Spartan Life

Kickoff 2026

AAU Sanctioned Youth Wrestling Tournament

Sunday, November 29th 2026

Francis Howell Central High School

5199 Highway N • Cottleville, MO 63304

Tenative Schedule

8:00am - Building Opens
9:00am - Tots and Bantams begin
11:00am - Midgets begin
1:00pm - Novice Begins
3:00pm Schoolboys and Cadets begin

Age Divisions

Tots - Born 2021and after
Bantam - Born 2019-2020
Midget - Born 2017 - 2018
Novice - Born 2015 - 2016
Schoolboy - Born 7/1/2013 - 12/31/2014
Cadet - Born 2012 - 6/30/2013

Entries

- $35 Per Wrestler (Non-refundable)
- Registration closes Friday, 11/27/26
- Register online through track/flowrestling
- Event Name: Spartan Life Kickoff 2026

Format

Wrestlers in each division will begrouped by weight and experience rating. Please rate each of the wrestlers on your roster based on their experience/success level.

Experience Divisions

4 - Beginner: first year wrestlersonly
3 - Novice: At least one year experience has NOT placed at AAU state tournament (blue division)
2 - Intermediate: Has wrestled for multiple years, placed top 6 at AAU state tournament, USA state qualifier
1 - Advanced: Has placed at USA state tournament, multiple time AAU placeer, national placer

ALL coaches must have a visible AAU card on their persons

For more information, contact the following:

Ryan Moyer (Tournament Director) moyerr@foxc6.org
Jake Mattson (Howell Central Head Coach) - jacob.mattson@fhsdschools.org