

Desert Greens HOA Office: 775-751-9006 (M-Th 9-1) Email: [desertgreenshoa@gmail.com](mailto:desertgreenshoa@gmail.com)  
Desert Greens Website: <http://www.desertgreenscommunity.org>



## Senior Moments

October, 2019

Please have all articles to me for next month's newsletter by Thursday, October 24.  
Dee Clarke [DeeClarke11@gmail.com](mailto:DeeClarke11@gmail.com) 702-870-8702



Fall is here with cooler days and nights. A nice relief from the 100-degree days we've had. Our pool and spa will be closed the 1st week of October. I realize there has been a lot of problems with both this past summer. It is like the rest of us, getting older. Things will be done in the off season and spring to make a better experience. Thanks for your patience.

Speeding is still an issue. Many residents and guests still disregard the speed rules. As always, I ask everyone to slow down and stop at stop signs. Desert Greens must remain a safe place for walkers, bicycles, and cars. There are two large stop signs at front gate. STOP...look...then proceed when safe.

**SEEK SAFETY,  
AIM SAFETY,  
FOLLOW SAFETY,  
ENSURE SAFETY,  
TEACH SAFETY,  
YIELD SAFETY.**



Election of HOA Board members is coming soon. Applications are available in the office during office hours. Only land owners in good standing may run or vote in this election.

We have a new security camera system. We now have more and clearer coverage of clubhouse and surrounding areas. The entire clubhouse, patio, pool, front gate and parking lot are now being recorded for your safety.

Thanks for your support

## Buzz and the HOA Board

## Desert Greens Champions Tournaments

This is your time to SHINE!!!!!!!

You may participate in any or all of the following EVENTS!



- Oct 4th and 18th --- PINOCHLE --- 6 PM Fridays
- Oct 6th and 20th --- HEARTS --- 4 PM Sundays
- Oct 7th and 14th --- HAND AND FOOT --- 6 PM Mondays
- Oct 8th and 22nd --- MEXICAN TRAIN --- 1 PM Tuesdays
- Oct 9th and 16th --- WASHER TOSS --- 1 PM Wednesdays
- Oct 10th and 17th --- SIXTY - FIVE --- 6 PM Thursdays
- Oct 15th and 22nd --- 9 BALL POOL --- 3PM Tuesdays
- Oct 17th --- HORSE SHOES --- 1PM Thursday
- Oct 18th --- CHECKERS --- 1PM Friday

Most events are two sessions. Playing in one session is OK, but you won't qualify for the overall championship. We ask that you sign up in the club house if possible. Last minute walk ins will mostly be OK.

There will be prizes for all events. Awards and prizes will be given out at the Halloween Pot Luck.

**Ken Booth, Nancy Suter, and Marlene Hargis**

## Activities Committee

Summer is coming to a close, and the "Snowbirds" are starting to return to Desert Greens, which means that the activity schedule will start growing again.

The Labor Day BBQ was well attended and everyone had a great time. Good job guys.

Starting in October, the normal schedule of events will start up again, such as the Hold'em and Pinochle tournaments.

This year, October has been designated **Champions** month. Games will be Washer Toss, Pinochle, 9-Ball Pool, Hearts, Horseshoes, Sixty-five, Checkers, Hand and Foot, Mexican Train. Each game will be played at its normal time and the competition will be for two days and scores will be cumulative. Participants must compete both days to earn an award. Awards will be handed out at the Halloween potluck October 31. The instigators of this event are Ken Booth, Nancy Suter, and Marlene Hargis.

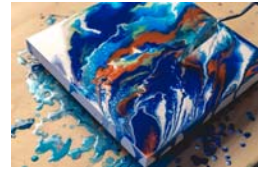


Floyd's Pancake Breakfast returns on Saturday, October 5. Then on Saturday, October 26, Floyd will be serving his Pasta Dinner. Sign-up sheets will be in the clubhouse for each event. These are always popular and well-attended.



