

# ***Data Backup and Recovery Plan for CSH Security***

*CTS 220 Honors Project  
Spring 2024*

*Instructor –*

*Mrs. Kim Green*

*Presentation by –*

*Elliott Richter*



# *Introduction*

*My instructor:*

Mrs. Kim Green

*Course:*

CTS 220-170 Spring 2024

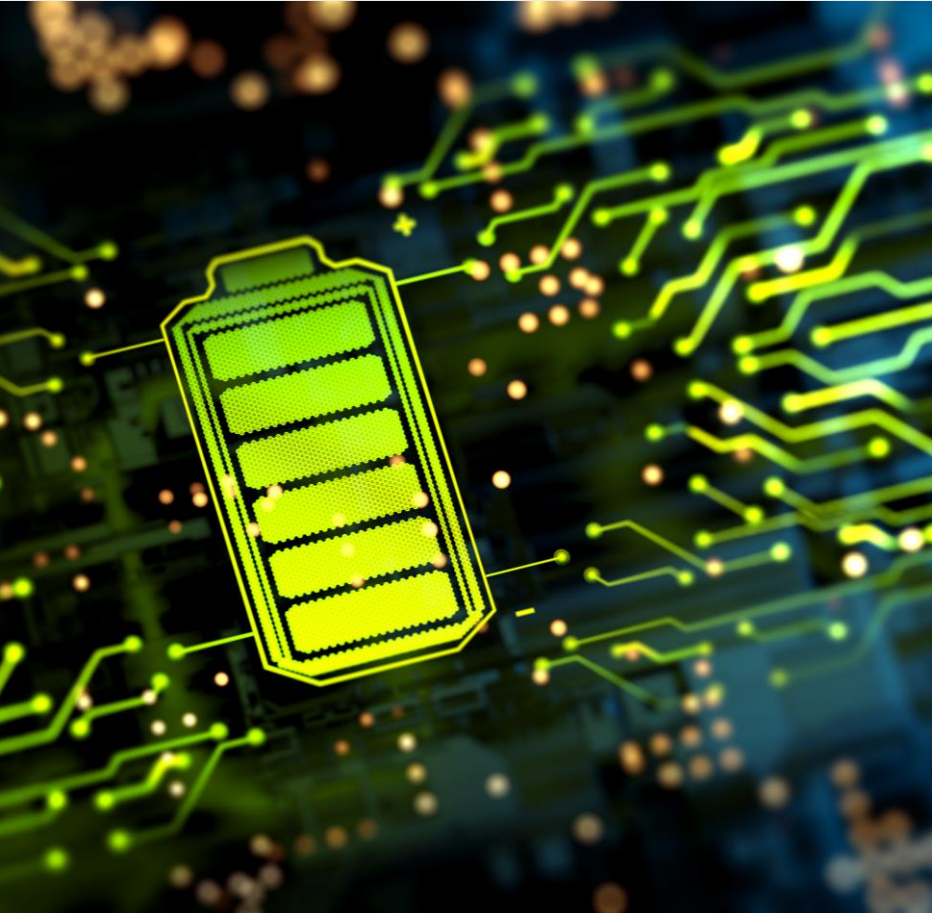
*Topic:*

Data Backup and  
Storage Plan Design  
and Implementation for  
CSH Security



**DURHAM TECH**





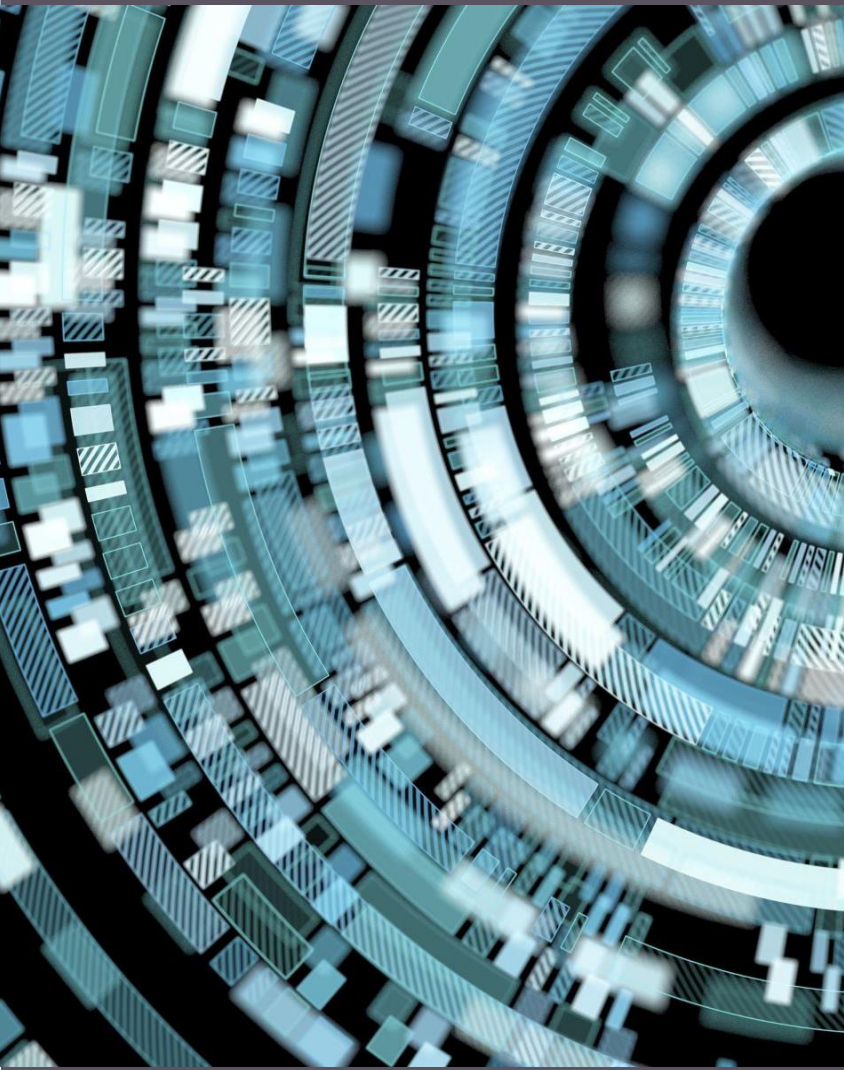
# Overview of the Project / Scope

CSH Security gets a Data backup and recovery plan overhaul

To do this the following tasks must be met:

- *Identify the weaknesses or vulnerabilities in their backup plan*
- *Develop a comprehensive backup plan tailored to their needs*
- *Assess user capabilities and accessibility to the data*
- *Any and all budget constraints.*

# Assessment of Current Data Backup Procedures



- Current network system comprises a server and a portable USB hard drive
- Existing procedures were commendable but had several weaknesses to be improved.
- Included a non-structured policies and single location storage.
- These created a single point of failure scenario

