



Senior Moments

July, 2019

Please have all articles to me for next month's newsletter by Thursday, July 25.

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I want to start this month's notes talking about solicitors and phone scams. As I started to write this, I received a call from a resident saying there was a Brinks Security agent soliciting in our community. After I escorted him out, a resident came to my door telling me about Brinks solicitor. As I was talking, another resident came by with another Brinks solicitor he was escorting out. I appreciate our residents reporting and assisting in removing these people. I will be contacting NCSO next time to escort these solicitors out.

There are numerous phone scams going on right now. One says they are Social Security calling saying your SS number has suspended. Hang up immediately. Give NO INFORMATION out. Best practice to start is to not talk or answer number you don't know. These scammers love to prey on senior citizens. Don't be a victim!!!!!!



Several items need to be mentioned this month.

- #1 BBQ Grills; Propane and electric are the only approved grills. Charcoal or pellet grills are not allowed.
- #2 Driveways are not to be used for extended storage. Refer to the Rules & Regs for allowed items.
- #3 No dogs on private property. Don't not allow your dog on anyone else's property. Dogs are not allowed on the golf course, cart path, recreation areas, or any landscaped area, along with private property.
- #4 Speeding is always an issue. We have many people walking and bicycling on our narrow streets. How would you feel if you hurt or even killed a neighbor or if your spouse was injured or killed by a speeder? Slow down and be SAFE
- #5 Walkers and bicycle riders need to be safe also. If you're out there in the dark, please wear reflective or light-colored clothing and have a light with you.
- #6 Our ground crew work very hard. If you have a concern about the golf course or our landscaping, contact the HOA office. DO NOT confront any of the crew. If necessary, we will handle any problem.

I am going to end by saying again that WE ARE DESERT GREENS FAMILY. Let's all respect each other. I realize no one is going to like everyone, but that is no reason to be rude to your neighbor. Let's all get along and work to resolve any issues peacefully.

Thanks,

Buzz and the HOA Board

Activities Committee

While there are not many special activities for July, all regular daily activities will continue. Participation has been low because of vacations, but they will continue. Check the events calendar.



Independence Day, July 4th, will be a busy day. The day starts with a Golf tournament at 7am. At 4pm, we gather at our clubhouse for a Happy Hour then at 5pm, we start eating. I will be manning the grill cooking burgers and dogs. After eating, everyone who has decorated their cart, bicycle or scooter will line up for our parade. After the parade, we will find a good place to watch the fireworks. Join in on all the fun.

Finally, from time-to-time, we send out emails to Desert Greens residents alerting them of some activity or event. If you wish to have your e-mail address added to the list, there is a sheet in the clubhouse, or email Stu at stu1942egerton@gmail.com.

Buzz Heldt - Co-chair of Activities Committee

Nine-Hole Golf League – Date Change

Starting immediately, the Nine-Hole League is moving from

Monday to Wednesday

The first day will be Wednesday, July 3rd at the new July time of 7:00 AM.

The Golf Committee and the Grounds Crew have approved the change to Wednesday, which was the original day we had requested.

The change will allow the Women to maintain their day with no interference from our league. It also makes the Nine-Hole League available to them on Wednesdays. We invite everyone to come out and join us.

We THANK Jerry, Ralph and Manny for making this possible.

POC - Ken Booth



Splinters from the Bench – July, 2019

JULY SCHEDULES:

- All League Golf Starting Times 7:00 AM
- Men's League Golf - (Tues & Fri)
- Women's League Golf - (Mon & Thur)
- Mixed Scrambles - (Saturday); Mixed League Golf - (Sunday)
- Mixed League Golf - (2nd Friday of the month) - alternate format

Next Golf Committee Meeting – Friday, July 19th at 9:30am (after golf).



The July 4th tournament will be a scramble format with 3 or 4 person teams, and we will be starting at 7am. The sign-up sheet is in the clubhouse.

