



Senior Moments

January, 2019

Please have all articles to me for next month's newsletter by Thursday, January 24.

Dee Clarke DeeClarke11@gmail.com 702-870-8702



WOW!!!! 2019 is here already. 2018 went by very quickly. We hope everyone had a Merry Christmas and a safe Happy New Year.

Desert Greens has many new residents. Whenever you see someone new, introduce yourself and welcome them to our Desert Greens Family.

At our December Community meeting, two new board members were announced. They are Arlene Chandler & Jerry Nation. We look forward to working with them both. We thank our outgoing board members, Michael Caristo & Rayenette Lopez for volunteering and for everything they contributed.

Everyone should have received notification of the assessment increase. Starting January 1, 2019 the monthly assessments are as follows:



- \$140.00 each home
- \$35.00 each undeveloped lot
- \$30.00 each RV spot.

If you have bill pay through your bank, make sure you notify them to change the amount.

You may have noticed the dumpster on Inverness by #7 green. This is for tree trimmings only. Please take your trash to the regular dumpsters. There are still residents placing large boxes into dumpsters without breaking them down. This takes up a lot of space so there is no room for trash. Break down the boxes and use trash bags. Do not put food scraps in dumpsters without a trash bag.

As I do most months, we need to talk safety. Speed limits and stop signs are placed for a reason. Every intersection on Brentwood is a blind intersection. Stopping is VERY important. When entering through front gate, you MUST stop. Too many cars don't even slow down. Luckily we haven't had a serious accident. Let's keep it that way. We need new Neighborhood Watch participants. It doesn't take much time. If you are interested in helping our community stay safe, contact us at the office.



Thanks for your support
Buzz and the HOA Board

Activities Committee

Happy New Year everybody! Hope you all (or y'all) had super Christmas and New Year's celebrations, with no DUI's. The annual entertainment night was well attended, and Lynn and the Phatt Kattz provided some really great music for dancing and listening pleasure.

The cart parade had 11 participants and one trike (good job Carol). The Sloppy Joes and Christmas grog was well received as usual.

The coffee time and activities meeting will be held on Wednesday, January 23rd. Everyone is encouraged to stop in around 9:00 am to enjoy the snacks and pitch ideas for new and different events. The January highlights are:

- Sat., Jan 12 ~ Soup and Bread potluck chaired by Marietta. Happy Hour at 5:00, meal at 6:00.
- Sun. Jan 20 ~ "Meet and Greet" at 2:00 in clubhouse.
- Wed. Jan 23 ~ Coffee hour at 9:00 followed by Activities meeting.

Members of the Activities Committee met in December to tentatively schedule events for the coming year. The schedule they've formulated is:

- January schedule is included in this Senior Moments
- February 16th ~ International Night
- March 5th ~ Mardi Gras
- March 16th ~ St. Patrick's Day
- April 13th ~ Community Yard Sale
- May 4th ~ Kentucky Derby Day
- May 5th ~ Cinco de Mayo Party
- June 22nd ~ Pot Luck
- July 4th ~ Golf tournament, Cart Parade, BBQ
- August 17th ~ Pool Party and BBQ
- Labor Day Weekend ` Golf tournament, BBQ
- September 21st ~ Talk Like a Pirate
- October 12th ~ Octoberfest
- October 31st ~ Halloween
- November 9th ~ Craft Fair
- December 14th ~ Entertainment Night
- December 21st ~ Cart Parade, Caroling
- December 31st ~ New Year's Eve Party



As you can see, there are still a lot of open dates, so if anyone has an idea, please bring it forward.

As usual, consult the Senior Moments calendar to keep updated on the various activities. We are always looking for exciting things to do here, so please come to meetings and offer your suggestions. The committee is really everyone here at Desert Greens, so come on down and join the fun!!

Finally, from time-to-time, we send out emails to Desert Greens residents alerting them of some activity or event. If you wish to have your e-mail address added to the list, there is a sheet in the clubhouse, or email Stu at stu1942egerton@gmail.com.

Stu Egerton - Co-chair of Activities Committee

All Desert Greens Women Invited To Our Weekly Tea & Coffee Hour Gathering



Starting Thursday, January 3rd, 2019 - 10:30 am to 11:30 am
We will meet in the Card Room at the Club House!

Come join your neighbors for some girl time....singles & their friends! A time to chat & meet others! If you are not available one week, then come join us the next!!!

Hosted By Suzanne Hill - 721 Montecito Dr. - (253)653-0684 - Suzehill77@gmail.com

Movie Nights

Friday, Jan 11 - RED (Retired Extremely Dangerous)

PG-13 Comedy. Movie starts at 7 pm.