**- *NOT Sustainable!***

# Regulatory and Industry Requirements

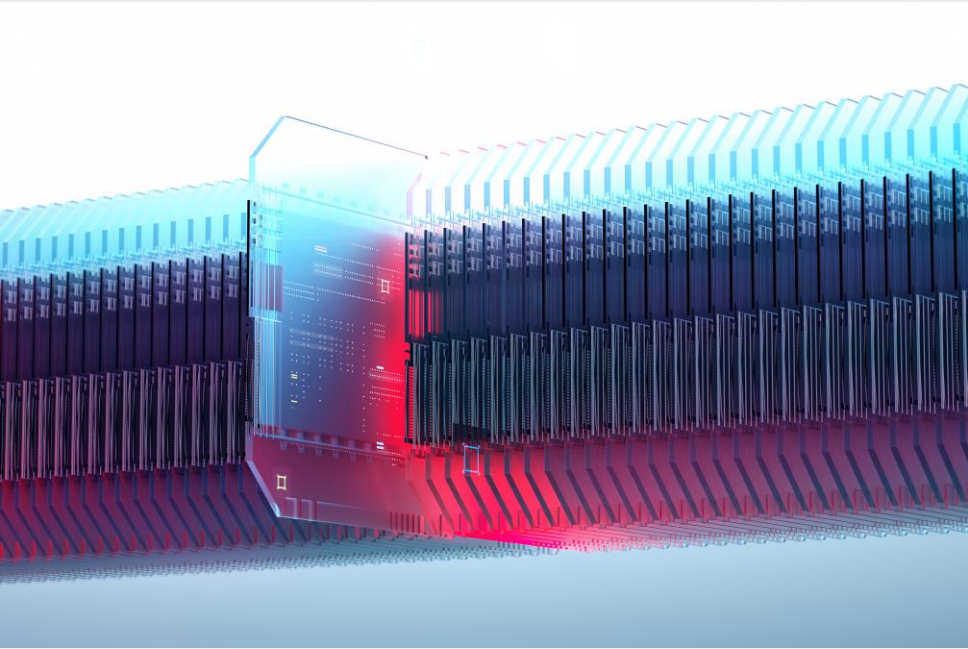
*Ensured the plan's compliance with the following regulations and standards:*

Data Protection and Confidentiality Focused:

- General Data Protection Regulation (GDPR)
- Health Insurance Probability and Accountability (HIPAA)

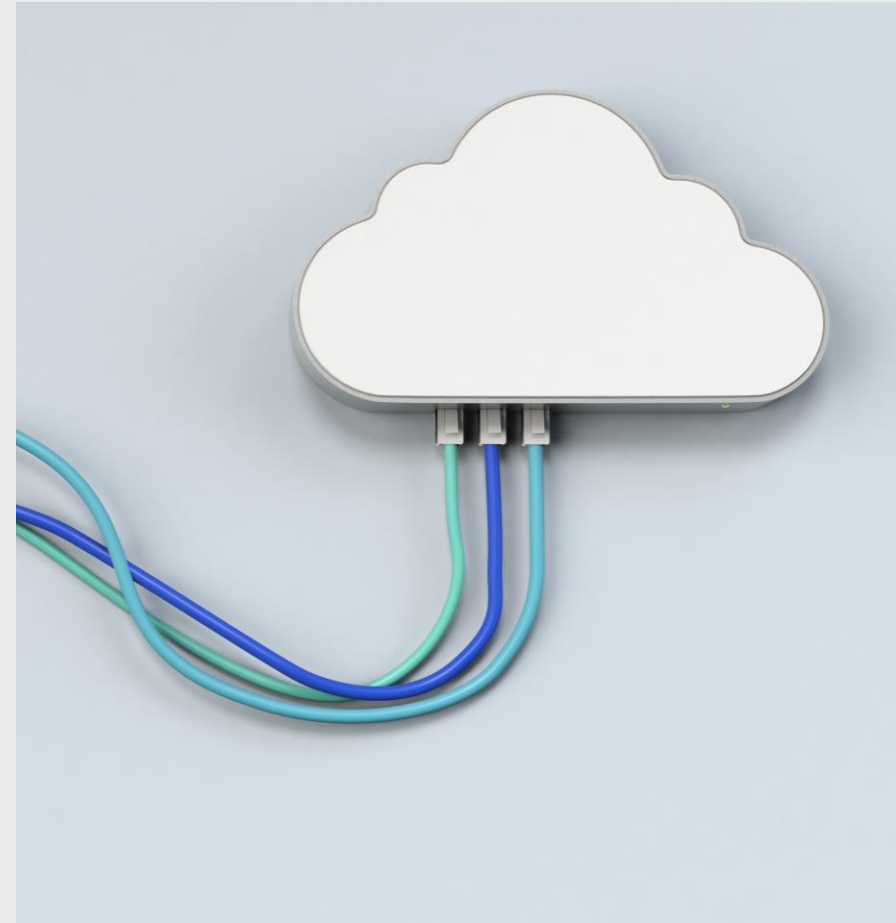
Data Backup Policies and Testing Focused:

