



Senior Moments

March, 2019

Please have all articles to me for next month's newsletter by Thursday, March 28.

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It's hasn't looked like it, but spring is right around the corner. February has been a strange month. Cold, wind, rain, and even snow. We welcome March.

The HOA Board would like to address several rules that are regularly violated:

1. Speed limit is **15MPH**- We could name at least 20 residents that usually do speed. We realize that guests and delivery drivers do also. Please remind your guests that they must also follow our rules. I personally try to talk to all delivery drivers about speed. My next step is to contact their company.
2. Vehicle Registration- Rule 12- 2 states "All motor vehicles **MUST** be registered with the HOA office."
3. Parking on empty lots- Rule 11-B states " Parking is **NOT** permitted on vacant lots.



Violations of these rules could result in letters, then fines, if violations continue. Our rules aren't strict compared to other HOA's. Let's all follow the rules for the betterment and safety of our community.

The ACC has asked me to remind everyone that you must submit an application when planning an outside project. Do not start until you have approval, then you have 60 days to complete project. When completed, please turn in the lower section of the approval form. This is so records can be updated.



The HOA Quarterly Community Meeting will be Tuesday, March 19th, at 10am in Clubhouse. Mark your calendar and plan to attend.

Saturday, April 13th, we will be having our annual yard sale. If you have anything to donate for the sale, contact me. I can pick up and store most items till the sale. More information will be posted in the clubhouse and in April's Senior moments.

Thanks for your support

Buzz and the HOA Board

Activities Committee

We mentioned last month that the weather was starting to come around, but that seems to be a little premature. It's good for me as a skier, but probably sucks for the golfers.

This month we have a couple of very popular March events, so we should probably start this by saying: "*Laissez les bon Temps Roulet*" (*Let the Good Times roll*) and "*Erin Go Braugh*". These highlights are the Mardi Gras Potluck and the St. Patrick's corned beef meal hosted by Vic and Judy.



For the Tuesday, March 5, Mardi Gras potluck, the sign-up sheet is in the clubhouse. Since this is only a potluck, no tickets required.

For Saturday, March 16, St. Paddy's Day corned beef meal, tickets are \$6.00, and will be available from Judy Becker or in the office. Everything will be provided. For those who don't like corned beef, ham is also included.



Movie nights have been discontinued due to lack of participation.

The Coffee Hour will be held on Wednesday, March 27th this month. Coffee Hour is just that, an opportunity for all residents to get together and catch up with each other. It at least lets everyone know you're still around. The Activities meeting that follows is a separate event. If you're not interested in participating, feel free to say your "Good byes" and head out. You are always welcome at either or both activities, so just come on down.

The March highlights are:

- Tuesday, March 5th ~ Mardi Gras potluck. Happy Hour at 5:00, meal at 6:00.
- Saturday, March 16th ~ St. Patrick's Party hosted by Vic and Judy Becker
- Tuesday, March 19 ~ HOA Meeting at 10:00
- Wednesday, March 27th ~ Coffee Time and Activities meeting at 9:00.

Looking ahead to April, the big event will be, as always, the Desert Greens Yard Sale. This year it will be on Saturday, April 13th. Again, it will be \$10 to participate. Judy Becker will be taking orders starting mid-March. Stay tuned for more information.

As usual, consult the Senior Moments calendar to keep up-dated on the various activities. We are always looking for exciting things (or maybe not so exciting) to do here, so please come to meetings and offer your suggestions. The committee is really everyone here at Desert Greens, so come on down and join the fun!!



One last thing...Pat and Butch Walters would like to thank Val McKinster for donating the cake for the New Year's Eve party. Val does a great decorating job. Thank you very much!!!

Finally, from time-to-time, we send out emails to Desert Greens residents alerting them of some activity or event. If you wish to have your e-mail address added to the list, there is a sheet in the clubhouse, or email Stu at stu1942egerton@gmail.com.

Stu Egerton - Co-chair of Activities Committee

Events in March 2019

Annual Crab Fest

Saturday, March 2nd at 6pm



The 8th Annual Pioneer Territory CASA Crab Fest will be held Saturday, March 2nd at 6PM at the Nye Communities Coalition, 1020 E Wilson Rd, Pahrump NV. Tickets are going fast, so get yours today. Call 775-505-2272 for more information. NOTE: CASA stands for "Court Appointed Special Advocate" Pioneer Territory CASA invites you to get involved in your community! Consider becoming a Court Appointed Special Advocate (CASA) volunteer.

No To Abuse Golf Tournament

Saturday, March 9th at Mountain Falls Golf Course

Come and enjoy the fun. Compete with your friends. For information call 775-751-1118. All proceeds benefit "NO TO ABUSE" charity.

Silver State Chili Cookoff

Saturday and Sunday, March 16th & 17th, 9am to 3:30pm at Petrack Park

This is the 7th Annual Silver State Chili Cookoff. Enjoy celebrity judges, live music, car show, vendors and more. Visitors can also taste the chili entries. For more information call Ron Frazier at 775-764-7569. All proceeds benefit "NO TO ABUSE" charity.



