



Senior Moments

August, 2020

Please have all articles to me for next month's newsletter by Thursday, August 27.

Dee Clarke DeeClarke11@gmail.com 702-870-8702



I can't believe it is August already. We are still in the grip of the Covid-19 pandemic. No one is sure of when we'll be able to return to the normal here at Desert Greens. Because of all this, not much has been happening here. Golf course, pool, gym, and spa remain open. We depend on residents to follow the proper guidelines when using any of our facilities. We are all adults and know how to stay safe and healthy. Let's all do what needs to be done.



We try to keep our community beautiful. We depend on all resident to follow the rules. Please read the rules and do your best to follow them. If you have any questions, please contact the HOA Office. Since we do not allow Kim to come in, the office may not be manned as scheduled. If you need to register, change info, please call to make an appointment at 775-751-9006. Normal office hours are Mon. thru Thurs. 9am to 1pm.

Barking dogs have come up again in several discussions. Complaints have been filed with the office. If your dog is on porch or deck alone barking, this is against our rules. Please respect your neighbors, and do not allow your dog to be outside barking. We realize barking is how dogs communicate, but it must not be excessive.



The new "Pet-Friendly Park" and "Bocce Ball" areas are open. Go take a look and enjoy these areas.



There will be 2 (two) positions open for HOA Board for 2021 -2022. It's time to start thinking about volunteering. Self-nomination applications will be available Sept 1st in the HOA office. If you're willing to be on the HOA Board, come pick up an application.

Stay Safe & Healthy!

**Thank You for Your Support
Buzz and the HOA Board**

Activities Committee - August

Hello again. Life goes on, but life here in Desert Greens is different now than it was at this time last year. We are still practicing “social distancing” and trying to stay healthy. Because of this, there are no activities scheduled for this month, but the clubhouse is still open for residents to use.

At this writing, MJ Hendrie has re-started her morning stretch classes. They will be Monday, Wednesday and Friday at 9:30 in the clubhouse. There won't be any coffee afterwards, but everyone is encouraged to bring their own water or other beverage. Also, each person will be responsible for getting their own chair from the card room and disinfecting it before and after use. Evie and I participated before, along with many others, and we felt it was beneficial. Give it a shot.



The Golf Committee is planning a Labor Day tournament tentatively for September 5th and 7th. Also, the committee is considering having the Desert Greens 2020 Club Championship in October. Check out the Golf write-up in this issue for more details.

There won't be a Labor Day cookout, but there will be a golf cart parade on Monday, September 7. Right now, it is planned to meet at the clubhouse at 6:30, and the parade will start at 7:00.

Since we didn't have our Yard Sale in April, we were hopeful that maybe it could be held in October; but with the latest developments, it was agreed that it not be scheduled until next spring because there are always a ton of outsiders coming through the gates. Bummer since now Evie and I have to keep all that stuff we were planning to sell off (hopefully) for another 10 months or so. Storage is at a premium around here.

There may be a Block Party in October. Right now, it is another “wait and see” situation.



The annual Craft Fair is scheduled for Saturday, November 7th. Judy Mouer is going to put applications in the clubhouse for any resident that might want to participate, but the fair is still a “maybe”.

We will have our annual clubhouse Christmas Decoration Party on Monday, November 30th.

Our annual Entertainment night is still scheduled for December, but we need an MC to organize it. If anyone is interested, please contact Buzz or me. If no one is interested in doing this, we may try to get some outside group to come in.

Also, a resident wondered if anyone would be interested in forming a meditation group. He has several ideas on how this could be done, and would only take a relatively short time for each session. Let me know if you are interested.

Finally, the next Activities meeting will be Wednesday, August 26th. Coffee and goodies will be at 9:00 am and the meeting generally starts around 9:30.

There won't be a calendar this month either, but as usual, I will keep everyone posted if there are changes. If you wish to be kept in the loop, please either sign up in the clubhouse or send me an email at: stu1942egerton@gmail.com so I can add you to the Desert Greens address book.

Thanks.

See ya around.

Stu Egerton - Co-chair of Activities Committee

To Contact the ACC Committee

The Architectural Committee will not be holding their regular meetings. If you need something approved, you may contact a committee member, and they will make arrangements for the ACC Committee to review your request.