Congratulations to Ken Mather who had a hole-in-one on #11 hole on April 5th, Butch Walters on #16 hole on June 11th, and Bob Braga on #6 hole on June 21st.

The tee markers for the drop area on the 1st/10th hole are now in place off of the back left part of the green. As a reminder, this is for any ball going into the pond behind the green. You still get a penalty, so if it was your tee shot that went into the pond, you would drop there and be hitting your third shot.

It has been brought to the golf committee's attention that a player establishing a handicap from the back tees on holes 7, 9 and 13 but then uses the forward tees in tournaments is gaining a couple of strokes. Since this is not fair to the other players, we are changing the rule that states that men who are 80 years or older may play from either tees. The new rule effective July 1st will state that men 80 years or older must play from the forward tees (red tee on holes 7/16 and 9/18, and the yellow tee on holes 4/13). Failure to do so will result in a disqualification for that round.

Our maintenance crew makes every effort to stay out of our way during league play. So, if you are playing a practice round, please show our maintenance crew the same respect. If you come to a hole where they are working, just move on to the next hole and avoid any chance of injury to our workers. Please don't ask them to stop watering or stop mowing just because you want to play that hole. Let's be courteous to the fact that they are working on a schedule.

Please do not request course set up issues directly with the maintenance crew. If you have any concerns, such as the greens are too fast or too slow, pin placement, etc., please speak to me, and I will address it or bring it to the golf committee.

TIPS AND TALES FROM THE TEE:

A man was addressing the ball when an announcement came over the loud speaker: "Will the gentleman on hole number one please not hit from the Ladies' tee box." The man backs away, a little distracted, then approaches his ball again. As he does, the same announcement comes over the loud speaker: "Will the gentleman on hole number one please not hit from the Ladies' tee box." The man is getting irritated now, and after backing away from his shot, approaches his ball one more time. This time the announcement came: "We really need the gentleman on hole number one to move off of the Ladies' tee box!" To which the man turns around and yells: "And I really need the announcer to shut up and let me play my second shot!"

That's all for this month. Let me know if you have any suggestions for the next golf meeting or future newsletters.

Ralph Roque

Women's Gathering at Desert Greens

Wednesday, July 10th, meet at the clubhouse @ 9 am to carpool to:
Cactus Joe's Blue Diamond Nursery.
to explore the wonderful yard art, cactus, rocks, & a local favorite
at 12740 Blue Diamond Road, 89161

Then we will head to lunch nearby at the
Cottonwood Station Eatery
Dutch treat & great food!
14 Cottonwood Drove, Blue Diamond



All women of Desert Greens are invited! Feel like getting out of town with us???
Just meet at the clubhouse & join the fun!

Questions? Contact Suz Hill- 253-653-0684

Talent Wanted for Entertainment Night in December

Entertainment Night Entertainment Night is scheduled for Saturday, December 14. Several residents have already expressed interest in participating, but we can always use more. If you can sing, dance, play an instrument, tell funny stories, or just want to show off, please contact Dick Pfeifer at 850-384-4272. We are really looking for a few female vocalists to sign up. Practice over the summer and join the fun in December!

Pinochle Tournament Results

June 21st Results - 12 Players and 12 Double Pinochles

- 1st Place Willie Borsellino 644
- 2nd Place Marion Doy 555
- 3rd Place Linda Feliciano 553
- 4th Place Marlene Hargis 524



The next Tournament will be July 19th.

The pinochle players of Desert Greens will miss ED DAVIS. Ed and his very-ill wife moved back east after many years at Desert Greens. Ed ran the pinochle tournaments for many years. He is known for his many jokes, his roles at entertainment night and his line dancing. We wish him well in his new home.

POC: Ken Booth

Fitness Room – July, 2019

Fitness Room

The benefits of exercise for seniors are numerous, helping to keep your body in shape, your mind sharp, and your mood positive. Even light activities like walking can make a big difference in your overall health.

