



2022-23 SOCCER RULES POWERPOINT

National Federation of State
High School Associations



- Rules Changes
- Major Editorial Changes
- Points of Emphasis

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2022-2023 NFHS SOCCER RULES CHANGES





OTHER EQUIPMENT 4-2-2

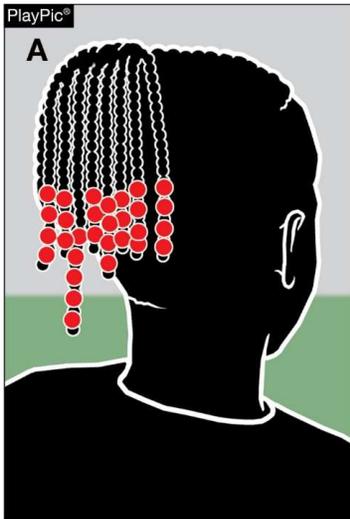
Hair control devices and other adornments worn in the hair must meet the following criteria:

- Be securely fastened to the head.
- Do not present an increased risk to the player, teammates or opponent.
- This change promotes the inclusion of participants based on their cultural and religious beliefs.

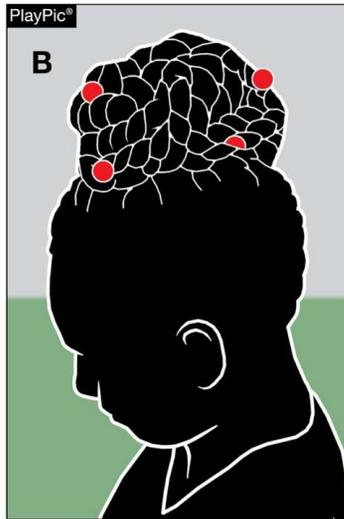


OTHER EQUIPMENT

4-2-2



Illegal



Legal



Illegal



Legal

In PlayPics A and C, the beads worn by each player are not securely fastened to the head. In PlayPic B and D, the beads worn are securely fastened to the head.





OTHER EQUIPMENT

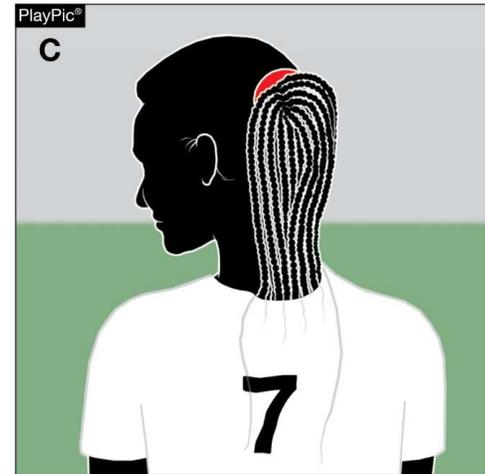
4-2-2



Illegal



Legal

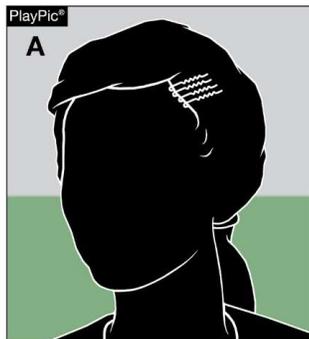


Legal

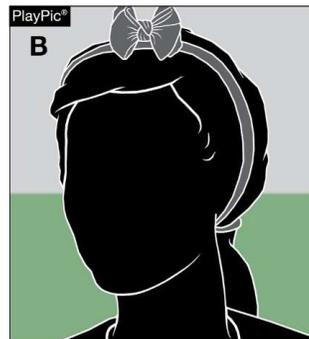
- In PlayPics A, the player cannot participate with the hair adornments worn in the current position since the adornments are not securely fastened to the head. Play Pics B and C are options to make legal.



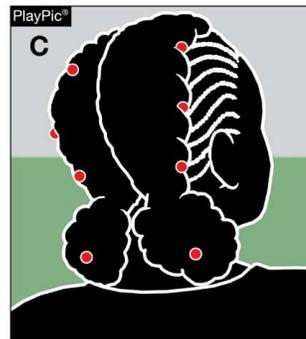
OTHER EQUIPMENT 4-2-2



Legal



Legal



Legal



Legal



Illegal

- In PlayPics A, B, C and D, the hair control devices worn are securely fastened and are legal.
- In PlayPic E, the hair control device is illegal as it is not securely fastened to the head.

