



# LIDO KEY RESIDENTS ASSOCIATION LIDO KEY MATTERS JANUARY 2018

## Events Calendar

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All Membership Meetings held at Lido Beach Resort 8th floor, 10:00 on the 3rd Saturday of the month:

February 17  
March 17  
April 21

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**"Meet and Greet"**  
**Happy Hours 5-7 pm**

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February 13 Kokomos, Holiday Inn  
March 13 Ritz Carlton Beach Club  
April 10 Lido Beach Pavilion  
May 8 Kokomos, Holiday Inn

## President's Letter

Happy New Year to Everyone

It's been a while since I wrote to everyone and the 2018 season is here and in full swing. I hope everyone had a good holiday season. We had the Annual Breakfast Meeting on January 28, 2018 and I am happy to report that it was another extremely successful event with 185 in attendance between the breakfast and meeting.

. Tom Barwin gave us his annual update of projects ongoing and upcoming on Lido Key and the City. A question and answer period followed. The two big issues directly affecting Lido Key were the ongoing Beach Renourishment Project and the Lido Pool Pavilion lease. Other issues were the new lighting being installed on Ben Franklin and new construction across the city. The city has started two new roundabouts on north Tamiami trail (10th and 14th streets).

This past weekend is the annual St Armands craft show and it is very crowded. The new parking garage on St Armands is starting in the spring and hopefully going help the traffic problems.

I want to extend my thanks to all the new members, as well as returning members, who have joined the Lido Key Residents Association and welcome you to the family. As I stated many times over, you are now a member of one of the largest neighborhood associations in the City of Sarasota.

Our next meeting will be held on February 17th at the Lido Beach Resort. Hope to see you there

With warmest regards

**Camille Schwabe**

**Vice President**

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**All Faiths Food Bank Volunteering:**

**The third Wednesday of the month, 1pm - 3:30**

The volunteer group us growing. Last month eight of us built boxes, filled them with food and sealed and labeled them. Completing three pallets full. We were so efficient they sent us home early.



**Tom Barwin**

**Sarasota City Manager**

**TO REQUEST A COPY OF THE BEACH LEASE and TOM BARWIN'S  
POWERPOINT PRESENTATION, PLEASE EMAIL CINDY SHOFFSTALL:  
[cindys@floridaplaystructures.com](mailto:cindys@floridaplaystructures.com)**

Thank you for the invitation to present city updates at Saturday mornings annual Lido Key Residents Association January breakfast.

Per the request of LKRA and LKRA guest Nora Patterson, I am forwarding a copy of the signed Lido Beach Concession Lease.

As John Lege has noted below, there is a provision in the lease to the Recapture of the premises and ending the lease early if necessary, which can be found on page 23 of the lease. You may also wish to note the Default provisions of the lease beginning on page 18, which is more related to the tenant not performing as required.

In addition the lease requires the city to review copies of all of the records related to investments and capital improvements at the facility allowing us to track the investments which will be made if the lease does in fact get implemented.

As you will see when reviewing the lease, the city managers office has considerable authority to monitor the lease, the operation of the facility, special events related to the facilities operations, including inspection of the facility, and tax/income filings related to the facility operations. As I noted in my talk, a lease with the city does not allow any of our tenants to violate any city codes.

If this lease is implemented my office looks forward to working closely with the LKRA and area residents and visitors to assure all this Lido concession/pool/restrooms and related facilities, will be a high quality operation as intended by the lease and agreement, which has been conceived to serve the beach visitor community with a clean, well kept facility, with good service, as a good neighbor and resident within the Lido Beach community.

On another note, I discussed the concept of a citizens shoreline protection group to work with my office on the future of monitoring, communicating, and the study of best practices as we move forward to protect our shoreline for the years and decades ahead.

I will be asking the City Attorney for clarification on how to proceed on this and if necessary District Commissioner Vice-Mayor Liz Alpert and the City Commission. Do you think this would be helpful and if so do you think we would have 3 to 5 concerned residents who would be interested to help take this up?

Thanks again for Saturday and your hospitality.

As always please do not hesitate to contact me, John or Marlon with any additional questions or suggestions.

Look forward to seeing you all around town and on the beach!

