

LOTUS READER

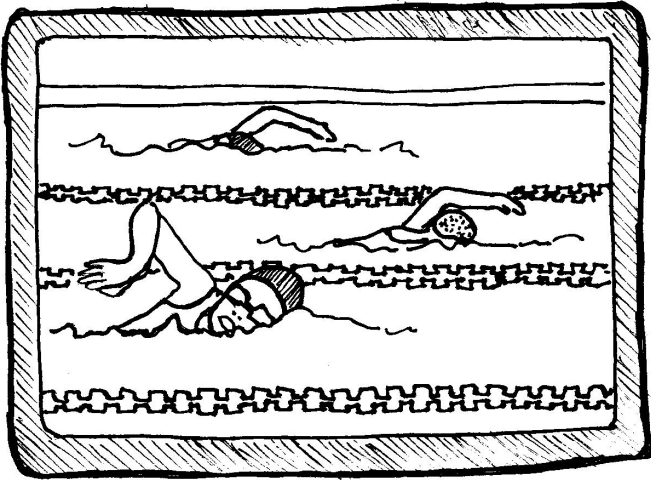
LEVEL 1 - BOOK 5

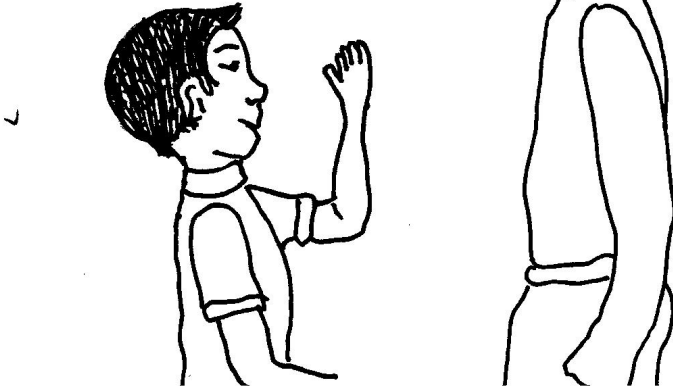
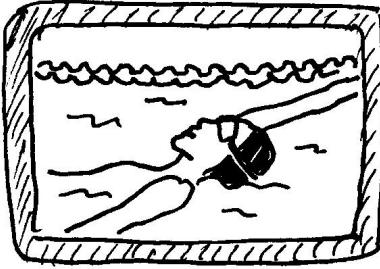
SONAM LEARNS TO
SWIM

Written and illustrated
by Hannie Truijens

Sonam Learns to Swim

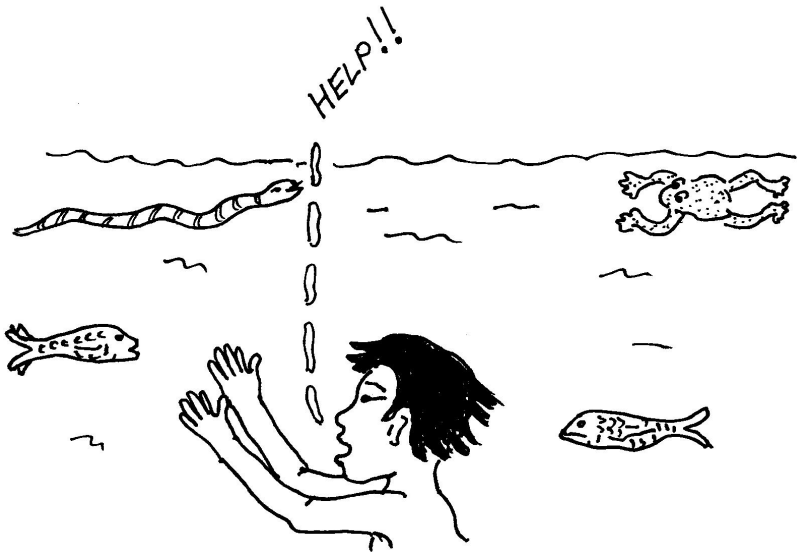
Sonam looks at the TV. He sees many people swim. They swim in a big pool. They are very strong and they swim very fast. They swim on their backs and on their fronts.