EQUIPMENT AND ACCESSORIES

4-1-6a



- Hair charms are considered jewelry and per rule 4-1-7 would **not** be permitted.

SUSPENDED GAME 7-1-3



- State associations may adopt game-ending procedures for suspended game.
- Unless set forth by state association adoption, unless tied, it is an official game if one complete half or more of the game has been played.
- State association procedures also govern games in which one complete half has not been completed

GOALS

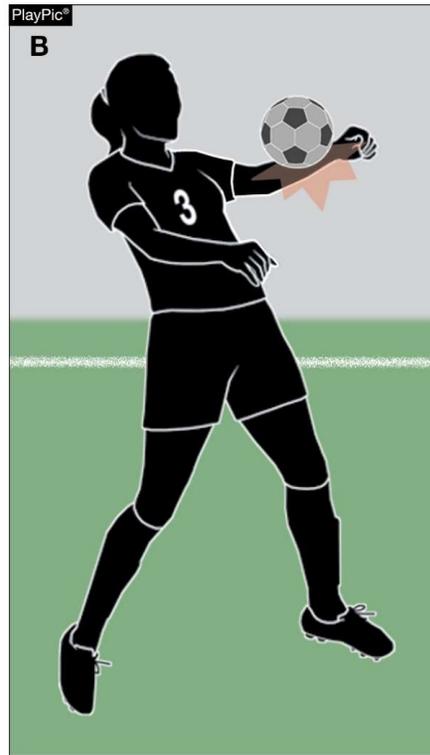
10-1-2f, 10-1-3h NEW



- A goal may not be scored directly from a goalkeeper's throw into the opponent's goal.
- A goal may be scored for the opponents when a goalkeeper throws the ball into the team's own goal.



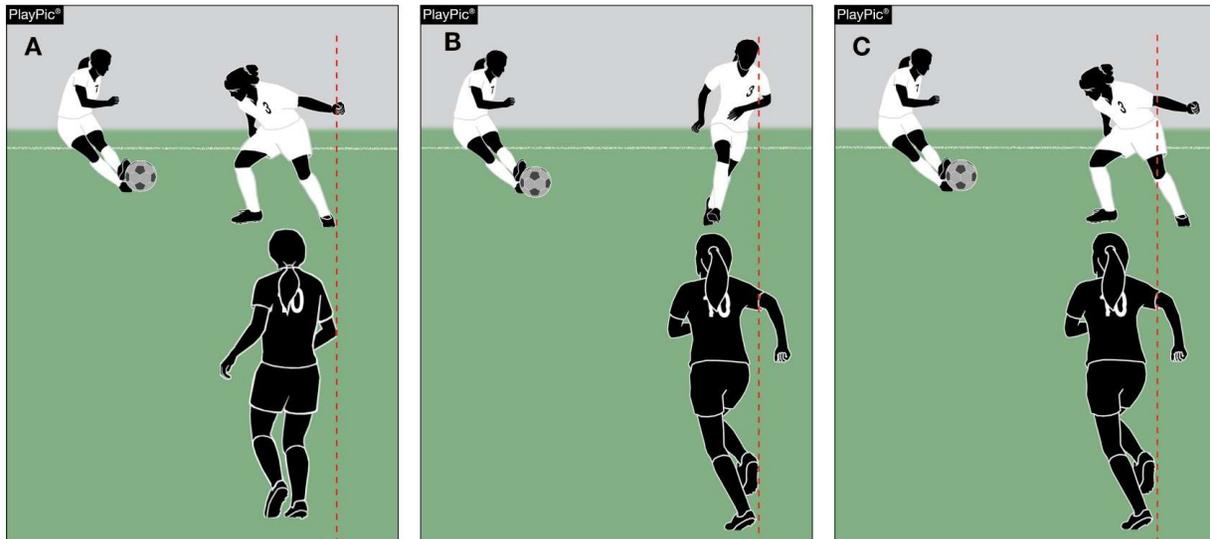
HANDLING 12-2



For the purposes of determining handling offences, the upper boundary of the arm is in line with the bottom of the armpit.

OFFSIDE DEFINITIONS OF PLAYING TERMS

11-1-1, 18-1-1s



- In PlayPic A, offside is judged by the upper boundary of #10's arm — in line with the bottom of the armpit compared to #3 of the attacking team. **#3 of the attacking team is not offside.**
- In PlayPic B, even though #10's right arm is beyond #3's left shoulder, **#3 is offside.** The position of the hand/lower arm is not considered when determining offside.
- In PlayPic C, even though part of #10's hand/lower arm is beyond #3's left leg, **#3 is offside.**

For the purposes of determining offside, the upper boundary of the arm is in line with the bottom of the armpit.





