



TELEPHONE RECOVERY SUPPORT

Recovery support that meets you wherever you are!

TRS is a peer-to-peer support service. Trained volunteers who are often in recovery themselves make weekly calls to “check in” and see how you are doing. They offer support, encouragement, and information about resources that may help you initiate or maintain your recovery. TRS is free, confidential, and easy to sign up!



SIGN UP



**RECOVERY
COMMUNITY
CENTER**
DES MOINES

Questions? Call 515.783.6382