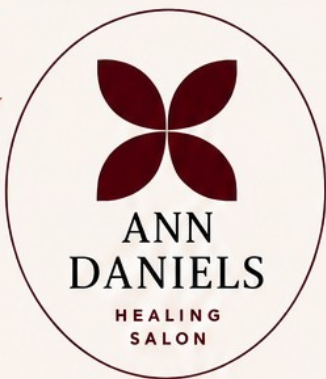




MASSAGE SERVICES



Relax. Restore. Heal.



RELAXATION MASSAGE

A calming, customized massage designed to reduce stress, ease muscle tension, improve circulation, and promote overall wellness.

PRICING

30 MINUTES	—	\$40
60 MINUTES	—	\$75
90 MINUTES	—	\$115



RELAXATION MASSAGE ENHANCEMENTS

The following enhancements are available only when added to a Relaxation Massage.



TARGETED THERAPEUTIC ENHANCEMENT \$30

Provides focused therapeutic work on one or two problem areas using techniques such as deep tissue, trigger point therapy, stretching, or myofascial release to help relieve pain, reduce muscle tension, improve mobility, and support recovery.



CUPPING THERAPY \$15

Helps improve circulation, release muscle tension, reduce inflammation, and promote overall relaxation.



HEATED MUSCLE SCRAPING \$15

Uses a heated, vibrating muscle scraping tool to help release fascial restrictions, reduce muscle tension, improve circulation, and promote greater mobility.



TARGETED HOT STONE (ONE AREA) \$10

Targeted heated stones applied to one area of the body to help relax tight muscles, improve circulation, and enhance relaxation.



CBD RELIEF \$5

Enhance your massage with CBD-infused lotion to help soothe sore muscles, reduce inflammation, and encourage deep relaxation.



Please let your therapist know if you have any questions about these enhancements before your session.



THERAPEUTIC MASSAGE

Designed for clients experiencing chronic muscle tension, pain, restricted movement, or persistent discomfort. This focused treatment uses therapeutic and deep tissue techniques as needed to relieve tension, improve mobility, and support recovery.

Each session is customized to your individual treatment goals.

PRICING

30 MINUTES — **\$60**

Perfect for targeted relief in one or two problem areas, such as the back, neck and shoulders, hips, or legs.

60 MINUTES — **\$112**

A comprehensive treatment to address multiple areas of tension and discomfort.



90-minute therapeutic sessions are not currently offered.



HOT STONE MASSAGE



TARGETED HOT STONE MASSAGE

Perfect for clients wanting concentrated relief in one or two problem areas, such as the back, neck and shoulders, hips, or legs.

30 MINUTES — **\$60**



FULL BODY HOT STONE MASSAGE

A luxurious full-body massage using heated basalt stones to encourage deep muscle relaxation, improve circulation, and promote total-body wellness.

60 MINUTES — **\$100**

Thank you!



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