- Movie Info: Frank, Joe, Marvin, and Victoria used to be the CIA's top agents, but the secrets they know just made them the Agency's top targets. Now framed for assassination, they must use all of their collective cunning, experience and teamwork to stay one step ahead of their deadly pursuers and stay alive. To stop the operation, the team embarks on an impossible, cross-country mission to break into the top-secret CIA headquarters, where they will uncover one of the biggest conspiracies and cover-ups in government history. Stars Bruce Willis, Morgan Freeman, John Malkovich, Hellen Mirren, Karl Urban, Mary-Louise Parker



Friday, Jan 25 - Antman and Wasp

Rated PG-13 Action Comedy. Movie starts at 7 pm

- Movie Info: From the Marvel Cinematic Universe comes a new chapter featuring heroes with the astonishing ability to shrink: "Ant-Man and The Wasp." In the aftermath of "Captain America: Civil War," Scott Lang (Rudd) grapples with the consequences of his choices as both a Super Hero and a father. As he struggles to rebalance his home life with his responsibilities as Ant-Man, he's confronted by Hope van Dyne (Lilly) and Dr. Hank Pym (Douglas) with an urgent new mission. Scott must once again put on the suit and learn to fight alongside The Wasp as the team works together to uncover secrets from their past. Stars Paul Rudd, Evangeline Lilly, Michael Peña, Walton Goggins, Bobby Cannavale, Judy Greer, T.I., David Dastmalchian, Hannah John-Kamen, Abby Ryder Fortson, Randall Park, Michelle Pfeiffer, Laurence Fishburne, Michael Douglas

More details of each movie will be posted on the Clubhouse door.

Jerry Nation
408 Brentwood Drive

Splinters from the Bench – January, 2019

JANUARY SCHEDULES:

All League Golf Starting Times 12:00 PM

Men's League Golf - (Tues & Fri)

Women's League Golf - (Mon & Thur)

Mixed Scrambles - (Saturday)

Mixed League Golf - (Sunday)

Mixed League Golf - (2nd Friday of the month) - alternate format

Next Golf Committee Meeting – Friday, January 18th at 3:00pm (after golf).



Hope everyone had a nice Christmas and Happy New Year to all.

With the new year, the USGA and R&A have made a lot of changes to the rules. I think that there are only a couple that may affect us, so I'll list them here:

- You will now be able to putt with the flagstick left in the hole. No penalty if a ball played from the putting green (or anywhere else) hits the unattended flagstick in the hole.
- If you are in a bunker, you can declare it unplayable and take relief outside the bunker back on the line from the hole through where the ball was at rest for a 2-stroke penalty.

There are a couple of local rules that go into effect:

- Cart path speed limit is 5 mph. Also, please try to keep the cart on the gravel path, especially when the edges of the path are wet.
- Carts with handicap flags must stay a minimum of 15 feet away from greens and bunkers.

Congratulations to Butch Walters who had a hole-in-one on #15 hole on December 9th.

TIPS AND TALES FROM THE TEE:

Arnold Palmer was leading Jack Nicklaus by a shot in the final round of the 1967 Bing Crosby Pro-Am at Pebble Beach when his tee shot on the 14th hole smacked a tree and bounced out of bounds. Palmer reteeed his ball and once again hit that same tree. Because of his disastrous encounter with the tree, Palmer lost the tournament to Nicklaus. But, with a little divine providence, Arnie's disappointment was somewhat assuaged. Late that night, a fierce storm uprooted the tree.

That's all for this month. Let me know if you have any suggestions or news for the next golf meeting or future newsletters.

Ralph Roque

Dear Desert Greens Residents,

Recently, I have had the pleasure to meet a few residents as I have been on-site handling the construction/sales of the NEW Homes at Desert Greens.

If I haven't met you yet, I would like to introduce myself. My name is Darren Proulx (Pronounced Prue), I represent the development group that is building on the remaining lots at Desert Greens.

I think Desert Greens is a wonderful community. Our group feels that as development is taking place on the remaining lots, one of our obligations is to ensure that the quality of the community is not diminished and only improved and enhanced by our involvement.

As the remaining homes are placed within Desert Greens there will be an additional \$13,000 of monthly income or over \$162,000 annually paid into the Association budget.

These additional funds can help ensure that the community is maintained and upgraded as needed as well as minimizing the likelihood of increased Association dues.

Up to this point, we have been selling homes with a 99-Year lease, but now have started to once again offer NEW homes (with land). The new buyers can now choose which option is best for their particular situation.

Stop by the Construction Office and say Hi, we would love to meet you.