The Ladies Gathering hosted by Suzanne Hill will meet on Wednesdays, October 9 and 23. October 9 will meet in the card room at the normal time of 10:30. The October 23 meeting will meet at 10:00 and feature a drive to Ash Meadows followed by a lunch.

Carol McGovern is offering a “Pour Paint” event on Wednesday, October 23. This promises to be a lot of fun and a different approach to art. The cost will be \$10.00. Contact Carol (775-727-7384) for more information. There have already been several sign-ups, so don't wait too long.



Also on Wednesday, October 23 is the monthly Coffee Hour at 9:00 am followed by the Activities meeting. Everyone is encouraged to attend and see what's happening. The coffee time and activities meeting will also serve as a welcome to all new residents and a welcome back to snowbirds. Everyone is encouraged to stop in around 9:00 am to meet their new and returning neighbors.

The Halloween potluck on Thursday, October 31, will also include a Pumpkin Carving/Decorating contest and a costume contest.

**Note...clothing is mandatory, costumes are optional.** As mentioned before, the *Champions* awards will also be presented at this event.

A recap of the October events:

- Oct 5<sup>th</sup> ~ Floyd's Pancake Breakfast starting at 9:00 am. Cost is \$3.50.
- Oct 23<sup>rd</sup> ~ Coffee hour starting at 9:00 am hosted by Evie followed by Activities meeting
- Oct 23<sup>rd</sup> ~ “Pour Paint” art at 1:00 pm led by Carol McGovern. Cost is \$10.00.
- Oct 26<sup>th</sup> ~ Floyd's Pasta Dinner. Cocktails at 5:00 and the meal at 6:00. Cost is \$7.00.
- Oct 31<sup>st</sup> ~ Halloween potluck hosted by Marietta. Cocktails at 5:00, meal at 6:00.

## Halloween Pumpkin Decorating/Carving Contest



**Bring your finished pumpkin to the clubhouse Wednesday, October 30th.**

**We will judge the pumpkins at the Halloween Party on the 31st.**

**You must be present at the party to win prizes!**

**It would be lovely if you wear a costume, but not required.**



Looking ahead to November, the Desert Greens Craft Fair will be Saturday, November 9. This is a very popular event in the Pahrump community and table space is already sold out. As usual, set-up will be on Friday before the event. Decorating the clubhouse for Christmas will be Tuesday, November 26 at 10:00.

We are always looking for exciting things to do here, so please come to our meetings and offer your suggestions. The committee is really everyone here at Desert Greens, so come on down and join the fun!!

Finally, from time-to-time, we send out emails to Desert Greens residents alerting them of some activity or event. If you wish to have your e-mail address added to the list, there is a sheet in the clubhouse, or email Stu at [stu1942egerton@gmail.com](mailto:stu1942egerton@gmail.com).

**Stu Egerton - Co-chair of Activities Committee**

## Splinters from the Bench – October, 2019

### OCTOBER SCHEDULES:

All League Golf Starting Times 9:00 AM

Men's League Golf - (Tues & Fri)

Women's League Golf - (Mon & Thur)

Mixed Scrambles - (Saturday)

Mixed League Golf - (Sunday)

Mixed League Golf - (2nd Friday of the month) - alternate format

Next Golf Committee Meeting – Friday, October 18th at 11:30am  
(after golf).



The Halloween tournament will be a scramble format with teams of 3 or 4. Look for a sign-up sheet and a flier with details as we get closer to the 31st.

Just a reminder of the things that all golfers are expected to do while playing or practicing:

- Repair all divots by either replacing turf or using the sand mixture available near all tees.
- Rake the bunker when you are done.
- Fix ball marks on the green and also any mark left by laying your chipping club on the green.
- Also, as a reminder, please read "Hitting House" under Golf Regulations on the website.

### TIPS AND TALES FROM THE TEE:

While vacationing in Bermuda, Babe Ruth jumped at a chance to play on C. B. MacDonald's wonderfully designed Mid-Ocean Club course. When he approached the elevated tee on the 370-yard 5th hole, Ruth asked for a driver. Being familiar with the course, his caddie suggested Ruth take the lake out of play and layup. Ruth demanded the driver, saying, "I could throw it on the green from here." After sinking 15 balls in the water, Ruth snapped his driver over his knee and stormed back to the clubhouse.