Tom Barwin

City Manager

## **John Lege**

## **Assistent City Manager**

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As a follow up to the presentation on 1/20/18, I have attached the Lido Beach Lease. Section 43 on page 23 (Recapture of Demand Premises by City) states that “In the event the City Commission determines that the leasehold is required by the City for another public purpose, then the City may terminate the lease. I believe this addresses the concern of the residents that spoke on Saturday including Nora Paterson. It appears this language was added to the final lease. You may want to forward the final lease to Carl so he can send it out to residents including Nora Patterson.

## **Paul Caragiulo**

## **County Commissioner**

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Happy New Year! I wish you all the best for 2018. As always it is my privilege and honor to serve the citizens of Sarasota County. Recently, Sarasota County released its 2017 Annual Report, this document offers a look at the county's most important projects, initiatives and accomplishments. It also focuses on how local government works for the taxpayer, while serving as an overview of how tax dollars are being spent. If you would like to view this report visit [www.scgov.net](http://www.scgov.net) or you can pick up a copy at county offices or county libraries while supplies last. Once again thank you for the opportunity to serve the community and I wish you a happy and healthy 2018.

Thank you all and have a great 2018.

## **Alexandrea DavisShaw**

## **City Engineer**

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The Lido Beach administrative hearing was held December 12-19 and we are waiting to hear the Judge's recommendation. We expect that to happen in the Spring. We have submitted information to FEMA regarding the damage done by Irma and help we will get some FEMA funding to help restore the beach due to that event. We are getting an updated survey on the volume of sand in New Pass and will provide that information once the survey is complete.

## St. Armands Urgent Care Center

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### **WRITTEN BY SMH HEART-FAILURE NURSE SPECIALIST STACEY DAGGETT**

When you're stressed, your body releases hormones that increase your heart rate and speed up your breathing. This makes your heart require extra oxygen in a process that is sometimes called the "fight or flight reaction."

The exact link between heart failure and stress is controversial, and more studies are needed for conclusive findings. However, we do know that when stress is eased, these hormones decrease and lessen the burden on your heart.

So, what can you do to ease the stress on your heart?

#### Three Easy Ways to Stress Less

1. Meditation — Meditating helps the body and mind unwind. One study showed that meditation can improve patients' quality of life and functional capacity. Study participants who practiced meditation also had fewer hospitalizations and improved on walking stamina.
2. Exercise — Exercise has proven benefits. According to one study, it reduces morbidity, extends mortality, and improves exercise capacity and quality of life in patients with heart failure. It also helps to improve mood and ease stress, and likely improves heart-failure patient outcomes.
3. Chair yoga — Yoga is a great way to reduce stress, and chair yoga enables many with mobility challenges or health concerns to safely reap the stress-reducing benefits of yoga. [Click here](#) for examples of chair exercises that we encourage you all to try; always stop if you are feeling fatigued or breathless.

Simply spending time doing what you love and being active — pet therapy, gardening, music, walking — can decrease stress as well, improving your quality of life. Although the benefits of reducing stress in patients with heart failure might continue to be controversial, there are zero studies that say less stress can harm you. Therefore, we encourage any healthy method of reducing stress that works for you!

Stacey Daggett, RN, BSN, PCCN, CHFNP, is a heart failure nurse specialist at Sarasota Memorial Hospital. She provides in-depth education specific to each patient's individual diagnosis and needs..

**Liz Alpert**

**Sarasota City Commissioner**

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It was great to see so many residents turn out for the annual Lido Key Homeowners Association breakfast. It is a reminder of how very engaged your community continues to be. City Manager Tom Barwin gave an update on the City's current projects and those considered for the future. If you missed it and would like a copy of the power point, you can email me at [liz.alpert@sarasotafl.gov](mailto:liz.alpert@sarasotafl.gov) and I will make sure you get a copy. Feel free to contact me about anything else that might be on your mind either at my email or on my cell phone at 941-228-5979.

The annual Thunder by the Bay event is back in Sarasota this year and will be held from February 15-18. Check their website [www.thunderbythebay.org](http://www.thunderbythebay.org) for a schedule of events.

Also, I will again be hosting a Coffee with a Commissioner sometime in February, so watch for the announcement on the City's social media sites and plan to join me.



## **THE IMPORTANCE OF LKRA PRESENCE IN THE VARIOUS LITIGATIONS REGARDING THE BEACH RENOURISHMENT.**

The question of why we are directly involved in the beach renourishment litigation comes up regularly.

First, it is just too important of an issue to leave solely to the other entities aligned with our perspective. While they certainly have motivation and good intentions for this to end in our favor and in a timely manner, they simply don't have the 'skin in the game' that we do.

