



## Events Calendar

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All Membership Meetings held at Lido Beach Resort 8th floor, 10:00 AM the 3rd Saturday of the month:

October 20	November 17
December none	January 19
February 16	March 16
April 20	May 18

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**"Meet and Greet"**  
**Happy Hours 5 to 7 pm**

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**Second Tuesday of the  
month at Kokomos,  
Holiday Inn**

## PRESIDENTS LETTER

Good afternoon to all members of the Lido Key Resident Association.

In my last letter from the President in July, I said it was very hot and humid. Well at this time the weather has finally cooled off and today it is a high of 85 and the low this morning was 69. Next week they are calling for temperatures to be in the low 80's as the high. Season is just around corner and people are starting to come back.

This past Saturday was the first member meeting of the season and am very happy to say we had 147 people attend. That was a great turnout and I would like to thank everyone who came. As everyone starts to return, I hope they will attend future meetings. Here is an update on what was discussed at our October meeting.

October 25, 2018

Our first Presenter was Bruce Walker who is representing the Ocean Properties Group for the building of the new hotel where the Helmsley Sand Castle is now. He showed colored renderings of new design and after that a question and answer period followed.

Following that Presentation, we invited the four candidates running for County Commission - District 2 (our district) was Christian Ziegler against Ruta Marie Jouniari and District 4 was Al Maio against Wesley Anne Beggs. Since Maio and Ziegler did not respond to our invitation to participate in debate, I let those candidates that attended a chance to speak on where they stand on the issues. Again there was a question and answer period that followed. Both said they were in support of the beach renourishment.

On the Lido Pavilion, the City Planning Board voted 4-1 to deny the major conditional use change for the proposed project. It has come to light the City Manager wants to hold a special commission meeting December 17th at 1:30 in the afternoon for Commissioners to hold a quasi-judicial hearing and vote to approve or deny this motion. I think it is wrong to have this meeting at that time when many of the residents will be busy or away for the Holidays. I urge everyone to email or call all Commissioners and City Managers and ask them to hold the meeting after January 6th so everyone can be here to attend. Cindy will be sending out by email the contact information for all City Commissioners and City Managers.

The last item was the status of the beach. The most promising thing that happened in the last few weeks was the civil court case against the City was dismissed. There is an article in this newsletter regarding this matter.

For the last few months we have had a bad case of red tide that made the national news. Walking the beach the last few days, it seems to be getting better and hopefully continue to clear up.

We have lots of good presentations on the schedule for the LKRA meetings. The Meet and Greets will be starting up (first one November 13th at the Holiday Inn) A lot is happening on our Lido Key and I hope to see you at the next meeting on November 17th at 10am at the Lido Beach Resort 8th floor.

Hope everyone is safe and look to seeing you around Lido Key

Until we meet again.

Carl Shoffstall

President LKRA

129 Tyler Dr #102

Sarasota, FL 34236

813-967-2687 cell

941-7061217 home/fax

**LIZ ALPERT, ESQ.**

**SARASOTA CITY MAYOR**

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Good news! The latest legal challenge to beach renourishment has been dismissed by the Court. Barring the plaintiffs filing an amended complaint, we will be clear for the beach renourishment project. Hurricane Michael did additional damage to the beach, but fortunately the giant sand bags in front of the Lido Beach Pavilion protected the dunes in front of the Pavilion. Without them, the Pavilion could have been in jeopardy.

The City Commission meeting regarding the Lido Beach Pavilion improvements will most likely be in December and will be a special Commission meeting to address this one issue. If you're interested in attending, please check the city website for date and time.

Join us Sunday, November 11 for the annual Veteran's Day Parade. The parade will start at 10:00 a.m. and travel from Main Street and Links to J.D. Hamel Park. There will be a ceremony honoring our veterans at 11:00 a.m. This year's theme is "All Gave Some, Some Gave All."

Welcome back to all of our winter residents!



CATHY ANTUNES

LIDO BEACH PAVILION UPDATE

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## Planning Board Recommended Denial

**City Commission to chose final hearing date at their November 5th meeting. Please Help!**

THANK YOU to all who showed up in **RED** and gave public input on September 12th to the Planning Board. The Planning Board voted 4-1 to recommend denial of the major conditional use and site plan for Lido Pavilion. This is great news, but it ain't over 'til it's over. The final decision belongs to the City Commission. Now the big question is: When will the City Commission hold their hearing on Lido Pavilion?