Members are:

- Bill Swab 775-751-8930
- Judy Haas 775-537-0558
- Joan Fullmer 775-751-1572
- MJ Hendrie 605-271-0724
- Michael Caristo
- Joy Ashcraft 702-219-1417
- Stan Beal 805-208-0975
- Carol McGovern 775-727-7384

Desert Greens Food Drive 2020 - June-July-August

August will be our last official food drive month for the Summer! Many food pantries in Pahrump are not open, but the Salvation Army continues to provide needed assistance to our area. Canned tuna, chicken, Vienna sausages, chili, stew, and stewed tomatoes are top needs at this time.

Many will be facing reduced food stamps when the Virus help ends in August, so donations are especially needed.

Thank you for all of your help, as we have delivered about 100 food items each month so far. Any donations will be taken each week.

Any questions?

Suzanne Hill... suzehill77@gmail.com or (253-653-0684)



Security

First of all, if you see anyone around that you suspect is not a resident, please contact a board member right away. Board members are:

- Buzz Heldt 702-600-9196
- Michael Mouer 775-910-3597
- Louie Decanio 775-727-0143
- Arlene Chandler 775-537-6929
- Darren Proulx 775-527-4000



Secondly, when you leave the clubhouse, please make sure all the doors are locked and shut tight. Sometimes they don't always latch unless we give the door an extra push/pull.

Splinters from the Bench – August, 2020

AUGUST SCHEDULES:

All League Golf Starting Times 7:00 A.M.

Women's League Golf - (Mon & Thur)

Men's League Golf - (Tues & Fri)

Mixed Scrambles - (Saturday)

Mixed League Golf - (Sunday) - Individual golf

Mixed League Golf - (2nd Friday of the month) - Individual golf



We will remain under the Directives of Governor Sisolak's Phase 1 reopening until further notice.

Next Golf Committee meeting will be Friday, August 21st, immediately following men's golf, approximately 9:30 a.m., EVERYONE is welcome to attend.

Labor Day Tournament: Saturday, September 5th and Monday, September 7th will be the days for the two-day Labor Day Golf Tournament. Tentative plans for the tournament are for a two-person handicap for teams of two with different formats each day. Plans will be finalized at the August committee meeting. Watch for a sign-up sheet in the golfer's area.

Course Marshall: Mike Bonomi is Desert Greens Course Marshall. If you see anything or hear anything suspicious pertaining to the golf course, please, call Mike at (775) 537-5239.

Ball retriever system: We have installed a new ball retriever system; and since we've had positive comments about them, it appears most people are happy with our new system. Use your putter head to lift the hook to pop your ball out. If you have a problem with it staying out of the hole, just give the flag stick a little tap with your putter and it'll fall in. Please be aware that the ball has to stay in the hole to qualify for a hole-in-one or a score. Also, remember to repair your ball marks on the greens.

Players vs. Maintenance Responsibilities

If you are golfing any day other than Wednesday, after league play, and come upon the maintenance workers, whenever possible, please go around them, you can always come back to finish the hole. Clarification, if the maintenance crew is doing upkeep i.e., pulling weeds or mowing the hills etc., they will move if they know you're out there. Work with them.

League play payout changes: Effective Sunday July 19, 2020 there is a new payout schedule. It has changed from 60/40 1st and 2nd place to 50/50 split for flight A and Flight B handicap players. One first place in each flight, unless there are 17 or more players then there will be a 40/40/20 payout. Two 1st places winners and one second place winner for the lowest out of the 0-20 handicaps.

TALES FROM THE TEE

If I hit the ball left, it's a hook.

If I hit the ball right, it's a slice.

If I hit the ball straight, it's a miracle.

Golf Jokes from the Internet

HAVE A GREAT MONTH!

Butch (Don) Walters - Golf Committee Chairman

Fitness Room – August, 2020

Balance exercise: Do some or all of these exercises every day for best results. Have someone standing nearby to support you if you are concerned you might fall, especially for the ones where I suggest closing your eyes, since this is the most challenging. Speak with your doctor before doing these exercises if you have a balance disturbance or are concerned about whether it is safe for you to do them.