See you soon.

Sincerely,

Darren K. Proulx

Darren@NevadaGoodLife.com

Pinochle Results

December 7th - There were 12 players and 6 double pinochles

1st place - Tom Wermager	- 574
2nd place - Ken Booth.	- 479
3rd place - Marion Doy	- 474
4th place - Linda Feliciano	- 473



Next Tournament is January 4th. Come and have a good time!

POC: Tom Wermager

Thank You



Marietta Rio

A special thank you to the activity members who set up Desert Greens annual entertainment night. The tribute made to my husband, Al Rio, was very special. He loved doing the entertainment night every year. A special thanks to Dennis Suter for all his work putting together the audiovisual of Al. The residents here at Desert Greens are a special group of friends and neighbors who care about each other. You are the best, love you all.

Fitness Room – January, 2019

The following information came from the American Heart Association web site. I included this information only for general knowledge and not to scare anybody. While exercise will help maintain a healthy heart, everybody should get checked out by their family Doctor at least twice a year at our age.

Heart Attack Symptoms

- **Speech Difficulty**
is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Is the sentence repeated correctly? Heart Attack Symptoms
- **Chest Discomfort**
most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.
- **Discomfort In Other Areas Of The Upper Body**
Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- **Shortness Of Breath** with or without chest discomfort.
- **Other Signs** may include breaking out in a cold sweat, nausea or lightheadedness.



Symptoms vary between men and women

As with men, women's most common heart attack symptom is chest pain or discomfort. But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting, and back or jaw pain.

Learn the signs for heart attack, and remember:...even if you're not sure it's a heart attack, have it checked out. Minutes matter. Fast action can save lives - maybe your own.

Call 911 if you experience heart attack warning signs. Calling 911 is almost always the fastest way to get lifesaving treatment.

Stroke Symptoms - Spot a stroke F.A.S.T.

- **Face Drooping** - Does one side of the face droop or is it numb? Ask the person to smile.
- **Arm Weakness** - Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?
- **Speech Difficulty** - Is speech slurred, are they unable to speak, or are they hard to understand? Ask the person to repeat a simple sentence, like "the sky is blue." Is the sentence repeated correctly?
- **Time To Call 9-1-1** - If the person shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get them to the hospital immediately.



Bob Jacobs

Trip of the Month

Cow Cove Petroglyphs, California

NOTE: Please treat these and all desert areas with the **UPMOST RESPECT**. Look and observe, **BUT DO NOT TOUCH** the Petroglyphs, even the small amount of oils from your hands can erode them over time. Leave them for future generations to enjoy. Remember take only pictures and leave only footprints.



The Cow Cove Petroglyphs are a little known petroglyph site within the Mojave National Preserve. These petroglyphs at Cow Cove are a rare and special part of the history of this area and it is a privilege to be able to visit them. **We remind you that they are highly protected and that tampering with, destroying or removing any petroglyphs at such a historical Native American site is not only a moral crime but also a Federal one.**

Until recent years, there was a road that would lead you directly to the outcropping of stones where the petroglyphs are located. Today this road has been closed and must be hiked as opposed to being driven. This is an easy hike and is just a bit over 3 miles round trip.

NOTE: You really need a high clearance 4-wheel drive vehicle to get to this area as there is a lot of loose sand you have to drive thru to get to the trail head and driving in loose sand requires 4-wheel drive and a little experience.

At Cow Cove, there are hundreds of petroglyphs that line the basalt boulders. They are highly scattered at this location, so you really need to watch the boulders as you are exploring the area. The largest concentration tends to be at the top of the outcropping, so plan to do some boulder climbing, if you wish to see everything that this location has to offer. Many of the rocks are loose and can cause you to lose your balance and they can give way underneath you so **PLEASE BE CAREFUL.**

To get to the trail head, take the Cima Road exit off of Interstate 15. Go south on Cima Road for .3 mile, turn right (west) onto the dirt road. Continue on this dirt road for 4 miles and at this location, you will reach an abandoned ranch with two windmills. Be aware that near this section of road there are patches of deep sand so make sure you are driving a suitable vehicle and also to keep your forward momentum going when driving thru the sand. Continue south and at 2 miles beyond the windmills, the road will fork, you need to bear right at this point. Continue straight for 1.9 miles. At 1.9 miles you will come to a closed road on your right. This is the beginning of the trailhead. Park here, and hike the closed road for 1.5 miles to the basalt outcropping. Once you reach the rocky ridge, climb up onto the rocks and take a close look around. The petroglyphs are easy to spot but be **VERY CAREFUL** as you scramble around to find them.



Bob Jacobs