



Senior Moments

June, 2019

Please have all articles to me for next month's newsletter by **Thursday, June 27.**

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The hot weather should be here, but it hasn't arrived yet. It will soon. The pool & spa are open. As it warms up, you need to take advantage of them.



We are still having problems with speeders and people not stopping at stop signs. Luckily we haven't had an accident, but it is coming. Too many residents don't even slow down at the main gate. It is not just residents; it is guests, contractors and delivery trucks. Too many just seem to not care. We will be giving letters to residents for these violations. You as residents are responsible for your guest. Remind them of the speed limits.

Dogs are a problem in our community. Section #22 of our Rules & Regulations says everything you need to know concerning pets in Desert Greens. You need to read this section. You need to know what the consequences are of continually breaking these rules. Stronger enforcement is coming. Following and enforcing all of our rules is the ONLY way to maintain a great community.



I was very upset when I learned someone came into our billiard room and marked up a table with what looked like a marker. Why anyone would do this, I don't know. The clubhouse is to be locked during non-office hours unless there is an event going on. Visitors are not allowed at any of our amenities without a resident present. Only we residents can police this. To maintain the security of our community, do not give your keys, gate opener, or your gate code to anyone.



Our next Quarterly Community Meeting will be held Wednesday, June 26, at 10am in clubhouse. Mark your calendar and plan on attending.

I will be on vacation Monday, June 10 through Sunday, June 23. If you need something from the HOA Board, contact the office; or if an emergency, call a Board Member. I'll be visiting with kids and grandkids in Indiana.

Thanks,
Buzz and the HOA Board

Activities Committee

A couple of new activities will be starting in June.



Water Aerobics by MJ will be on Mondays, Wednesdays & Fridays at 10:30 am. Come and do some simple exercises and enjoy the pool.

A 9-hole golf activity will also be starting. Check bulletin board for starting date and time.

All regular activities will be held every week during the summer.

There will be no Activities meeting till August 28.

We are planning the Independence Day Parade and BBQ. Check bulletin board for all updates.

Finally, from time-to-time, we send out emails to Desert Greens residents alerting them of some activity or event. If you wish to have your e-mail address added to the list, there is a sheet in the clubhouse, or email Stu at stu1942egerton@gmail.com.

Buzz Heldt - Co-chair of Activities Committee

Good News for 9-Hole Golf Fans

The new 9-Hole league has been approved and will tee off Mondays at 8 am, starting, Monday, June 10. The new 9-Hole League will follow the current Women's League, which will remain intact.



This new 9-Hole Social League will be based on two premises.

- 1st - Random 100% handicap MATCH PLAY scored by holes won.
- 2nd - Individual nine-hole play.

Choose your own comfort zone. Play when you want and when you are up to it.

The league will be self-regulated with a \$1 Golf Fee. No other costs or contests. Matches will be set up 10 minutes before tee time by a draw of cards. More details on play prior to the first day of play on June 10.

A signup sheet remains in the club house. Join us for a FUN LEAGUE - Beat your Idol – Enjoy!

If needed, call **Ken Booth at 763-559-2315**.

Splinters from the Bench – June, 2019

June Schedules:

All League Golf Starting Times 8:00 AM

Men's League Golf - (Tues & Fri)

Women's League Golf - (Mon & Thur)

Mixed Scrambles - (Saturday)

Mixed League Golf - (Sunday)

Mixed League Golf - (2nd Friday of the month) - alternate format

Next Golf Committee Meeting – Friday, June 21st at 11:00 am
(after golf).

By the time you read this, hopefully everyone had a good time playing in the Memorial Day tournament and at the barbeque.

We are adding a drop area on the 1st hole for any balls that end up in the pond on the back of the green. It will be located off of the back left of the green. We are doing this because of how steep that hill is on the back of the green. We don't want anyone going for a swim that they weren't planning on.

I know ball marks on the green are harder to see since the aeration but we need to make every effort to find and fix them. Don't hesitate to ask your playing partners for help in locating your ball mark.