Birthday Celebration



A special thanks to everyone who attended my surprise birthday party in the clubhouse. It was really a surprise because I had no clue what was happening, especially when my family showed up from Massachusetts that morning. Again, a great big THANK YOU!!

Evie Egerton

Mark Your Calendars: Annual Community Yard Sale Saturday, April 13

\$10 to participate and offer things for sale at your site
Or contribute items to our Community Table with proceeds going to the Activities Committee. Contact Buzz, and he will coordinate picking up the items you would like to donate to our Community Table.



Women's Gathering at Desert Greens

Women's gathering at Desert Greens continues two times a month on Wednesdays from 10:30 am - 11:30 am. Upcoming dates:

- March 13 and March 27
- April 10 and April 24
- May 8 and May 22...a special May Day brunch!

Join in the fun & laughter as we continue to explore fascinating women, world travel insights, share ideas & learn from each other! All women & friends invited!

Contact (253) 653-0684....if questions



Home Owners Association 101

We've all noticed a number of new homes arriving here in our Desert Greens Community. With a number of new residents, many new residents, while new to Desert Greens, may also be new to an HOA (Home Owners Association). This article will attempt to explain some differences that are particular to HOA's. While you have a private home within the HOA, you are governed by the Documents created when the Community was founded. It is not the same as having a private residence in a town.

An HOA is much like our Federal Government. Contrary to popular belief, the US is not a Democracy. It is a Constitutional Republic. The difference is that in a Democracy, everything is voted on by the citizens and the simple majority rules. In a Constitutional Republic, representatives are elected by citizens to represent them, and the representatives vote on issues for the citizens. Small but significant difference.

Our Constitution is our CCR's (Covenants, Conveyances, & Restrictions). These are our Founding Documents and our Bill of Rights. Our BOD (Board of Directors) functions much like the US Supreme Court, it interprets the CCR's. It then gives guidance to the Manager (President) who is Michael "Buzz" Heldt, our HOA President, who acts as our Manager. We are what is called in the HOA world as 'self-managed' as opposed to hiring a manager to run the day-to-day operations.

This guidance is our Rules and Regulations, which act like the laws that Congress Pass. Our Committee's act like Congress making our rules & regulations. If there is a need to change, add, or delete any rules and/or regulations, the Committees recommend to the HOA BOD the needed changes. The BOD considers the changes and then votes to make the changes or not.

Copies of the CCR's and the Rules & Regulations are given to everyone who purchases a home in Desert Greens. Copies of these governing documents, (CCR's & Rules & Regs) as well as meeting minutes, financial report, and yearly audit are available on the community website here:

<https://desertgreenscommunity.org/>

Next month I will discuss the Communities Committee's and their responsibilities. Committees are very important to an HOA, they are the lifeblood that makes a Community thrive or just survive.

Jerry Nation
408 Brentwood Dr
BOD Member at Large

Splinters from the Bench – March, 2019

MARCH SCHEDULES:

All League Golf Starting Times 10:00 AM

Men's League Golf - (Tues & Fri)

Women's League Golf - (Mon & Thur)

Mixed Scrambles - (Saturday)

Mixed League Golf - (Sunday)

Mixed League Golf - (2nd Friday of the month) - alternate format

Next Golf Committee Meeting – Friday, March 15th at 1:00pm (after golf).



Our Club Championship is coming up. It will be a 3-day stroke play format with a maximum of 8 per hole instead of 6, which is the same as last year with the only difference being three days instead of two. There are flyers posted at the clubhouse along with a signup sheet. You must have a valid Desert Greens handicap to participate. Here are the dates:

- Men - Friday 3/15, Wednesday 3/20, Friday 3/22
- Ladies - Monday 3/11, Thursday 3/14, Monday 3/18.

Congratulations to Bob Jacob who had a hole-in-one on #18 hole on February 12th.

TIPS AND TALES FROM THE TEE:

- Don't ever ask Mac O'Grady to keep your score. He made so many errors on Paul Azinger's scorecard at the 1997 Buick Classic that Azinger became distracted trying to make the proper corrections (all six of them). As a result, Azinger simply forgot to sign his card and was disqualified.
- Don January set the unofficial record for loitering on a green at the final hole of the 1963 Phoenix Open when he waited a full seven minutes, hoping his teetering ball would drop into the cup. The ball never fell. Instead, the January Rule arose, stating that a player has 10 seconds to tap his ball or face a penalty stroke.

That's all for this month. Let me know if you have any suggestions or news for the next golf meeting or future newsletters.

Ralph Roque

Fitness Room – March, 2019

Plan your workout

First know what's changing, some parts of our bodies are more injury prone as we get older. These include the Achilles tendon (at the back of the leg, near the heel), shoulders, and fascia (the connective tissue most of us don't think about until we develop a painful condition like plantar fasciitis.) Staying active is a common prescription for reducing or avoiding age-related conditions such as high blood pressure, high blood sugar, and bone density loss.



Suit up

You don't need to deck yourself out in this season's fitness wear to get a good workout, but a few things are crucial. The right shoes for your activity will absorb impact, reduce joint strain, and help you maintain stability. The American Heart Association says walkers should replace their shoes every 300 to 500 miles for injury prevention.