PENALTY KICK 14-1 PENALTY

Penalty Kick Situations

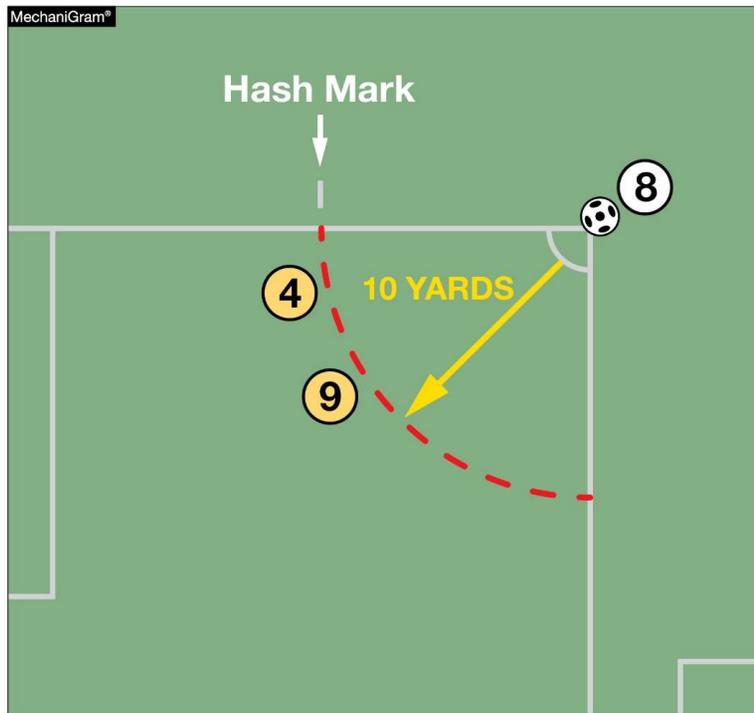
Result of Penalty Kick	No Violation	Violation by Attacking Team Only	Violation by Defense Only	Violation by Both
Enters Goal	Goal	Retake	Goal	Retake
Goes Directly Out of Bounds	Goalkick	Goalkick	Retake	Retake
Rebounds into Play From Goal/ Goalkeeper	Play Continues	Indirect Free Kick	Retake	Retake
Saved and Held by Goalkeeper	Play Continues	Play Continues	Rekick	Retake
Deflected Out of Bounds by Goalkeeper	Corner Kick	Indirect Free Kick	Retake	Retake
Ball not Kicked Forward	Indirect Free Kick for Defending Team			

- When the ball is not kicked forward on a penalty kick, the defending team is now awarded an indirect free kick. The penalty kick is no longer retaken in this instance.
- Additionally, language changes were made to the Penalty Kick Situations Chart to more accurately describe a kick taken again as a Retake.





CORNER KICK 17-1-2, 17-1-3



- Players of the defending team shall be at least 10 yards from the corner arc circle until the ball has been kicked.
- The distance is now measured from the corner arc instead of the ball.