TIPS AND TALES FROM THE TEE:

- Golf in WWII: German aircraft from Norway would fly on missions to northern England; and because of the icy weather conditions, the barrels of their guns had a small dab of wax to protect them. As they crossed the coast, they would clear their guns by firing a few rounds at the golf courses. Golfers were urged to take cover.
 - *** Richmond Golf Club ** * Temporary Rules 1940 *** 1. Players are asked to collect bombs and shrapnel to save causing damage to the mowing machines. 2. In competitions, during gunfire, players may take cover without incurring a penalty for ceasing playing. 3. The positions of known delayed action bombs are marked with red flags. 4. Shrapnel may be moved on the fairway, or in the bunkers, without penalty. 5. A ball moved or destroyed by enemy action, can be replaced without penalty provided it's not nearer the hole. 6. A player whose stroke is affected by a bomb exploding may play another ball from the same place. Penalty one stroke. [A little harsh?]
- In the era before huge purses, it took golfing legend Arnold Palmer, the fourth all-time tournament winner with 60 wins, thirteen years to earn \$1 million. In 1996, Tom Lehman won two tournaments, had 13 top-10 finishes, and earned \$1,780,159, slightly less than Palmer's career earnings figure of \$1,904,673.

That's all for this month. Let me know if you have any suggestions for the next golf meeting or future newsletters.

Ralph Roque



Women's Gathering at Desert Greens



During the summer, 2019, we will explore some of the local Pahrump interests and meet only once a month.

We will meet at the Club house on **Wednesday, June 12**, at 10:00 am. Around 10:30 am, we will carpool to visit the **Pahrump Valley Museum** located at 410 E. Basin Ave. *Free admission!* Then, around 11:30 am, we will head to **Chatthai Bistro** on 421 Frontage Road for lunch.

All women of Desert Greens are welcome to join us whether you are new to this area or have not been to the museum for a while.....

Watch for our July trip planned for Wednesday, July 10th in next month's Senior Moments!

Our May towel drive is going well! Thanks for all the donations! Final tally report in June!

We plan to restart our twice-a-month gatherings in September, 2019 on the regular 2nd & 4th Wednesdays!

Any questions??? Contact **Suzanne at 253-653-0684**

Talent Wanted for Entertainment Night in December

Entertainment Night

Entertainment Night is scheduled for Saturday, December 14. Several residents have already expressed interest in participating, but we can always use more. If you can sing, dance, play an instrument, tell funny stories, or just want to show off, please contact Dick Pfeifer at 850-384-4272. We are really looking for a few female vocalists to sign up. Practice over the summer and join the fun in December!

Pinochle Tournament Results

May 3 Results:

12 Players and 12 Double Pinochles

- 1st Place - Tom Wermager 639
- 2nd Place - Marion Doy 563
- 3rd Place - Mike Nelson 521
- 4th Place - Zona McCracken 518

May 17 Results:

12 Players and 14 Double Pinochles

- 1st Place - Ken Booth 736
- 2nd Place - Dennis Larson 518
- 3rd Place - Marlene Hargis 482
- 4th Place - Zona McCracken 472

The next Tournament will be Friday, June 21st. Only one tournament during the summer.

POC: Ken Booth



HOA 301 - Rules and Regulations



This month, in my ongoing discussion of our Governing Documents, I'd like to talk about our Rules & Regulations. Where do they come from? Why do we have them? What are they all about?

The Desert Greens Governing Documents (CCR's) Section 5 sets forth the functions of the Association (HOA). Section 5.2 says the Board may adopt, amend, repeal and **enforce** such Rules and Regulations as it deems proper for the Use and Occupancy of the Association Property, the implementation, administration, and enforcement of this Declaration and the Management and Operation of the Association and the Property.

You may find a copy of our CCR's on our Community Website:
<https://desertgreenscommunity.org> under the HOA Info Tab at the top of the page.

Why do we need Rules & Regulations? The need is expressly stated in the R & R's first paragraph:

1. Introduction/Definitions

A) Purpose

The purpose of these Rules and Regulations is to protect the safety, health, welfare and the financial investment of the Homeowners Association (HOA) and all Residents of the Desert Greens Community. They are intended to ensure that every Owner and Resident may fully enjoy their individual rights of quiet enjoyment and peaceful occupancy of their lot and their right to the use of common area and facilities, without unduly interfering with others' identical rights.

The most desired outcome is that everyone voluntarily complies with the R & R's. That's mostly the case. However, we all know, there's a certain element who devoutly believe that any/all rules don't apply to them. We ALL backslide some. And for the most part, it's no big deal. We've all blown through that stop sign at the entrance, parked in the street to run in for something we forgot, and many others. That's ok, as long as it doesn't become a habit. BUT, there are some that continue to do more than backslide. They do it all the time!

The HOA Board of Directors has noticed that voluntary compliance about the rules is becoming a little ragged around the edges. If you are in violation, you can expect some enhanced enforcement.

Some things we've noticed: Speeding, strange cars parked around (you're required to register your vehicle if you live here, visitors are ok), strange people coming and going, Rentals have to have approval before moving in, visitors in the clubhouse without an owner present, dog mess left where it lands, and a few others.