We got word late last week that City Manager Tom Barwin was recommending a December 17th hearing date. City Staff told me today that December 17th is off the table. Seems they heard the public outcry! A week before Christmas? Crazy!

Today I learned that the City Commission will be determining when the final Lido Pavilion hearing will be on November 5th during their evening session. Staff also said they are looking at December 3rd and January 14th as possible hearing dates. January is better for the public - people are here and the holidays are over. I am told by a number of sources that staff is likely to recommend a December 3rd hearing date. Yikes! Another date which shortchanges full public participation. Please help us convince the City Commission to hold the final hearing on January 14th when most residents are here.

### **We need your help.**

E-mail the Commissioners and City Manager:

[commissioners@sarasotafl.gov](mailto:commissioners@sarasotafl.gov)   [thomas.barwin@sarasotafl.gov](mailto:thomas.barwin@sarasotafl.gov)

or call (941) 365-2200 and speak with the City Manager and Commission office

Ask them know in your own words (Please don't cut and paste)

1) to schedule the final Lido Pavilion hearing on January 14th to ensure full public participation. Most residents will be here in January and won't have holiday commitments preventing attendance. The Commission owes Lido residents and Lido lovers the opportunity to fully participate by scheduling the hearing on a convenient date, like January 14th (not December 3rd).

2) to place the decision about scheduling the Lido Pavilion final hearing date on the November 5th meeting agenda as a DISCUSSION item, so the public can give input and hear the Commissioners decision process on selecting a hearing date. This decision must not be put on the consent agenda - which is just rubber stamped and not discussed.

***Please attend the November 5th City Commission Meeting, wear RED, and let the Commission know we want a January 14th hearing, because most residents are here in January, the holidays are over, and the public deserves this consideration. After all, the Pavilion belongs to us. The public has a right to a full seat at the table in determining the future of Lido Pavilion. See you on November 5th! Details to follow.***

October 25, 2018

We are closing in on 4,000 signatures for the Save Lido Pavilion petition!  
Thank you for joining our effort to protect Lido Pool & Pavilion.

Thank you for signing the petition to Save Lido Pavilion! We need to keep awareness growing. Ask your neighbors to sign with this link: <https://www.ipetitions.com/petition/save-lido-pavilion>  
You can email City Commissioners about your opposition to the proposed site plan and major conditional use changes at [commissioners@sarasotafl.gov](mailto:commissioners@sarasotafl.gov)

Thank you for your commitment to protecting Lido Pool & Pavilion from the proposed overdevelopment which will harm the community and recreational benefits we all love.

Much appreciation,

Cathy Antunes

**PS Want a lawn sign?** E-mail Sylvia Babineau at [sylviababineau@gmail.com](mailto:sylviababineau@gmail.com) and we'll get you a sign. We also have bumper stickers!



**TOM BARWIN**

**SARASOTA CITY MANAGER**

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Dear Lido Key Residents,

It's been a heck of a summer for Lido Key residents.

Between Red Tide, a shrinking beach, and shoreline damage associated with Hurricane Michael, it seems a good time to exhale and begin looking forward to the New Year, weather permitting!

As 2018 begins to wind down efforts to restore and revitalize Lido Key are ramping up.

With permits and contracts in place, the Interim Lido beach renourishment project is scheduled to begin by November 15th. Keep your fingers crossed we have enough time to recycle some sand back to the beach before another big storm.

As the short term renourishment project proceeds the long-term shoreline stabilization project with the US Army Corp is also advancing. The Corp shoreline protection project should be well underway by this time next year, subject to one more legal challenge by Siesta Key residents.

By January the new St. Armand's Parking garage will be opened, which is expected to enhance the business capacity of St. Armand's while reducing seasonal traffic congestion around the circle.

And speaking of traffic the ongoing efforts to make Lido Key more assessable by bicycle will continue in 2019 with the installation of the next mutli-use bike path between the Coon Key Bridge and St. Armand's Circle.

The City and the St. Armand's business district have also partnered to install and operate public restrooms on St. Armand's which should be online in 2019.

As of this writing we do not have a date on the Site Plan/Major Conditional Use Permit hearing for improvements to the Lido Beach Pavilion but the facility remains in desperate need of upgrades in 2019.

Despite the challenges of 2018 the year ahead promises to be a very good one for Lido Key and Sarasota. Stay tuned, and I look forward to seeing you, on the beach.

