

One Sports Rx

Your Health. Your Career. Our Expertise.

Why us?

We personalize the plan of care based on your needs.

2017 Los Angeles Chargers “Healthiest” NFL team

Keenan Allen, Denzel Perryman, Melvin Gordon, Melvin Ingram, Mike Williams, Travis Benjamin, Jevontes Brown, Jahleel Addae, Rashawn Jenkins, Hunter Henry, Sean Culkin, Darius Philon, Artavis Scott, Antonio Gates, Desmon King, Jeremy Davis, Casey Hayward, etc.

2020 Las Vegas Raiders “Healthiest” NFL team

Derek Carr, Marcus Mariotta, Zay Jones, John Abrams, Kolton Miller, Andre James, Josh Jacobs, Henry Ruggs, Tyrell Williams, Darren Waller, Alec Ingold, Damon Arnette, etc.

(Over 200 NFL, NBA and MLB players treated by our therapists)

NFL CIGNA APPROVED PROVIDER

We bill all of your treatments to your insurance.

- **Unlimited** physical therapy
- 36 Chiropractic visits per year

Pro Stretch
Massage
Cupping
Dry Needling
BFR

Neufit
CryoTherapy
Normatec
3D motion analysis
Force plate testing

Hamstring strength
and asymmetry
testing
Corrective Exercise
Active Recovery

- **EQUIPMENT**

We use the latest in biomechanical testing equipment to get feedback and collect data to improve your performance and prevent injuries.

- **THE MOST IMPORTANT REASON FOR PRO ATHLETES?** LOD and T&P settlements. We have daily records of treating your injuries. When you retire, we will hand over your records to your attorney and/or agent to file suit so that you receive your post-career disability benefits. So many times, cases are denied because the team doesn't keep every injury on file. Disability case is built on a point system and we have your entire career of rehab on file to essentially grant you an “open and shut” case.