Secondly and more importantly, there is legal technical purpose. The major reason comes down to legal conventions that have been brought about over the years from "Public Interest" lawsuits.

In our case, the Siesta groups is proceeding against the Army Corps of Engineers, Florida Department of Environmental Protection and the City of Sarasota which are all large Government entities. Although Lido Key is an group smaller than Siesta, we are actual people with actual property and interests that are already being damaged by the years of delay wrought by the Siesta groups.

If we receive a favorable decision from the judge, then one of Siesta's last remaining steps for delay would be in the form of an injunction. Because we are a party to these lawsuits already being harmed and we are not a government agency, Siesta would have to post an injunction bond that would be great enough to cover our potential damages for the probable length of the delay.

In other words, if Siesta groups seek to further delay the project with an injunctive style motion, they would have to post a large bond because we are a party to these lawsuits (likely over \$100,000,000 with a significant non refundable premium).

If we were not a party to these lawsuits then the Siesta groups could seek injunctions at minimal cost, and delay the project for many more years.

**LIDO KEY RESIDENTS ASSOCIATION  
PO BOX 884  
SARASOTA, FL 34230**

**MISSION STATEMENT: WE SEEK TO FOSTER COMMUNITY INVOLVEMENT AMONG OUR RESIDENTS IN ORDER TO MAINTAIN AND ENHANCE THE QUALITY OF LIFE ON LIDO KEY FOR ALL RESIDENTS AND OUR MANY VISITORS.**

**Lido Key Sand Matters Legal Fund Update 2/1/18**

The Florida Department of Administration Hearings (DOAH) proceedings trial has taken place and the final summations still need to be presented to the Judge in written form. Our Association should have the final decision by the end of April 2018.

Due to the extensive litigation, the Lido Key Residents Association (LKRA) still needs to raise over \$250,000 at a minimum. Also, the Civil Suit that will surely follow will require additional funds.

The LKRA Beach Committee members have scheduled meetings with the residents of several Lido Key buildings to continue raising required funds. Some of the meetings have already taken place. The buildings that were scheduled are: The Orchid, Lido Beach Surf and Sand, Lido Beach Club, Gulf Beach Resort Motel, L'Elegance, and The Ritz.

Please invite us to your building's meetings. We will explain what is going on and answer questions. We encourage all Lido Key residents to join the LKRA, the annual membership for a family is \$20. It truly is discouraging that only 45% of our members have donated. If we lose this fight, and if the permit for the Army Corps of Engineers (ACOE) project to renourish the Lido Key Beach is denied, it will cost all of us a lot more. If you haven't donated to the Lido Key Sand Matters Legal Fund, please do now. If you have donated, thank you, and please consider donating again.

Donate on line at <http://www.lkra.org/lido-key-sand-matters-legal-fund.html> and click on Lido Key Sand Matters Legal Fund.

If you want to donate by mail, send the check to:  
Lido Key Residents Association  
PO Box 884  
Sarasota, Florida 34230-0884

Thank you for your immediate response to this important request for monies to support Legal Counsel.



## **Stevie Freeman-Montes**

## **Sustainability Manager**

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The Sarasota City Commission committed to 100 percent renewable energy community-wide by 2045 and for municipal operations by 2030. The City's Sustainability Program is facilitating a community planning process to help identify, evaluate and begin implementing strategies to reach this new goal. The first in the series of meetings was held in December. Please join us on the dates below to offer your input and become involved. All meetings will be from 6:00-7:30pm at R.L. Taylor Community Complex (1845 34th St, Sarasota, FL 34234).

\*February 21, 2018

\*April 18, 2018

\*June 20, 2018

**Protecting the Florida Coastline**

Rep. Buchanan issued a press statement condemning the Interior Department's announcement to roll back regulations that were adopted following BP's 2010 Deepwater Horizon oil spill in the Gulf of Mexico.

Buchanan called the proposal by the department's Bureau of Safety and Environment Enforcement "rash and reckless" and said if it is not withdrawn he would urge Congress to intercede.

"Have we forgotten the Deepwater Horizon catastrophe so soon?" Buchanan asked, referring to the 2010 explosion of an oil rig in the Gulf of Mexico that killed 11 people and led to one of the worst oil spills and environmental disasters in U.S. history. "This is a recipe for disaster."

