



# RECOVERY COACHING for NICOTINE REPLACEMENT THERAPY (NRT)

Meet with an **NRT Champion Recovery Coach** to work together to navigate the process of quitting nicotine/tobacco.

Call us at 515.783.6382,  
email **Katey** at [krascon@recoverfullcircle.org](mailto:krascon@recoverfullcircle.org),  
or stop in and see us!

**Full Circle Recovery Community Center**  
5601 Douglas Avenue  
Des Moines, IA 50310

**SET UP A VISIT WITH AN NRT  
CHAMPION RECOVERY COACH TODAY!**



[www.recoverfullcircle.org](http://www.recoverfullcircle.org)