



UNIFORM MAINTENANCE INSTRUCTIONS

CAP - Your cap should be cleaned with a soft brush, warm or hot water and detergent such as Ajax, Comet or dish soap. Liquid shoe polish should not be used as it runs when it rains. After your cap is clean it should be placed in a bag and stored where it won't get crushed. The top of a closet is a good place.

Note: Your shirt and trousers should be washed in warm or cold water and can be washed with all dark clothes when a laundry is done. They can be machine dried and then both need to be pressed.

TROUSERS - Turn inside out and press with a damp lint-free cloth over the seams. **DO NOT** put a crease down the front of your trousers. In most cases each side must be done separately, as the seams at the sides do not usually line up. When finished leave them inside out and place on a pant hanger or a hanger that will not leave a crease through the middle.

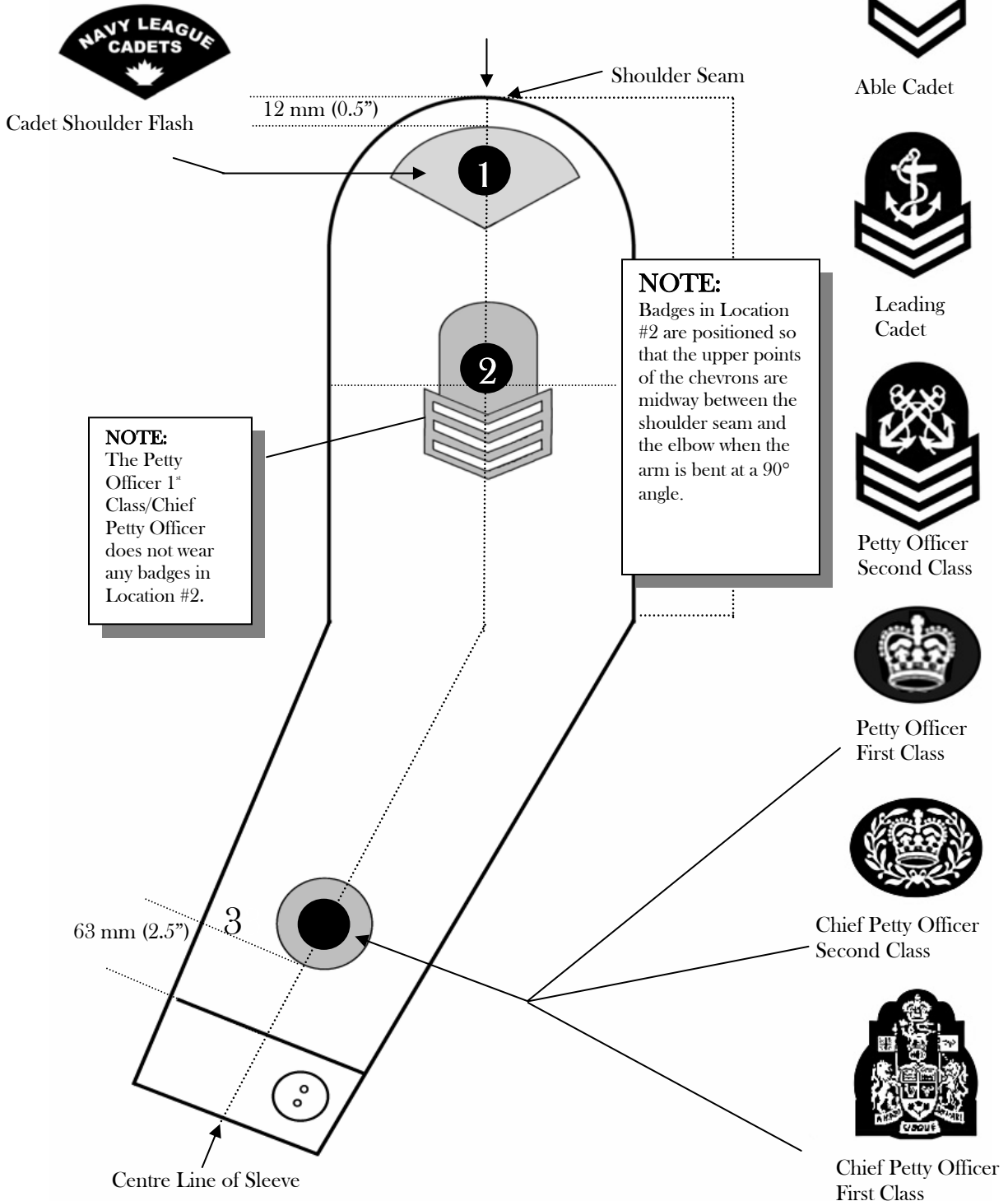
SHIRT - If you iron your shirt on a high temperature inside out (all except the sleeves) it will come out nicely. For the sleeves, place them on the ironing board with the seam to one side. Iron each sleeve flat and ensure that **there are no creases**. The sleeve will have to be rolled on the board in order to ensure that the entire sleeve has been pressed. Make sure no threads (Irish pennants) are sticking out. If so, clip them off with a pair of scissors. Press your collar, epaulettes, and cuffs.

