

Telephone Recovery Support

**Recovery support that meets
you wherever you are!**

PEER-TO-PEER

Speak with trained
volunteers who
understand recovery.

COMPASSIONATE

We check in, listen, and
offer encouragement
and support.

INFORMED

Get information about
resources that can help
you.

TRS is a peer-to-peer support service. Trained volunteers who are often in recovery themselves make weekly calls to “check in” and see how you are doing.

They offer support, encouragement, and information about resources that may help you initiate or maintain your recovery.



SIGN UP TODAY!

Scan the QR code
or call us

TRS is free, confidential, and easy to sign up!

Questions? Call 515.783.6382



**RECOVERY
COMMUNITY
CENTER**

5601 Douglas Avenue, Des Moines, IA 50310 | recoverfullcircle.org