The Bureau of Safety and Environment Enforcement on Friday said some of the regulations adopted in response to the tragedy created "potentially unduly burdensome requirements" on oil and gas operators. Its proposal was published Friday in the Federal Register.

In the statement, Buchanan describes himself as a longtime opponent of allowing drilling off Florida's Gulf Coast and says he supports strong safety measures enacted after the Deepwater Horizon incident to prevent similar disasters in the future.

"It would be a huge mistake to weaken these safety regulations and risk not only lives but catastrophic consequences to our environment," Buchanan said. "If (Interior) Secretary (Ryan) Zinke does not reject this rash and reckless proposal then I will ask Congress to intercede and make the rules permanent."

Buchanan has introduced the Oil Spill Prevention Act that would extend by five years a ban on oil drilling off much of Florida's Gulf Coast until 2027. The current moratorium, which bans oil drilling within 125 miles of most of the Gulf, is set to expire on June 30, 2022.

Earlier this year, Buchanan opposed a Trump administration plan to open up more than 70 million acres off the coast of Florida to oil and gas drilling.

The Obama administration's rules targeted blowout preventers, massive valve-like devices designed to prevent spills from wells on the ocean floor. The preventer used by BP failed. The rules required more frequent inspections of those and other devices and dictated that experts onshore monitor drilling of highly complex wells in real time.

In its notice Friday, the Interior Department said some provisions in the rules created "potentially unduly burdensome requirements" on oil and gas operators "without significantly increasing safety of the workers or protection of the environment."

The bureau said that, when practical, it would give industry flexibility to meet safety and equipment standards rather than insisting on specific compliance methods.

The agency estimated that revising some rules and removing others would save the energy industry at least \$228 million over 10 years.

Oil industry groups have complained about the potential cost of complying with the rules and predicted they would threaten thousands of jobs.

## Mote Marine: Lecture Series

Mote's 2018 Special Lecture Series will kick off with "The good, the bad, and the smelly; An overview of Mote's Stranding Investigations Program," presented Feb. 26 by Gretchen Lovewell. The series features ocean-focused speakers on Mondays in February and March in Sarasota.

Lovewell, manager of Mote's Stranding Investigations Program, has worked to rescue or recover more than 40 species of sick, injured or deceased marine mammals and sea turtles during hundreds of stranding responses over her career. At Mote, Lovewell and her colleagues respond 24/7 to calls reporting stranded animals in Sarasota and Manatee counties, also helping respond to major stranding events outside Mote's range. Lovewell and colleagues transport live sea turtles, dolphins and whales to Mote's animal hospitals, while working to learn from deceased animals through detailed, post-mortem examinations.

Lovewell and her team frequently rescue marine animals from marine debris, or ocean trash, which can injure or kill animals that ingest or entangle in it. Her talk complements Mote's limited-time exhibit, "Sea Debris: Awareness through Art," on display through June 15.

All Special Lecture Series talks take place at 6:30 p.m. Mondays, Feb. 26-March 26, in Mote's WAVE Center, 1600 Ken Thompson Parkway, Sarasota, Florida. Doors open at 5:30 p.m. for cocktail hour with cash bar.

Tickets cost: \$10 per person per lecture; \$5 for Mote volunteers (who are not Mote members); \$5 for teachers and students; and free for Mote members. Reservations are required for all. Limited numbers of tickets might be available at the door on lecture nights, but are not guaranteed. Member discount (in this case, free admission) requires a promotion code.

- Details and registration: [mote.org/lecture](http://mote.org/lecture)



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## **UPCOMING MEETING PROGRAMS**

**BETH DILWORTH**

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**February 17 – Grants for landscaping**

**March 17 – Bayfront 20:20**

**March 18 - Jazz Concert at the Pavilion**

**April 21 - open**

## **Heidi Brandt**

## **MEMBERSHIP**

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Official 2018 membership starts on January 1st. Many of you have already paid. If you are unsure of your current status, contact us for an update. THE YEARLY MEMBERSHIP FEE IS \$20. The 2018 membership application is on the next page of this newsletter.

When filling out your application, write legibly and fill out all the blanks. Please put your condo number with your street address. Please provide your EMAIL ADDRESS and PHONE NUMBER in order to receive our regular updates and notifications of things pertaining to Lido Key. You can have additional email addresses if a husband and wife both have their own emails.

Let's make 2018 a record year for membership.

## **SUBJECT: LKRA LEGAL FUND CONTRIBUTIONS**

We had 61 non-LKRA member donations.