- National Institute of Standards and Technology (NIST)



# Designing and Implementing the Hybrid Data Backup Strategy

- Hybrid Data Backup Plan was the best solution for CSH Security
- Hybrid storage – data stores located both on premises and in the cloud
- Followed the 3-2-1 methodology

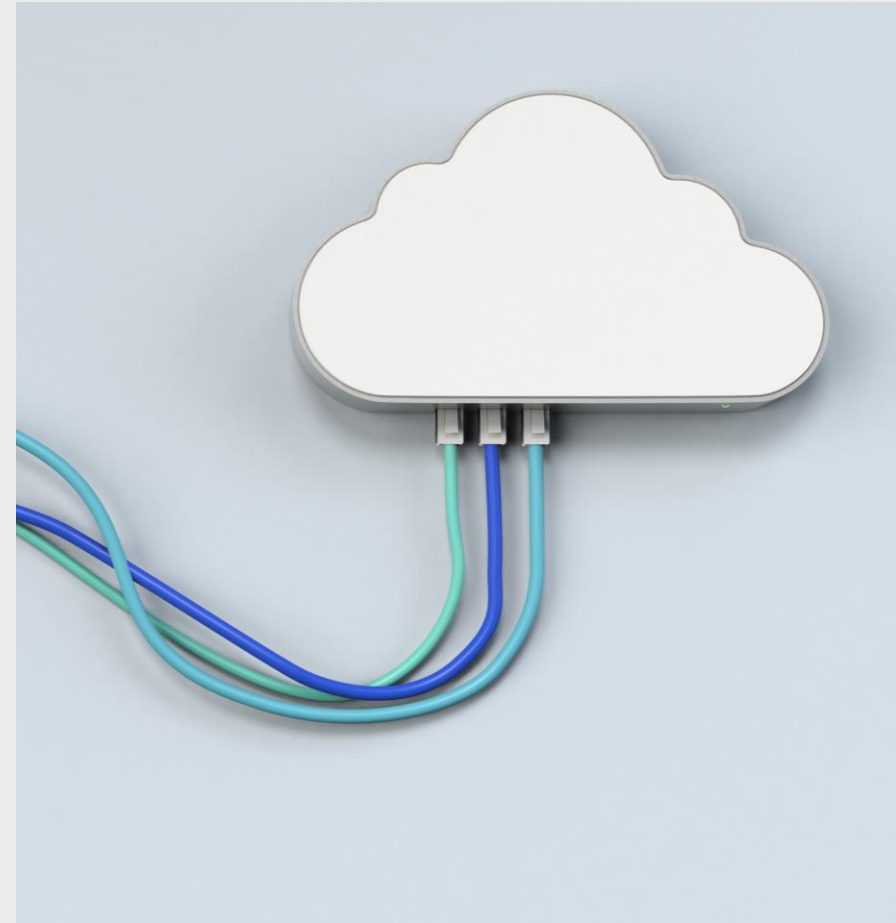




# Designing and Implementing the Hybrid Data Backup Strategy

Implemented the Grandfather – Father – Son (GFS) methodology into the 3-2-1 strategy

- Hot Storage – *Frequently Accessed Data*
- Cold Storage – *Seldom Accessed Data*
- Archive Storage – *Emergency Recovery use only / Rarely Accessed Data*



# Selection of Backup Technologies, services, and solutions

## ➤ Hot Storage – *Frequently Accessed Data*

- Portable USB Drive
- Used for

*1) Daily backups of critical files*

*2) File Transportation*

*3) Ensuring immediate access to essential data*



# Selection of Backup Technologies, services, and solutions

## ➤ Cold Storage – *Seldom Accessed Data*

- Intuit QuickBooks Data Protect Cloud Service
- Data stored off-site in the Cloud
- Subscription-based service
- Secure and easily accessible anywhere
- Stores all QuickBooks financial data