A schoolteacher was taking her first golfing lesson when she asked the instructor "Is the word spelled p-u-t or p-u-t-t?" "P-u-t-t is correct," he replied. "Put means to place a thing where you want it. Putt means merely a vain attempt to do the same thing."

That's all for this month. Let me know if you have any suggestions for the next golf meeting or future newsletters.

**Ralph Roque**

## Ladies' Gathering at Desert Greens

Wednesday, October 9<sup>th</sup> - 10:30 Am – 11:30 Am  
Club House Card Room. Gather to Hear of Another  
Fabulous Woman Herstory!



Wednesday, October 23<sup>rd</sup> - 10 Am - Meet At Club House for *Intro To Ash Meadows*.  
At 10:30 *Carpool* to Ash Meadows National Wildlife Refuge with Lunch Following @ Noon  
Ash Meadows is 30 Miles One Way, So Plan to Be Gone til About 2 Pm. See their Brand-New Visitor  
Center With Exhibits And Easy Access For Activities - Worth Seeing!

For More Information Contact: Suzanne Hill Cell: 253-653-0684  
Email: [Suzehill77@gmail.Com](mailto:Suzehill77@gmail.com)

## Desert Greens Craft Fair



Plans for our Craft Fair on Saturday, November 9, are underway. We will be setting up the tables and chairs at 11:00 on Friday, November 8. (NO CRAFTERS until 1:00 please!) This year, there will be no Patio Cafe or Bake Sale due to the County Board of Health requiring Cottage Food Permits for all individuals that prepare the food and bake goods. We cannot get a Permit for our kitchen because it is not equipped with commercial grade appliances, triple kitchen sinks, commercial dish washer and various other things. We will be collecting items for the Community Table. If you have items, please contact Judy Becker at 517) 474-7006. (NO CLOTHING). If you have any questions, please call Judy Mouer at 775) 910-1873.

## September Pinochle Tournament Results



### September 6th Results:

- 1st Place - Michael Bonomi 634
- 2nd Place - Marion Doy 619
- 3rd Place - Mike Nelson 560
- 4th Place - Anna Turner 550

### September 20th Results:

- 1st Place - Anna Turner 577
- 2nd Place - Chuck Clark 570
- 3rd Place - Michael Bonomi 527
- 4th Place - Willie Borsellino 498

**Special Note:** October is Champion Tournament Month.  
Regular Tournaments on October 4th and 18th, which will then be  
combined resulting in the Desert Greens Pinochle Champion!!!!!!

The Champion will receive their reward at the October Halloween Pot Luck.  
See you then.

**POC: Ken Booth**

## Fitness Room – October, 2019

**Note:** Just a reminder for those out and about Desert Greens after dark either walking or riding a bike...Please wear light colored clothing and/or carry a flashlight so drivers can see you. Or better yet, wear a reflecting vest (one can be purchased for about five bucks). As we all know, there are places in this park that are really dark.



### What happens to flexibility as we age?

You guessed it...it decreases. The good news is that some studies, but not all, show improvements in function when individuals engage in exercise programs that involve stretching exercises.

Unfortunately, the studies on flexibility in the aging population aren't as complete as they are for studies of strength and endurance, but the studies do suggest that significant improvements in the range of motion of various joints (neck, shoulder, elbow, wrist, hip, knee, and ankle) can occur when stretching exercises are prescribed. It's just that it isn't clear how much flexibility training older adults should do to maintain good range of motion, function, and health.

### What happens to balance as we age?



Balance decreases as we age, and consequently, falling is a major problem as a result. According to the U.S. Centers for Disease Control and Prevention (CDC), one of every three Americans over the age of 65 falls each year, and among individuals 65-84, falls account for 87% of all fractures and are the second leading cause of spinal cord and brain injury. The good news is that physical activity can improve balance and

reduce the risk of falling. The results of a study of 256 older adults (70 to 92 years of age, average age 77) who participated in tai chi for six months found that there were 52% fewer falls in the individuals who did tai chi compared to those who didn't, and there were fewer falls overall among the individuals who did tai chi compared to those who didn't (28% versus 46%).

