



RECOVERY
COMMUNITY
CENTER
COUNCIL BLUFFS

TELEPHONE RECOVERY SUPPORT (TRS)

TRAINING

for FCRCC Level 2 Volunteers



A training for active volunteers who have reached **Level 2** in the Volunteer Program, and are preparing to make Telephone Recovery Support calls or need a refresher course on making calls.

About TRS

TRS is a peer-to-peer support service. Trained volunteers who are often in recovery themselves make weekly calls to check in and see how recoverees are doing. They offer support, encouragement, and information about resources that may help recoverees initiate or maintain their recovery. TRS is free and confidential.

This training is held bi-monthly.
Ask Stephanie for dates of upcoming trainings!



Contact our Volunteer Coordinator, Stephanie Bauersachs, at sbauersachs@recoverfullcircle.org for more information.