement. We will work as a group to form personal goals and discuss successes and challenges, as we empower each other to embrace our full potential.

Narcotics Anonymous – A registered NA meeting that provides support for those recovering from addiction to narcotics. Learn more at na.org.

Nar-Anon – A registered Nar-Anon Family Groups meeting for family and friends of those who struggle with addiction to narcotics. Learn more at nar-anon.org

SMART Recovery – A registered recovery meeting that takes an evidence-based approach to support people with substance dependencies or addictive behaviors. Learn more at smartrecovery.org.

Volunteer Orientation – Attend this session to learn about volunteer opportunities with Full Circle RCC. Contact our Volunteer Coordinator, Stephanie Bauersachs, at sbauersachs@recoverfullcircle.org or 712.560.5666 for more information.

***All activities are free of charge and open to all unless otherwise noted.**