**IMPROVE
YOUR
BALANCE
AT ANY AGE**

1. **Stork:** One of the simplest exercises to improve balance is to stand on one leg, keep your arms at your side with your shoulders relaxed, and try to balance for 30 seconds. Repeat one to two times with each leg every day. Over the next few weeks, try to work up to two minutes. One hint: Try not to "grab" the floor with the toes of the foot that's on the ground. Relax your muscles, and you'll have more success.
2. **Nose toucher:** Stand with your right leg approximately 24 inches in front of your left, bend your knees slightly, and try to touch your nose with your finger. The more in line your feet with each other the more challenging this will be. Once you can do it well with either leg in front of the other, try this with your eyes closed.
3. **Heel raises:** Hold on to a sturdy chair for balance and rise up on to your tippy toes. Repeat 10-15 times. You can progress to touching the chair with one finger for balance, then eventually no holding at all, and finally with your eyes closed.
4. **Marching:** Hold on to a sturdy chair for balance, and lift your right knee up toward your chest, then lower to starting position. The left knee can be bent slightly. Repeat 10-15 times with the right leg, and then do the left leg. You can progress to touching the chair with one finger for balance, then eventually without holding onto any support at all, and finally with your eyes closed. You can also try alternating the marching between left and right leg instead of one set with one leg.
5. **Side leg raise:** Hold on to a sturdy chair for balance and lift your right leg out to the side. The left knee can be bent slightly. Repeat 10-15 times with right leg then do the left leg. You can progress to touching the chair with one finger for balance, then eventually no holding at all, and finally with your eyes closed.
6. **Walk a straight line:** Look for a straight line on the floor (like floor tiles) and try to walk along it. The key here is to land with one foot directly in front of the other and also land on your heel first. Try with arms extended out and then relaxed at your sides. To progress, try walking forward to one end and then backwards to the other. Then try walking forward only with your eyes closed. Walk back and forth 10 times.
7. **Step-ups:** Stand in front of a staircase and step up with your right foot, then up with your left, then back down with your right, then back down with your left. Repeat 10 times. If you need a little support, hold on gently to the railing, or better yet, just touch the wall with your finger tip and you'll be amazed at how much balance that gives you.
8. **Sit-stands:** Sit on the edge of a sturdy chair and try to stand up without swinging your arms forward, and then sit back down very slowly. Repeat 10 times. If you need help, go ahead and let your arms reach forward for balance, but then over time, try to do them without the assistance of your arms.

Bob Jacobs

Change to 'Day Trip of the Month' Photos

Because of the costs of printing, pictures from Bob Jacob's "Day Trip of the Month" articles will not be included in the printed edition that's handed out in the park, but you can view colored photos that accompany his article in the Senior Moments PDF version that is on our website at <http://www.desertgreenscommunity.org>

You can also view colored pictures and past articles of his many trips at the Pahrump Library Reference Desk when they reopen. They have three notebooks of past day trips, with photos, under his pen name "Prospector Bob."

Day Trip of the Month

Bonnie Claire, Nevada

Gold mining began in this area in the early 1880's and was known as Thorp's Well. A five-stamp mill was built and operated satisfactorily for over two decades to process the ore from the nearby mines before the Bonnie Claire Bullfrog Mining Company acquired the mill early in the century. Three months after the rails of the Bullfrog & Goldfield Railroad reached this point, Bonnie Claire was established in October 1906. In the spring of 1907, the Las Vegas & Tonopah Railroad began running through here and a beautiful two-story wooden depot was built, the most prominent structure in the community which by then had saloons, mercantile companies and a population of around 100.



By 1914 the decline of the mines signaled the end of this town. In 1925 a Chicago millionaire named Albert Johnson began construction of a vacation home 20 miles west of this town, the structure is known today as "Scotty's Castle". From 1925 to 1928 all items involved in the construction of that home arrived at the Bonnie Claire railroad station. The railroad folded in 1928, and life quickly left Bonnie Claire. The post office was closed in 1931. Only walls of the railroad depot and remnants of cabins are left.

There was some minor activity during the period from 1940 to 1954, but Bonnie Claire was abandoned until 2005 when Tonogold Resources initiated the "Bonnie Claire Gold Tailings Project" to rework 12 million tons of tailing.

To get there, go North on Highway 95 past Beatty and at Scotty's Junction (Hwy 267) turn left (West) follow this approximately 9 miles to Bonnie Claire. The mill site and smelter area along with the railroad station is on the right (north) and the town of Bonnie Claire is on the left (south).

NOTE: The Lippincott Smelter area on the North side of the road is closed to the public because of vandalism, but this industrial work of art can still be enjoyed at a distance.

Bob Jacobs

Bonnie Claire today



Lippincott Smelter area