WEB BELT - Remove the buckles and wash in hot soapy water. If the belt is extremely dirty, (it shouldn't be if it is being cleaned regularly) you may wash it using bleach. **Ask an adult to help you.**

LANYARD - Made of cotton, it is machine washable **DO NOT DRY IT IN A DRYER**. To dry, place some tape on a nail somewhere so rust will not get on the lanyard and then tie a shoe to the other end for weight. If it is done this way it will look new for years. It is worn around your neck, through the epaulets with the knot at the second button, looped at the fourth button and the remainder tucked neatly in the left breast pocket.

BOOTS - Place a **LIGHT** coat of black shoe polish (**Kiwi** works best) on the boots let it dry for 15 to 20 minutes, then using cold-water rub in small circles until a shine can be seen. When finished the boots can be buffed with an old nylon. Do not use a shoe brush, it works fine for normal shoes, however, it is next to impossible to get a high gloss shine using a brush. Your boots should be polished after every time you wear them. When finished put them in a place where they will not get scuffed.

LEFT SLEEVE



RIGHT SLEEVE

Centre Line of Sleeve

Shoulder Seam



Cadet Shoulder Flash



Regulation Badge



Communicator Badge



Bandsman Badge



Gunnery Badge



Boatswain Badge

NOTE:

Badges worn in location #5 are Trade/Appointment only. The badge should be positioned so that the centre of the badge is midway between the shoulder seam and the elbow when the arm is bent at a 90° angle.

NOTE:

Badge Location #6 to be used ONLY if #7 is used.

NOTE:

Badges worn in location #8 are skill badges only. Positioned so that two badges may be placed on the outside of the sleeve, bottom touching the upper edge of the cuff. The centre line of the sleeve should split the badges with 1/2 cm space to each side.



Cadet Merit Badge



Navy League First Aid Badge



First Aid Badge (other)



Marksman Badge



Boatwork Badge



Sailing Badge



Semaphore Badge



Use a pencil to match the name of the badge with its picture



Regulator Badge



Communicator Badge



Bandsman Badge



Gunnery Badge



Boatswain Badge



Marksman Badge



Boatwork Badge



Cadet Merit Badge



Navy League First Aid Badge



Sailing Badge



Semaphore Badge



Wearing and Maintenance of Uniform Word Search

H	S	U	R	B	L	E	S	T	O	O	B
A	V	B	J	Q	S	M	E	R	I	T	S
I	B	J	J	I	H	H	B	A	N	R	B
B	O	A	T	S	W	A	I	N	E	M	O
H	B	N	Z	D	O	D	S	S	A	G	A
S	A	O	N	E	E	A	U	R	L	U	T
I	D	R	E	F	I	O	K	T	A	N	W
L	G	I	F	L	R	S	R	B	N	N	O
O	E	U	I	T	M	I	C	E	Y	E	R
P	C	N	D	A	H	F	A	L	A	R	K
S	G	G	N	S	P	T	P	T	R	Y	R
E	R	O	H	P	A	M	E	S	D	Z	H

BADGE
BOATWORK
CAP
LANYARD
POLISH
SEMAPHORE

BELT
BOOTS
GUNNERY
MARKSMAN
SAILING
SHIRT

BOATSWAIN
BRUSH
IRON
MERIT
SCUFFED
TROUSERS