We had 318 LKRA member donations.

Of that 318: 46 households donated 2x; 7 households donated 3x; and 3 households donated 4x

We have 552 LKRA households.

So, minusing the households that donated multiple times, the percentage of LKRA households that have donated towards the legal fund is 45%.

Heidi

## CINDY SHOFFSTALL

## NEWSLETTER

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WE HAVE HAD MANY REQUESTS FROM MEMBERS THAT THEY WOULD PREFER TO RECEIVE NEWSLETTERS AND OTHER INFORMATION THROUGH EMAIL AND NOT THOUGHT THE POST OFFICE.

THE BOARD HAS DECIDED THAT UNLESS YOU NOTIFY US THAT YOU WOULD PREFER A HARD COPY BY MAIL, ALL CORRESPONDENCE WILL BE EMAILED.

IT WILL ALSO BE AVAILABLE ON THE WEBSITE.

### **PLEASE CONTRIBUTE TO YOUR NEWSLETTER!!**

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Submit your letter in 150 words or less to the Editor at [carl@floridaplaystructures.com](mailto:carl@floridaplaystructures.com) and get your letter and/or picture printed in an upcoming newsletter.

Editor reserves the right to shorten submissions as necessary and, in case of multiple submissions, the Editor will make a final decision on which letter(s) to print.



## **BOARD MEMBERS and COMMITTEES**

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President – Carl Shoffstall CarlS@Floridaplaystructures.com

Vice President and CCNA Rep – Camille Schwabe camilleschwabe@michaelsaunders.com

Secretary and Events Committee – Katherine Kussy KWKUSSY@gmail.com

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Director Condo Liaison – John Lambert jtlbhs@aol.com

Director Membership – Heidi Brandt heidimbrandt@gmail.com

Director Newsletter – Bruce Abramowitz bruceabramowitz@gmail.com

Director – Beth Dilworth

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Director - Kim McDaniel mcdanielkj@comcast.net

Director Website - Jasbir (Jessie) Hayre jessiehayre@gmail.com

Beach Committee – Paul Robbins probbinsfabrics@aol.com

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Newsletter Mailing & Delivery: Cindy Shoffstall

## **OUR APPRECIATION TO THE FOLLOWING INDIVIDUALS WHO CONTRIBUTED TO THE CREATION, PUBLICATION, AND DISTRIBUTION OF THIS NEWSLETTER**

Editor: Bruce Abramowitz

Contributing Articles: Carl Shoffstall, Cindy Shoffstall, City Manager Tom Barwin, U.S. Representative Vern Buchanan, County Commissioner Paul Caragiulo, City Commissioner Liz Alpert, Sustainability Manager Stevie Freeman-Montes, Heidi Brandt, Beth Dilworth, Hayley Rutger at Mote Marine Laboratory and Aquarium, Stacey Dagget at Sarasota Memorial Hospital, Paul Robbins, Jay Elsassee, and Bruce Abramowitz

Newsletter Design and Layout: Bruce Abramowitz

Printer Liaison: Cindy Shoffstall

## **2018 LKRA MEMBERSHIP APPLICATION**

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**2018 DUES: \$20.00 Annually Per Household**

**PLEASE PRINT:**

**Member Name:** \_\_\_\_\_

**Spouse/Partner:** \_\_\_\_\_

**Condo (if applicable):** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Lido Key Street Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Mailing Address (if different):** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone #1:** \_\_\_\_\_ **Phone #2:** \_\_\_\_\_

**Have a question? Call Beth Dilworth at 941-388-2865. Send Membership Form and Check to Address Below. Memberships Meetings are held the Third Saturday in the months of October, November, January, February, March and April.**

**Additional info available on our website – [www.LKRA.org](http://www.LKRA.org)**

**RETURN FORM TO:**

**LIDO KEY RESIDENTS ASSOCIATION, PO BOX 884,  
SARASOTA, FL 34230**



**These shirts can be still purchased at the monthly Saturday meetings of our Lido Key Residents Association . They are a colorful unifying statements for all important events! Only \$20.00!**

## *Connect with the City of Sarasota on Social Media*



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*/CityofSarasota*



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*/SarasotaPoliceDepartment*



*@SarasotaPD*



*/SarasotaPD*



*/SarasotaPoliceDept*



*/SarasotaPoliceDept*



*/Sarasota-Police*

*\*\* Social Media pages are NOT monitored 24/7 \*\**