SO, some of you will be getting nice letters requesting that you comply with our Rules and Regulations. Those that don't comply after the first letter will receive a second letter a few weeks later, a third letter may result in a fine. Those that disregard that letter **may** get a notice of Lien Attachment to their property.

NO one likes to be the Bad Guy. We don't want the Gestapo to move in, BUT, we will maintain the standards we've all come to expect. Respectfully,

Jerry Nation

408 Brentwood Dr.

BOD Member at Large

Fitness Room – June, 2019



Exercising is a key piece of the puzzle for a healthy lifestyle, especially for seniors.

But when summer comes around, it can be hard or even dangerous to exercise outdoors due to the intense heat. Of course, moving the workout indoors would be an easy fix, but not everyone has access to a gym (like we do) or exercise equipment. Plus, being outside just generally feels better. Luckily, there are quite a few options for safely exercising outside, as long as you keep the risks in mind. Doing your outdoor work-out either early in the morning or at night is the best.

Remember to stay hydrated or DRINK, DRINK, DRINK (water, sports drinks like Gatorade, fruit juice) but not those energy drinks, as they actually are bad for your health.

Hyperthermia

Hyperthermia is the main risk older adults face when temperatures get too hot. The National Institute of Health defines hyperthermia as “abnormally high body temperature caused by a failure of the heat-regulating mechanisms of the body to deal with the heat coming from the environment.” The two most common forms of hyperthermia are heat exhaustion and heat stroke.

Symptoms of hyperthermia can include:

- Dehydration
- Fatigue
- Flushing
- Fainting
- Cramping
- Stiff muscles
- Nausea or vomiting
- Fast or shallow breathing
- And more

It's important to stay hydrated and wear light clothing during the summer. If you feel like you may be experiencing a heat-related illness, or you see someone who is, get indoors or to a shaded area, lie down, and drink some water if you can. Call 911 if the symptoms are serious.

Bob Jacobs

Day Trip of the Month

Mitchell Caverns, Providence Mountains State Recreation Area, California

After being closed for nearly seven years due to major infrastructure upgrades and budget cuts in the state of California, the Providence Mountain State Recreation Area re-opened on November 3, 2017. And at the time of this writing there is an Entrance fee of \$10 per vehicle, \$5 for seniors per vehicle. Tours for the caverns are only given on Friday, Saturday, Sunday and holiday Mondays, for current information and rates call them at (760) 928-2586.

NOTE: Temperatures inside the caverns are a very comfortable constant (naturally occurring) 65 degrees year round.

Improvements to the area include: buildings have been repaired, the Cavern has been inspected and they have installed new LED lighting throughout the caves. The park road has been patched, and the parking lot resealed plus the access route to the visitor center has also been improved.

Mitchell Caverns consists of limestone caves that feature a wide variety of formations. Trips through the caverns are conducted by GUIDED TOURS ONLY and last for about 1-1/2 hours. Although the tour is not strenuous, there is a half mile walk to the cave entrance from the visitor's center and another half mile walk through the caverns on uneven ground. This area became a California State Park in 1956 and contains the only limestone caves in the California State Park system.

The caverns were created during the Pleistocene period (see NOTE below), when ground water with high carbonic acid content ate into the surrounding marble and sedimentary limestone and formed stalactites, stalagmites and other cave formations by dripping mineral water.

NOTE: The Pleistocene period is defined as the time period that began about 2.6 million years ago and lasted until about 11,700 years ago.

Numerous paleo logical and archaeological finds have been made in and around the caverns. Scientists have found the remains of several prehistoric animals, including a giant sloth. The caverns were a sacred place for the Chemehuevi Indians and a number of tools and fire pits have been found. The Chemehuevi knew the caves as "the eyes of the mountain" due to their easily spotted dual entrances located near the top of the mountain.

The caverns are named after Jack Mitchell, who owned and operated the caves from 1934 to 1954 as a tourist attraction and a rest stop for travelers on nearby Route 66. Mitchell also held mining rights to the area and dug several prospect holes and tunnels, some of which are still visible. The area became a state recreational area in 1956. The surrounding lands became a part of the Mojave National Preserve in 1994, but the caverns are owned and operated by the State.

The park is located in the eastern Mojave Desert off of Interstate 40, 56 miles west of Needles, 116 miles east of Barstow and 16 miles northwest of the Essex Road exit. Located at an elevation of 4,300 feet, the park is surrounded by one of the newest National Parks, Mojave National Preserve.

Bob Jacobs (Photos from the Internet)