**PAUL CARAGIULO**

**SARASOTA COUNTY COMMISSIONER**

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Hello Lido Friends,

I would like to thank all the residents of Lido for the opportunity to serve you for the last eight years. It has truly been my pleasure. I have gotten to know many of you quite well over the years and you are all a fantastic group of folks. This community is a better place because of your involvement and engagement.

All The Best

Paul Caragiulo



## **CINDY SHOFFSTALL**

## **NEWSLETTER**

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WE HAVE HAD MANY REQUESTS FROM MEMBERS THAT THEY WOULD PREFER TO RECEIVE NEWSLETTERS AND OTHER INFORMATION THROUGH EMAIL AND NOT THROUGH THE POST OFFICE.

THE BOARD HAS DECIDED THAT UNLESS YOU NOTIFY US THAT YOU WOULD PREFER A HARD COPY BY MAIL, ALL CORRESPONDENCE WILL BE EMAILED.

IT WILL ALSO BE AVAILABLE ON THE WEBSITE.

**ALEX DAVIS SHAW**

**CITY ENGINEER**

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Beach Renourishment

For the interim project, this project will begin in November between November 1 - 13 and will take 90 days. The sand for this project will be coming from New Pass. We will be holding a preconstruction meeting this week. As you may recall from the last project, we sent out updates every week or two and we will do that again for this project. We appreciate your patience as the project moves forward. We will be providing contact information to you once we have that. If you were here for the last project, this will be similar but a bit smaller and will also be a 24-7 operation.

For the Long Range project - the Circuit Court dismissed the Siesta Key lawsuit against the project. The Army Corps of Engineers is working on the construction plans and bid documents. There are still few easements we need to have finalized and provided to the Corps and we are working on that. We expect this project to start in late summer/early fall of 2019. The sand for this project will come from Big Pass.

Thank you

Alex

**JAY ELSASSER**

**LKRA BEACH COMMITTEE**

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Beach Update

The City has largely completed the arrangements for the emergency patch project and implementation should begin in mid-November.

Preliminary motions for the Civil case that Siesta Key Association filed last year were heard on July 23rd and supplementary motions were filed in the week or so after. On October 12th we received a ruling in our favor to dismiss the Civil case without prejudice. The morning of October 23rd, the Siesta Key Association filed an amended Civil complaint.

On September 28th the Siesta group SOSS2 sent a letter to Army Corps of Engineers and FDEP raising many of the same or similar factual claims that failed in the DOAH case. This letter starts a 60 day period for Corps to address their claims after which Siesta has threatened to file a case in Federal court.

Many thanks to our law firm Lewis, Longman & Walker for their continuing excellent representation through these various proceedings.

Overall, as things currently sit, we are looking at a Fall 2019 timeframe for the Corps project to begin.

## **PLEASE CONTRIBUTE TO YOUR NEWSLETTER!!**

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Submit your letter in 150 words or less to the Editor at [carl@floridaplaystructures.com](mailto:carl@floridaplaystructures.com) and get your letter and/or picture printed in an upcoming newsletter.

Editor reserves the right to shorten submissions as necessary and, in case of multiple submissions, the Editor will make a final decision on which letter(s) to print.

## **BETH DILWORTH**

## **POTENTIAL FUTURE SPEAKERS**

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October 20, 2018 - **County Commissioners Candidate Forum**

November 17, 2018 - **Selby Gardens**

January 19, 2019 - **Tom Barwin & Steven Cover: Sarasota Updates**

February 16, 2019 - **City Commissioner Candidate Forum**

March 20, 2019 - **Stevie Freeman-Montes: Sarasota Sustainability**

April 20, 2019 - **Tod Kettering: Hurricane Preparedness**

## **OUR APPRECIATION TO THE FOLLOWING INDIVIDUALS WHO CONTRIBUTED TO THE CREATION, PUBLICATION, AND DISTRIBUTION OF THIS NEWSLETTER**

Editor: Bruce Abramowitz

Contributing Articles: Carl Shoffstall, Cindy Shoffstall, City Manager Tom Barwin, County Commissioner Paul Caragiulo, Heidi Brandt, Beth Dilworth, Hayley Rutger at Mote Marine Laboratory and Aquarium, Sarasota Memorial Hospital, Beach Committee Jay Elsasser, and Bruce Abramowitz

Newsletter Design and Layout: Bruce Abramowitz

Printer Liaison: Cindy Shoffstall

Maintain & Finalizing Mailing List: Cindy Shoffstall

October 25, 2018

## HEIDI BRANDT

## MEMBERSHIP

Official 2019 membership starts on January 1st. At present, our membership consist of 509 households. Many of you have already paid. If you are unsure of your current status, contact us for an update. **THE YEARLY MEMBERSHIP FEE FOR 2019 IS \$30.** The membership application is on the next page of this newsletter.

