



Modified Folkstyle and Freestyle Tournament

April 6th, 2019 at Whitfield High School (175 Mason Rd., Creve Coeur, MO 63141)

WEIGH-INS and Skin Checks for wrestlers that have not pre registered: 7:30-8 am

Pre registered wrestlers must check in and do skin check by: 8:30 am

Clubs are responsible for paying for their pre registered wrestlers even if the wrestler scratches.

8:45 AM Coaches meeting covering rules and demonstration
9:15-9:30 AM Folkstyle (Ohio TOC Rules) One 3 min. period. Inactivity on the mat or out of bounds, back to neutral. 10 point TF rule.
Freestyle (Regular Rules) Immediately follows Folkstyle session

BRACKETS: Round-robin format (4-5 Man Where Possible)

DIVISIONS:

Elementary Division(5th grade and Under)
Middle School Division(6th-8th grade)
High School - (grades 9th - 12th)
OPEN/College

* Divisions will depend upon weight. If there is too much weight difference within a group, we will have more groups with fewer competitors in each group.

* We will make every attempt to group wrestlers based upon age and ability level.

* Wrestlers will be allowed to wrestle up one division

AWARDS: Medals for top 3 placers in each bracket.
(Most wins in bracket = 1st; tie-breaker = Head-to-head competition)

ENTRY FEE: \$20 for Modified Folkstyle
\$20 for Freestyle
\$30 for Modified Folkstyle and Freestyle

* NO Refunds

THIS IS USA SANCTIONED WRESTLING EVENT AS ACCIDENT COVERAGE WILL BE PROVIDED BY SAME. ALL WRESTLERS MUST HAVE A VALID USA WRESTLING CARD TO WRESTLE. YOU CAN PURCHASE A USA WRESTLING CARD AT: "THEMAT.COM". Purchase of USA cards will not be available at the event.

PRE-REGISTRATION: USA teams will weigh-in at club practice on Wednesday or Thursday. Club registrations need to be emailed to Mark Russell (warriorfan@hotmail.com) by 12:00 PM, Friday, April 5th, 2019. **Individual entries** are encouraged to pre-register; however, he/she must attend pre-tournament weigh-in 7:30-8:00 AM. Any questions/concerns, contact Mark Russell at (314) 691-6186.