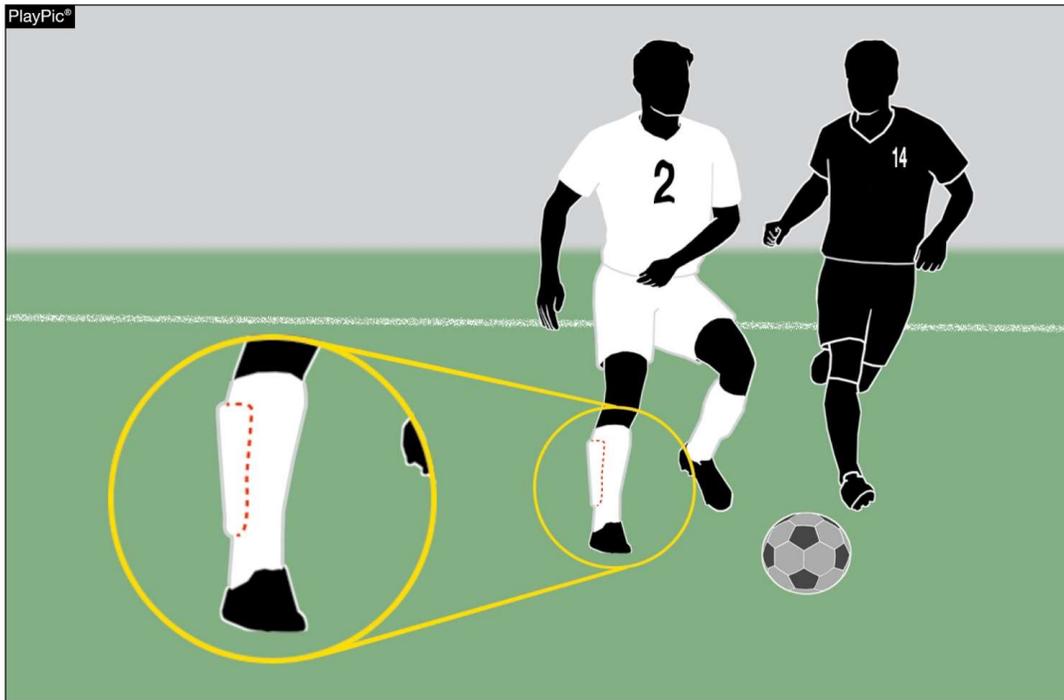


2022-2023 NFHS SOCCER EDITORIAL CHANGES



REQUIRED EQUIPMENT

4-1-1



4-1-1 was reorganized to assist with easier flow and understanding.

Shinguards must:

- Provide adequate and reasonable protection.
- Be professionally manufactured.
- Be age and size-appropriate.
- Not be altered to decrease protection.
- Be worn under the socks and worn with the bottom edge no higher than 2 inches about the ankle.
- Meet the NOCSAE standards at the time of manufacture.
- Additionally, shinguards must be worn properly.

REQUIRED EQUIPMENT 4-1-1 (SOCKS)

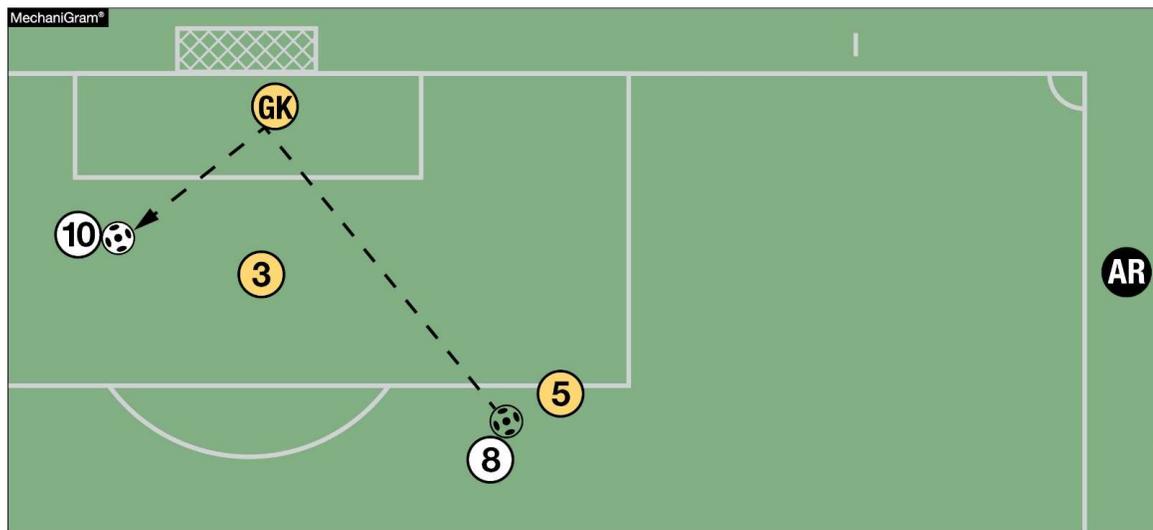


- Teammates shall wear the same-colored socks.
- Visiting team players wear solid white socks
- Home team players wear socks of a single dominant color, but not necessarily the color of the jersey.
- If tape or a similar material (stays/straps) is applied externally to the socks, it must be of similar color as that part of the sock to which it is applied.
- If sock is modified by cutting off the foot of the sock, then any visible material worn under the sock and above the ankle must be of similar color to the predominant color of the sock.



OFFSIDE 11-1-4b

11-1-4b was revised to clarify that offside shall be ruled if the player is gaining an advantage by being in an offside position.