Unfortunately, the summer months can make it hard to stay active. As you age, you're at greater risk of heat-related illnesses, such as dehydration, heat exhaustion, and heat stroke, so you may be spending more time indoors to avoid the sun. How do you get around this?



- **Make it a morning walk.** Get up early and head out! You can avoid the hottest times of the day and the strongest sunlight by getting back before 10 am. Be safe by bringing along a bottle of water.
- **Visit a museum, aquarium, or indoor cultural event.** Too hot to take a walk outdoors even in the morning? Take one indoors. Visiting most museums, art shows, and other similar events requires a lot of walking if you want to get the most out of it. Many offer discounts to seniors, too!
- **Join a senior center.** Many offer indoor exercise classes specifically designed for seniors, so you won't feel behind. Classes often vary in intensity, too, with some centers even offering classes specifically geared towards people who have trouble standing or walking.
- **Go to a dance.** If you live in a senior community, find out if they have a dance scheduled. If they don't, find out how to organize one yourself. Dancing is a great way to get the body moving, and it's a fun event that lets you socialize, too.
- **Go for a swim.** Find a community pool or rec center with a pool and dive in! The water will help keep your body temperature down while you get your heart rate up.
- **Sign up for water aerobics.** Not sure what to do once you get in the water? One of the best exercise routines for seniors is water aerobics since it is low impact. You may be surprised by how easy it is to find a class near you.
- **Use that green thumb.** Many people don't think about gardening as a physical activity, but it requires a lot of movement and burns more calories than you realize. If you don't have a backyard, you can look into helping out at a local community garden, or join a gardening club.
- **Volunteer your time.** Summer is a great time to look for ways to get out and give back to your community.
- **Join a golf club.** Golfing is a light physical activity that's safe for most seniors, though during the summer months you may want to sign up for an early morning game. It's also a great way to help you stay active mentally.
- **Continue your normal routine.** Do you regularly engage in exercises during the other months? It's likely that you can keep it going even in the summer – just take it down a notch or schedule it earlier in the day. Talk to your doctor to find out what's safe for you.

Remember, if you're going to spend an extended period of time in the sun, don't forget to dress appropriately, stay hydrated, and protect your skin with sun block and a hat.

Bob Jacobs

Day Trip of the Month

Ash Meadows National Wildlife Refuge, Nevada

This Refuge is a protected wildlife refuge located in the Amargosa Valley in southern Nye County. The refuge was created on June 18, 1984 to protect an extremely rare desert oasis and is administered by the U.S. Fish and Wildlife Service. It's also the largest remaining oasis in the Mojave Desert with at least 26 plant and animal species found nowhere else on the planet. There are approximately 40 springs spread over the 23,000 acres of the reserve, the majority of them are pretty pools of clear bluish water.

NOTE: Most of the water in Ash Meadows is fossil water; fossil water comes from an ancient body of water that has been contained in some undisturbed space, typically groundwater in an aquifer, for millennia.



Over the past decade they have updated and improved Ash Meadows and are still in the process. If you haven't been here in a while or never have been here, I would highly recommend paying a visit to this interesting area. They have constructed three different boardwalks for interesting and easy walks through special areas with informative kiosk along the way to tell you what you looking at and the other interesting things to see in those areas. Also the boardwalks are all ADA accessible (Americans with Disabilities Act) so most people can enjoy this unique experience of strolling through nature. There are many things to see and visit when you're here, and I listed just of few of the more popular places below.

Crystal Springs Boardwalk (a little less than one mile round trip): Leads to a brilliant blue spring flowing at 2,800 gallons of water per minute. This boardwalk starts at the Visitors Center.

Point of Rocks Boardwalk (a little over one half mile round trip): Is a favorite, complete with a picnic area, viewing scopes, and Kings Spring, the home of a rare species of pupfish.