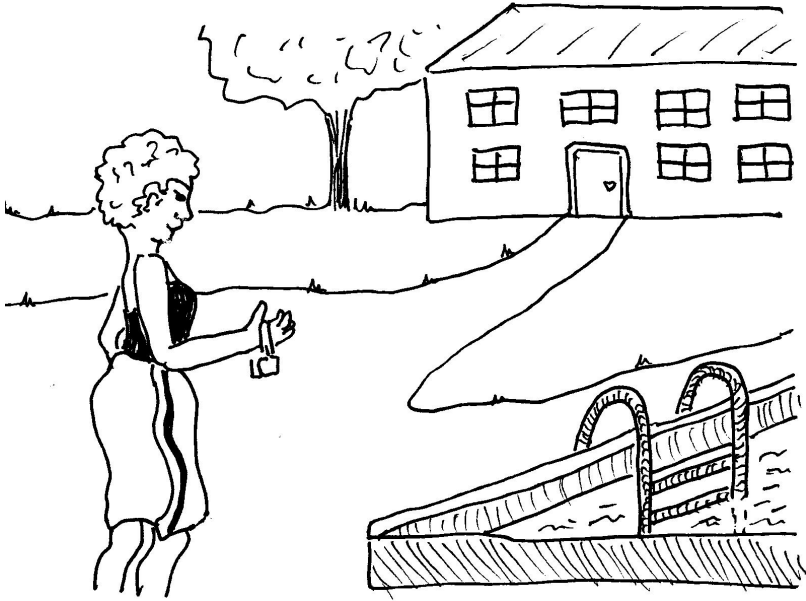




Sonam runs to Dad. Come Dad, come and look. Look at the people swim in the big pool. I want to swim like them. Please teach me how to swim, Dad.

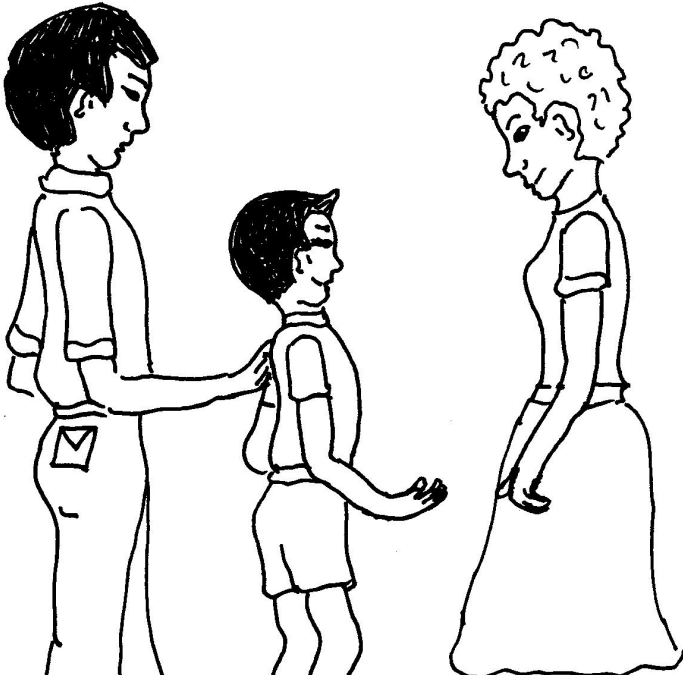
Sonam, I do not know how to swim. I am not a fish. I am not a frog. I am not a water snake. I will sink to the bottom. I can not teach you how to swim.





Dad, Miss Brown is at the big school. She knows how to swim. She swims in the pool at the big school. Please ask her to teach me how to swim. Please, please, Dad.

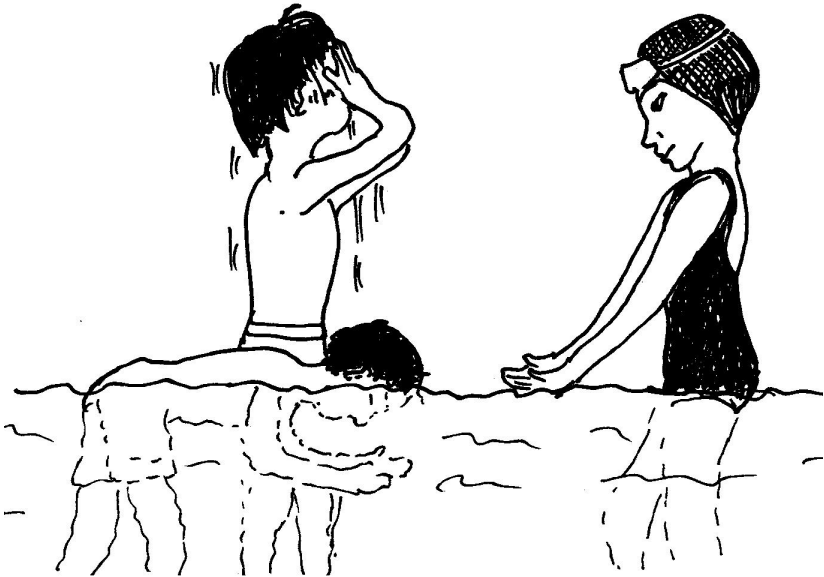
Miss Brown says yes. She can teach Sonam how to swim. She can also teach Dad how to swim. They can swim in the pool at the big school. They can go tomorrow.