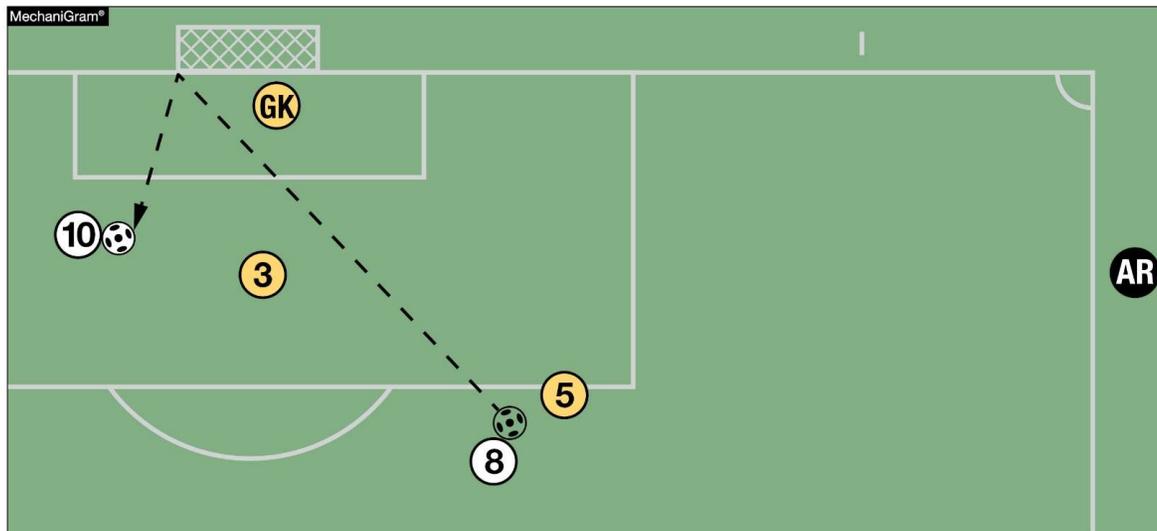
In this MechaniGram, **A10 is offside** since the player is receiving the ball from a deliberate save by the goalkeeper.





OFFSIDE 11-1-4b

11-1-4b was revised to clarify that offside shall be ruled if the player is gaining an advantage by being in an offside position.



In this MechaniGram, **A10 is offside** since the player is gaining an advantage by playing the ball after it hits the post.





POINTS OF EMPHASIS



SPORTSMANSHIP



- The NFHS is concerned that unsporting behavior in education-based athletic has increased across all sports. As a result, the NFHS has made sportsmanship the no. 1 Point of Emphasis for the 2022-23 school year.
- The interscholastic coach is responsible for setting the tone at athletic contests and must act in a sportsmanlike manner.
- If coaches are complaining constantly about the decision of contest officials, spectators are likely to do the same.

SPORTSMANSHIP



- A positive, open line of communication between officials and coaches ultimately leads to better behavior by student-athletes.
- Good sporting behavior is expected before, during and after every contest.

SPORTSMANSHIP



- Contest officials should never engage with spectators who are exhibiting unsporting behavior. Instead, school administration, or in their absence, the home team's head coach is responsible for dealing with unruly spectators.
- The NFHS is concerned about unsporting behavior inhibiting the recruitment and retainment of officials.
- In addition, an environment with demeaning language, taunting and/or hate speech directed at players does not further the mission of education-based activity programs.

STRATEGIC TIME-WASTING TECHNIQUES

Time-wasting techniques disrupt the flow of the game and allow a team to gain an unfair advantage.

Officials must be aware of these tactics including:

- Goalkeepers holding the ball for longer than 6 seconds before releasing the ball into play.
- Delays on restarts such as free kicks or throw-ins. For example, when players take unnecessary time to set up a free kick or throw-in by re-tying their shoe or adjusting their uniform.
- Team excessively substituting before the 5-minute rule applies.





PENALTY KICK

- A stutter step or a hesitation move is permissible.
- The ball must be kicked forward.
- If the ball is not kicked forward, an indirect free kick is awarded to the defending team from the penalty kick mark.

DISSENT



Rule 12-8-1c defines dissent.

- Expressions of frustration or disappointment or private dissatisfaction not directed at anyone can usually be handled by a verbal warning or private discussion with the player.
- Simply disagreeing with an official's decision isn't always dissent. Several factors to consider in each situation.
- Continual public complaining, prolonged and repeated actions or personally directing comments at the referees must be dealt with.