






# December 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>  <div> RECOVERY COMMUNITY CENTER COUNCIL BLUFFS </div> </div>	<b>1</b> <b>4p</b> All Recovery Meeting <b>5p</b> Motivating Monday	<b>2</b> <b>1:30p</b> Coffee + Conversations <b>4p</b> Crystal Meth Anonymous <b>5p</b> Cage Your Rage (hybrid) <b>6p</b> Nar-Anon	<b>3</b> <b>1:30p</b> Coffee + Conversations <b>4-6p</b> Housing Peer Support	<b>4</b> <b>2:30p</b> Crafts + Conversations	<b>5</b> <b>4:30p</b> SMART Recovery <b>6p</b> Narcotics Anonymous	<b>6</b>
<b>14</b>	<b>8</b> <b>4p</b> All Recovery Meeting	<b>9</b> <b>1:30p</b> Coffee + Conversations <b>4p</b> Crystal Meth Anonymous <b>5p</b> Cage Your Rage (hybrid) <b>6p</b> Nar-Anon	<b>10</b> <b>1:30p</b> Coffee + Conversations <b>4-6p</b> Housing Peer Support <b>4-7p</b> Holiday Potluck	<b>11</b> <b>2:30p</b> Crafts + Conversations	<b>12</b>  <b>3p</b> Community Planning Committee <b>4:30p</b> SMART Recovery <b>6p</b> Narcotics Anonymous	<b>13</b>
<b>21</b>	<b>15</b> <b>4p</b> All Recovery Meeting <b>5p</b> Motivating Monday	<b>16</b> <b>1:30p</b> Coffee + Conversations <b>4p</b> Crystal Meth Anonymous <b>5p</b> Cage Your Rage (hybrid) <b>6p</b> Nar-Anon	<b>17</b> <b>1:30p</b> Coffee + Conversations <b>4-6p</b> Housing Peer Support	<b>18</b> <b>2:30p</b> Crafts + Conversations	<b>19</b> <b>4:30p</b> SMART Recovery <b>6p</b> Narcotics Anonymous	<b>20</b>
<b>28</b>	<b>22</b> <b>4p</b> All Recovery Meeting	<b>23</b> <b>1:30p</b> Coffee + Conversations <b>4p</b> Crystal Meth Anonymous <b>5p</b> Cage Your Rage (hybrid) <b>6p</b> Nar-Anon	<b>24</b> <div>  <div> CLOSED FOR CHRISTMAS </div> </div>	<b>25</b> <div>  <div> CLOSED FOR CHRISTMAS </div> </div>	<b>26</b> <b>4:30p</b> SMART Recovery <b>6p</b> Narcotics Anonymous	<b>27</b>
<div> Omni Centre Business Park  300 West Broadway, Suite 108  Council Bluffs, IA 51503  712.560.6360  <a href="http://recoverfullcircle.org">recoverfullcircle.org</a> </div>				<b>WALK-IN HOURS</b> <b>Monday: 10a-6p</b> <b>Tuesday: 10a-6p</b> <b>Wednesday: 8a-4p</b> <b>Thursday: 8a-4p</b> <b>Friday: 10a-6p</b>		<b>VIEW OUR CALENDAR ONLINE:</b> 

## Descriptions of Full Circle's Activities and Events

**All Recovery Meeting** – A topic discussion recovery meeting inclusive of all kinds of addiction and all pathways of recovery. Family members and allies are welcome to attend.

**Cage Your Rage** – A class where participants develop skills to recognize their feelings and learn strategies to effectively cope with those feelings. Offered in-person and hybrid. Use this QR code to join remotely:



**Coffee and Conversations** – A time to drop by and chat over a cup of coffee.

**Community Planning Committee** – A collaborative meeting to team-build, brainstorm, and plan activities and services at Full Circle.

**Crafts and Conversations** – A casual, fun time for scrapbooking, journaling, origami, crocheting, coloring, and other crafty activities. Supplies provided.

**Crystal Meth Anonymous** – A registered CMA meeting that provides support to those recovering from addiction to crystal meth. Learn more at [crystallmeth.org](http://crystallmeth.org).

**Holiday Party & Potluck** – Celebrate the holidays with a community potluck! Come join in the fun of the holidays with us!

**Housing Peer Support** – A time for people to gather for conversation and mutual support about housing challenges and renting.

**Motivating Monday** – Come join us on the 2nd and 4th Mondays when we come together for support and physical movement. We will work as a group to form personal goals and discuss successes and challenges as we empower each other to embrace our full potential.

**Narcotics Anonymous** – A registered NA meeting that provides support for those recovering from addiction to narcotics. Learn more at [na.org](http://na.org).

**Nar-Anon** – A registered Nar-Anon Family Groups meeting for family and friends of those who struggle with addiction to narcotics. Learn more at [nar-anon.org](http://nar-anon.org).

**SMART Recovery** – A registered recovery meeting that takes an evidence-based approach to support people with substance dependencies or addictive behaviors. Learn more at [smartrecovery.org](http://smartrecovery.org).

**\*All activities are free of charge and open to all unless otherwise noted.**