In an even more convincing study called a meta-analysis, where researchers combine the results of many studies on the same subject, it was reported that muscle strengthening and balance retraining exercises in 1,016 older men and women (ages 65 to 97) reduced the risk of falls and fall injuries by as much as 35%-45%.

One of the important conclusions of the research is that it's important to select balance-training exercises that are specific to activities that you do during the day. For instance, you might want to do balance exercises on one leg that mimic the act of walking if you are unsteady while you walk (when you walk, one leg is in the air). Tai chi is excellent for this because it involves slow, coordinated movements, and is particularly beneficial for balance since you lift one leg frequently while doing it.

## Bob Jacobs



**Editor Note:** A special thank you to Bob Jacobs for submitting his articles on fitness and interesting day trips over the years. He will no longer be submitting articles after this month. I have appreciated his timeliness and interesting submissions. **Dee Clarke**

## Day Trip of the Month

### Western Talc Mine, Tecopa, California

This mine was one of the largest talc operations in San Bernardino County, California. Next to borax, some of the biggest bonanzas in the Death Valley region were in ordinary white talc. This humble mineral, in addition to being the basis of baby powder, is used in the manufacture of paint, soaps and detergents, plastic, paper, cosmetics, pharmaceuticals and many other products.

There is a huge exposed belt of this mineral in the vicinity of southern Death Valley, stretching for 60 miles from the Panamint Mountains on the west to the Silurian Hills on the east.

**NOTE:** Talc (Soapstone is a form of Talc) is a clay mineral composed of hydrated magnesium silicate. Talc in powdered form, often in combination with corn starch, is a widely used substance known as baby powder. One particular issue with commercial use of talc is its frequent co-location in underground deposits with asbestos ore which is why talc has been strictly controlled since 1976. Asbestos is a general term for different types of fibrous silicate minerals.

The first big talc strike in this area was the Western Talc Mine, developed in 1912 by Lycurgus Lindsay, the self-proclaimed "Talc King." He was seeking the mineral to use in his two large pottery businesses, which made wall tile and sewer pipe, respectively. He had originally made his fortune by speculating in Mexican copper mines, and was always on the lookout for new sources of talc and clay. Lindsay bought a group of claims known simply as the Talc Mine in 1909. The deposits had been discovered a year earlier by the owner of the nearby China Ranch and his two partners. By 1912 he was hauling about a wagonload of talc a day to the Tonopah & Tidewater Railroad for shipment to his pottery works.

Shipments that first year amounted to less than 1,000 tons worth approximately \$10 a ton, but the output grew steadily, reaching 5,000 tons at \$15 a ton in 1915. He vigorously expanded the mine, producing 12,000 tons in 1920, and by the end of that year had taken out roughly \$500,000 in talc. The mine boomed, but the Talc King was in deep financial troubles. He had expanded too quickly and overextended his credit, and in 1921 the business went belly-up, even though talc shipments continued under a new owner. In 1928 the mine again changed hands, and eventually produced more than 300,000 tons of high-grade talc worth several million dollars. This mine had been in operation (intermittently) up until 1972.

To get to the Western Talc Mine follow the signs from Shoshone, California to the China Ranch Date Farm and before you get to the Date Farm at the intersection of the China Ranch Road and the Furnace Creek Road proceed straight on the Furnace Creek Road (this road was once paved but now it's mostly dirt). Travel 5.6 miles and turn right on the Western Talc Road and the mine diggings start in about 2.7 miles and continue until the road dead ends at 4.8 miles. A high clearance vehicle is required to get to this location.

### Bob Jacobs



**Some of the Talc workings at the Western Talc Mine**





**More Talc workings (there are pockets of exposed Talc everywhere)**



**Loading Bins that were used to store different grades (purity) of T**