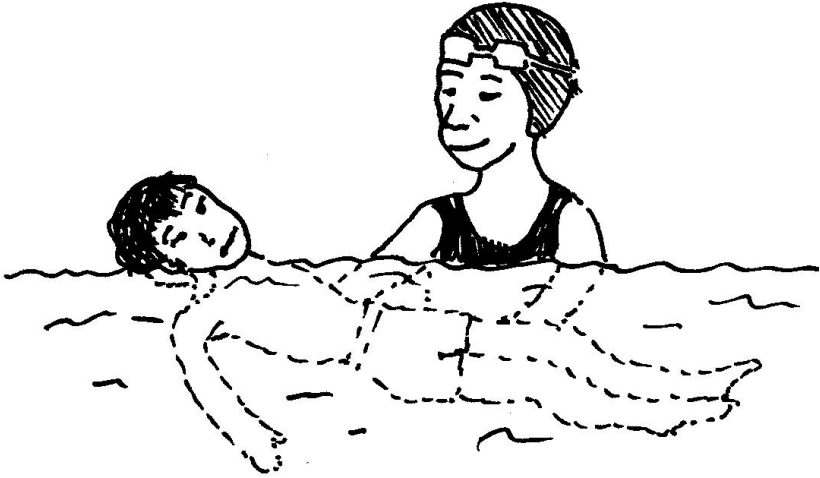




Miss Brown is in the pool. Come in, the water is not cold. The water is not too deep here. You can learn how to swim here. You can stand when you are tired.

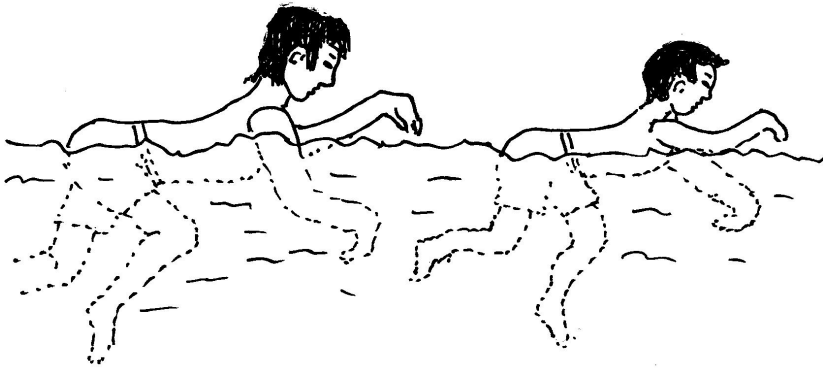
First you must learn to put your face under water. Now come up to take a breath. Then you must learn to put your head under water. Come up to take a breath.

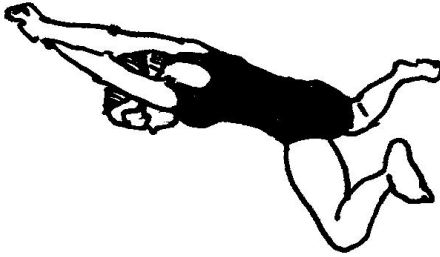
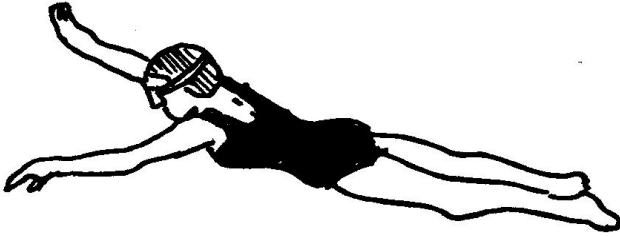




Now you must learn to float.
Float on your back. I will hold
you. Sonam and Dad learn to
float. They float on their backs
and then they float on their
fronts.

Sonam and Dad try to swim.
Sonam swims like a little dog.
Dad swims like a big dog. Miss
Brown swims like a big frog.
She swims like the people on the
TV.





Sonam, your arms must go like this. Your legs must go like this. Your head must go under water, and then come up. Sonam and Dad try to swim like Miss Brown.

Sonam and Dad are cold and tired. They get out of the pool. They get dry and then they put on their clothes. Miss Brown swims on and on. She swims on her back and on her front. She swims like a fish.