You need clothing that allows you to stay warm or cool as needed. If you exercise near roadways, day or night, they recommend clothing and shoes with reflective fabrics to make you more visible to drivers.

Push through or rest?

Older exercisers are prone to more severe muscle tears than younger people, and older people take longer to heal because their bodies just don't operate as efficiently as when we were young. The American Academy of Orthopedic Surgeons recommends taking pain as your cue to rest, even if you could have pushed through 10 or 20 years ago. They also suggest that you switch things up and doing more than one type of exercise to reduce the risk of overuse injuries.

Step things up slowly

Once you've got a routine, advice, and equipment that work for you, remember that slow and steady wins the injury-free race. Follow the 10% Rule and increase your workout intensity or duration by no more than 10% per week. That approach allows you to build strength and endurance while avoiding overuse injuries.

Bob Jacobs

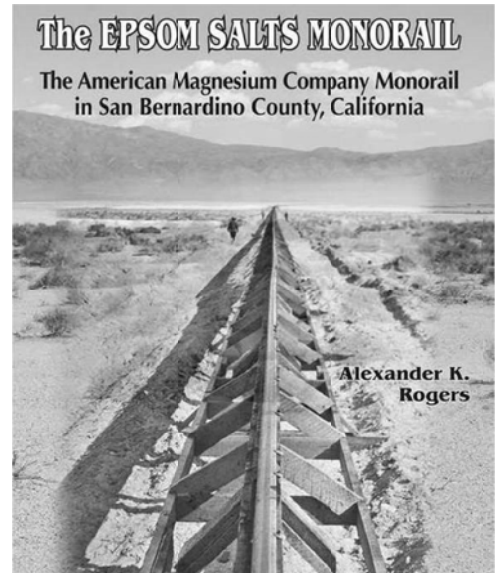
Trip of the Month

Epsom Salt Monorail, California

First off, I want to state that this is not a hike or even a place to visit because the majority of the monorail route is on the restricted China Lake Naval Air Weapons Station outside of Ridgecrest, California. I just think the history of this endeavor is VERY INTERESTING. That being said, I did hike out to the Epsom mine itself which was right on the border of the China Lake Naval Air Weapons Station (the mine, however, is just inside the Death Valley National Park). And the drive out there was on a bad 40 mile dirt road, and then I had to park and hike the rest of the way to the mine. The hike was long plus there wasn't much left of the mine to see and talk about being REMOTE this place was just that REMOTE.

To summarize, this was a short-lived monorail in San Bernardino County that was built to ship Epsom salt from the mine to the rail head outside of Trona, California (28 miles away). It started operations in 1924 and closed down in June, 1926. A brief history of this short lived venture is given below.

It all started when Thomas Wright, a florist from Los Angeles, wanted to become a prospector. In 1919 he discovered a rich lode of magnesium sulfate commonly known as Epsom salt and then proceeded to find investors. Shipping the ore to the refiner became a problem, since the mine was in a very remote area in the California desert. Building a narrow gauge railway line was considered to be too expensive and shipping the ore by truck was not the answer since there were no actual roads in this area, so he decided to build a monorail on wooden trestles.



NOTE: Monorails were becoming very popular in Europe during the early 1900's and utilizing such a transportation system for this isolated mine seemed like an ideal solution.

This wild idea was so widely publicized that investors were eager to sink money into it, over \$200,000 to be exact. They founded the American Magnesium Company to construct the monorail track, and construction began in 1922 for the 28-mile-long track. The monorail was completed and inaugurated in 1924. The route crossed Searle's Dry Lake and had to climb two grades, one thru Layton Canyon (7% grade) and one thru Wingate Pass (10-12% grade). This route would not allow for a normal railroad due to the roller coaster nature of the topography.

NOTE: To date, this was the longest monorail ever built in the United States.

The mine employed 12-15 workers during the 2 short years of its operation. Epsom Salt could initially be scraped from the surface using gardener's tools, but the high quality minerals were quickly depleted. The return on investment was hampered by the high transportation cost and the high maintenance cost of the monorail. The first locomotive was battery operated, but it was not powerful enough to pull the loaded cars. Therefore, seven conventional Fordson tractors and one Duda tractor were modified to build articulated monorail locomotives. Brakes were only installed on the locomotives, which needless to say caused recurring problems and a very scary ride for the operator. However, they simply did not build the monorail track framing strong enough to handle the heavy loads of the ore and the new engines, and I'm sure the cost of building stronger framing had everything to do with that decision. The mine was closed in 1926 as no buyers could be found to take over the operations and only a small percentage of the initial investments could be recouped during the liquidation of the company. Mr. Wright returned to something at which he knew he could succeed at - selling flowers.

Sadly the monorail was disassembled for scrap in the late 1930's.

In conclusion, if you want to know more on this subject, there is a VERY INTERESTING book called "The Epsom Salt Monorail" shown in the picture above which has dozens of great old photos from the 1920's of the monorail and a complete history of this project. It can be purchased from the Maturango Museum, 100 East Las Flores Ave., Ridgecrest, CA. 93555, phone number 760-375-6900.

Bob Jacobs