# Selection of Backup Technologies, services, and solutions

- Archive Storage – *Emergency Recovery use only / Rarely Accessed Data*
  - TrueNAS Custom built NAS system
  - Small footprint, massive storage capabilities – 10 TB!
  - Free use client service
  - Very user friendly and easy to navigate
  - Offers room for future company growth
  - Storage is increased by adding more NAS hard drives

# Selection of Backup Technologies, services, and solutions

- Windows Backup & Recovery and TrueNAS -
  - Each Stored on their own *Separate Partitions*
- History Duration of all backup files:
  - 6 months before deletion

## Windows Backup and Recovery

- *Handles Incremental backups and ISOs*
- *Scheduled to Backup Monthly*

## TrueNAS CORE 13

- *Handles Differential Backups*
- *Backup Occurs Weekly*
- *Data accessed via OpenVPN*



# Pricing Table for Equipment and Labor

- *Currently owned equipment and TrueNAS CORE 13 are free/already paid for and do not incur a cost here.*
- *Estimated 6 hours for install and configuration of new systems*

| Name  | Quantity | Price     | Total Price      | Source            | Use                              |
|---|----------|-----------|------------------|-------------------|----------------------------------|
| Currently owned Equipment   |          |           |                  |                   |                                  |
| External USB 2 TB HDD   | 1        | \$ -      | \$ -             | CSH Security      | Currently owned                  |
| Dell Poweredge 420 Server   | 1        | \$ -      | \$ -             | CSH Security      | Currently owned                  |
| Monthly Fees  |          |           |                  |                   |                                  |
| Intuit QuickBooks Data Protect Cloud Service  | 1        | \$ 9.99   | \$ 9.99          | Intuit QuickBooks | this is a per month subscription |
| NAS System  |          |           |                  |                   |                                  |
| 64 GB USB Drive   | 1        | \$ 5.00   | \$ 5.00          | Amazon            | NAS System                       |
| Cat7 Ethernet Caable 25'  | 1        | \$ 8.99   | \$ 8.99          | Amazon            | NAS System                       |
| TrueNAS CORE 13   | 1        | \$ -      | \$ -             | Amazon            | NAS System                       |
| Client Desktop – Dell Optiplex 3040 Small Form Factor Desktop PC w/ 1Gbit Networking card                 | 1        | \$ 50.00  | \$ 50.00         | Reconditioned     | NAS System                       |
| 10TB WD Red Plus NAS Internal Hard Drive HDD - 7200 RPM, SATA 6 Gb/s, CMR, 256 MB Cache, 3.5" - WD101EFBX | 1        | \$ 199.99 | \$ 199.99        | Amazon            | NAS System                       |
| Contractor Costs  |          |           |                  |                   |                                  |
| Time and labor to install, configure, and test new systems (in hours)                                     | 6        | \$ 100.00 | \$ 600.00        |                   |                                  |
| <b>Total Initial Cost (Taxes not included)</b>  |          |           | <b>\$ 873.97</b> |                   |                                  |

