

EFFIE JAMES CO.

# NICU PARENT SUPPLEMENTAL NUTRITION DRIVE

**MARCH 2025**



Thank you for your generosity in supporting NICU moms with nourishing options during their journey! To ensure all donations meet the needs of these incredible mothers, please follow these guidelines:

## ACCEPTED DONATIONS

- **Protein Shakes** (e.g., Ensure, Boost, Atkins, Premier Protein)
- **Ready-to-Drink Smoothies** (must be individual, re-sealable & shelf-stable or refrigerated)
- **Ready to Drink Yogurts** (e.g., Chobani, Lala)

## DONATION REQUIREMENTS

- **Individually Packaged & Resealable** – No bulk or large containers.
- **High-Protein Content** – At least 5g of protein per serving is preferred.
- **Sealed & Unexpired** – Must be new, factory-sealed, and within the expiration date.
- **No Refrigeration Needed Upon Drop-Off** – If donating refrigerated items, please ensure they remain cold until delivery.

## DROP-OFF LOCATION



**Sviontek Household**  
512 Sage Lane Euless, TX 76039

Donations can be dropped off between 7:00 a.m. - 7:00 p.m. If you need to arrange an alternative time, please DM us or email [info@effiejames.co](mailto:info@effiejames.co)

**For More Information :**

214.238.5163 (Hannah Sviontek)

[www.effiejames.co](http://www.effiejames.co)