Jack Longstreet Cabin Boardwalk (less than a quarter mile round trip): It ends at the cabin and one of the many springs that are in the refuge. Journey back to the days of the Wild West and go inside this historic stone cabin of infamous gunslinger Jack Longstreet. This historical landmark belonged to Andrew Jackson "Jack" Longstreet who was a charismatic Nevada legend reputed to settle arguments with a gun, a champion for those who could not protect themselves. Jack and his American Indian wife Susie resided in the cabin for five years using his 80 acre property to raise horses. They named the farm Ash Meadows Ranch. During his residence in Ash Meadows, Jack befriended the Western Shoshone and Southern Paiute Indians. He had their respect and they gave him their friendship in return.

Crystal Reservoir Drive: This is a remarkably clear reservoir with a surface area of about 70 acres. I think you will be surprised as to the amount of water that is in this refuge. The sky blue water of this reservoir is the home of many different birds so it's a paradise for birds and bird watchers.

Visitors Center: Discovery awaits at this brand new facility that offers visitors a chance to discover all the wildlife and wonder in the largest remaining oasis in the Mojave Desert. Explore the interactive exhibits; watch the wonderful Ash Meadows movie and much, much more.

Devils Hole: This is actually part of the Death Valley National Park System, on the eastern side of the refuge and is worth a visit even if it is just a hole/spring in the earth. Devils Hole is a geothermal pool within a limestone cavern that to this day, no one knows how deep it is. This area is fenced off, protecting the unique natural wonder and the extremely rare species of the Devils Hole Pupfish.



Ash Meadows Refuge is opened from sunrise to sunset, however, to confirm the hours of operation of the Visitor's Center or for additional information on this area, call them at 775-372-5435. Ash Meadows is about a 40-minute drive from Pahrump. To get here, take Bell Vista Boulevard West for about 18 miles until you come to the Ash Meadows turnoff (watch for the sign) and turn right (North) onto the dirt road. From this point on it's all dirt roads but they are well maintained and any vehicle should be able to make this trip; however, like any dirt road in the Desert, they are DUSTY. Just follow the

signs in the refuge to the different places of interest.

One more thing, this place is free; there is no charge to visit.

Bob Jacobs



Crystal Reservoir



Snowy Egret at Crystal Reservoir (one of many bird species you will see)



Some of the Boardwalks at Ash Meadows



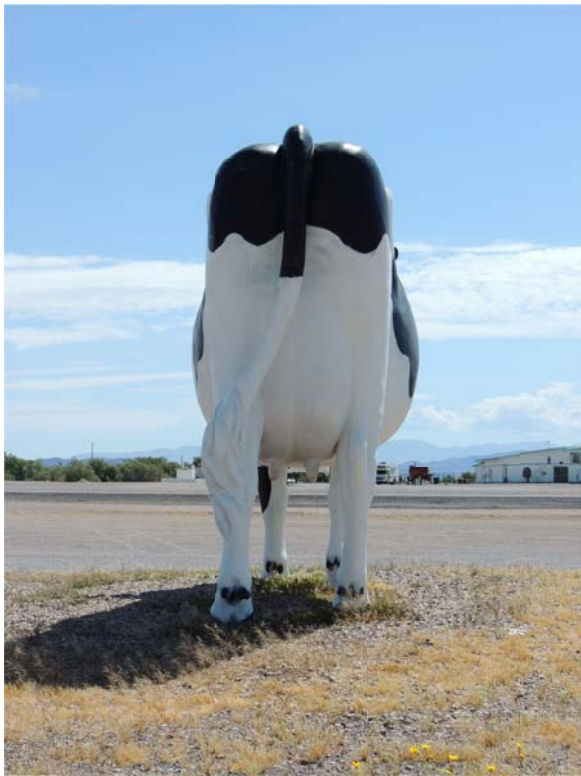
Jack Longstreet's Cabin

NOTE: Sadly in 1984 a flash flood reduced this cabin to rubble. However Historic Restoration Experts painstakingly set each stone back in its original position based on photos taken early in the last century. Restoration concluded in 2006 and the above photo shows the cabin as it exists today.

Visitor's Center



The Giant Cow Statue next to the Longstreet Casino in Amargosa Valley



THE END!