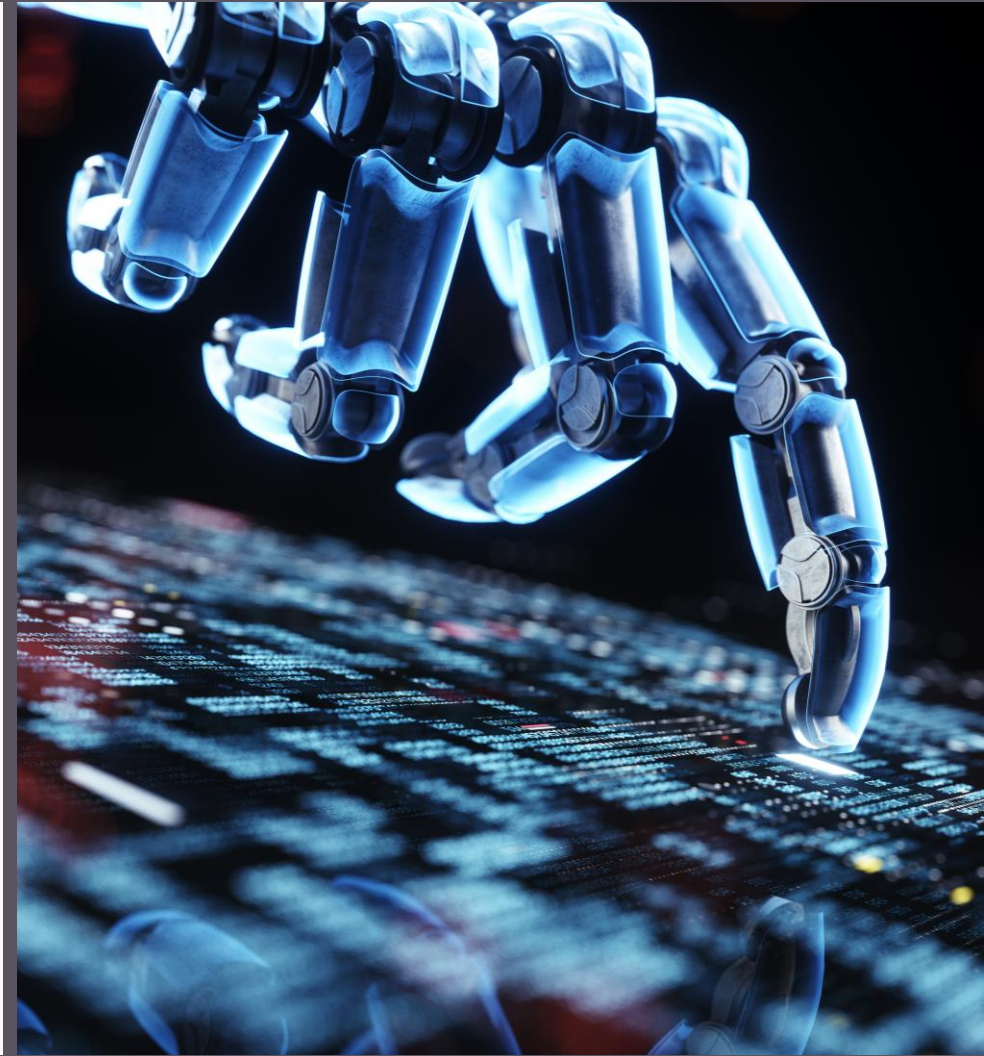
# Documentation and Training



- Comprehensive Documentation is ***Critical!***
- Documentation must Includes at least:
  - *Backup procedures and policies*
  - *Disaster recovery plans*
  - *Vital to regularly audit and update*
  - *Must clearly reflect all changes*
- *Training includes operation of all backup and recovery systems and plans.*
  - *Training and practice is just as crucial as documentation!*

# PROCEDURES FOR TESTING AND VALIDATION

- Proper maintenance includes
- Regularly scheduled intervals
- Various methods of testing used by checking:
  - *backup file for data corruption*
  - *disk storage capacity used*
  - *disk health and operation*
  - *network connectivity*
  - *scheduling*
  - *physical condition of storage devices*





# Conclusion

Important notes:

- All businesses benefit from a strong data backup and recovery plan.
- Revamped and integrated new technologies into the backup plan for CSH.
- New backup plan ensures business continuity regardless of majority of disruptions that occur.
- The plan follows industry regulations and policies.
- Simple and affordable to maintain and scale with future company growth.
- Proper documentation, training, testing and validation is essential for best outcome.

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# THANK YOU AND Q&A

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*Special thanks to:*

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