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Phoenix Goal Planner

By: Mikeal R. Morgan

Long Term Short Term

More than 1 year	Less than 1 year
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Name _____

Date _____

(SMARTER GOAL - Specific, Measurable, Action-based, Recorded, Time-bound, Emotion-tied and Relative)

Goal Object – Be as **Specific** as possible and use terms to quantify and **Measure** your goal (Exact: numbers, weight, etc.)

GOAL RELATION (Circle all that apply)

Physical

Emotional

Career

Family

Other

Challenges

Resources & Positive Daily **Action** steps

(Time, Negativity, Surroundings, Lack of knowledge)



(Education/Training, Support from others)

Recorded - Staple a copy of a visual representation of your goal to this form – Post this goal form where you can see it first thing in the morning – Read & Review this goal daily

Final Projected Completion Date – **Time bound**

Who else could benefit from you completing your goal?
 (List **names** to emotionally tie the goal) – **Emotion tied**

Date _____

_____, _____, _____, _____

Names of Spouse, Child, Parent, Manager

Key Benefit of completing GOAL - (Bigger Goal - **Relation**)

Commitment Level

(Promotion, A more comfortable life, Less Stress, Better health)

X _____

Sign here for 100% commitment

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Providing motivation, inspiration and education, our purpose is to mold people into performers. PTI programs work because we inspire while we transform people's behaviors, habits, attitudes and skills in order to achieve the desired end result... Best overall performance!

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- Be more goal oriented
- Have a healthier self image
- Effectively market yourself, your company and your product or service
- Set more sales appointments
- Close more sales

So what are you waiting for? Start differentiating yourself and your team from the competition today! Contact us today and let PTI help take you and your organization to the next level of productivity and profitability!

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The Phoenix Philosophy™

RISE TO SUCCESS, EVEN FROM THE ASHES OF DEFEAT