When filling out your application, write legibly and fill out all the blanks. Please put your condo number with your street address. Please provide your EMAIL ADDRESS and PHONE NUMBER in order to receive our regular updates and notifications of things pertaining to Lido Key. You can have additional email addresses if a husband and wife both have their own emails.

**SUBJECT: LKRA LEGAL FUND CONTRIBUTIONS**

We were up to 55% of households donating to the legal fund, which is up 10% since our January meeting. **PLEASE GO TO: [www.LKRA.org](http://www.LKRA.org), click on Lido Key Sand Matters Legal Fund**

### ***Lido Beach Legal Fee Fundraiser***

**Held by the Ritz Carton Beach  
Restaurant**

**January 29th, 2019  
6:00 pm to 9:00 pm**

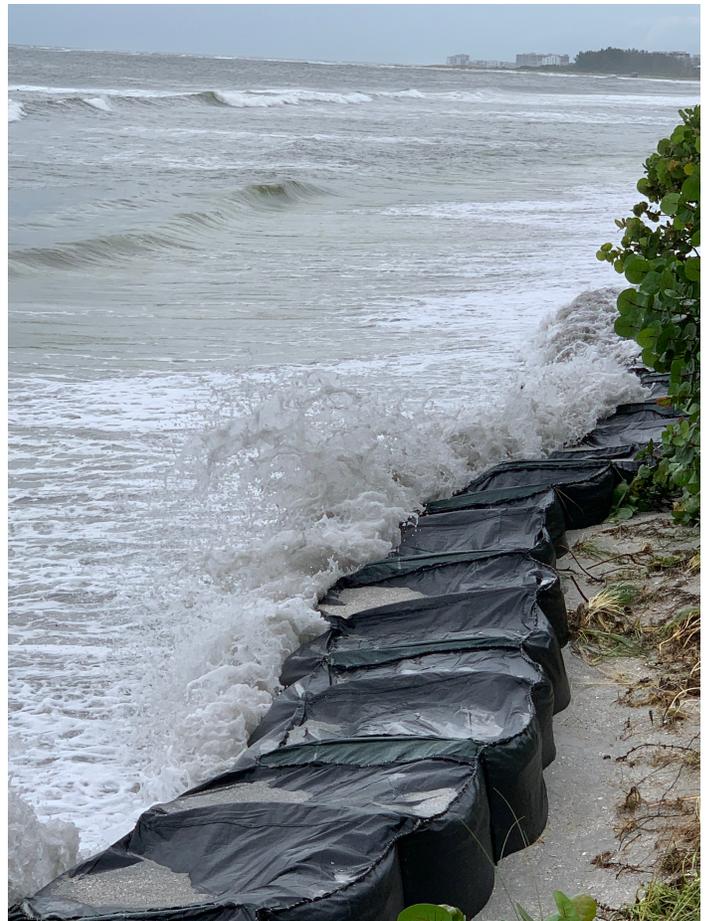
**Tickets \$250**

**All proceeds applied to the Legal Fund**

**Corporate sponsors welcome**

**Contact: Camille 941-894-4771 for more  
information**

**Seating is limited**



**2019 LKRA MEMBERSHIP APPLICATION**

**2019 DUES: \$30.00 Annually Per Household**

**PLEASE PRINT:**

**Member Name:** \_\_\_\_\_

**Spouse/Partner:** \_\_\_\_\_

**Condo (if applicable):** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Lido Key Street Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Mailing Address (if different):** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone #1:** \_\_\_\_\_ **Phone #2:** \_\_\_\_\_

**Questions? Contact Heidi Brandt: [heidimbrandt@gmail.com](mailto:heidimbrandt@gmail.com). Send Membership Form and Check to Address Below. Memberships Meetings are held the Third Saturday in the months of October, November, January, February, March and April.**

**Additional info available on our website – [www.LKRA.org](http://www.LKRA.org)**

**RETURN FORM TO:**

**LIDO KEY RESIDENTS ASSOCIATION, PO BOX 884, SARASOTA, FL 34230**

**NOTE: 2019 DUES IS \$30.00**

**DONATIONS to LEGAL FUND NEEDED:**

**To donate, go to [www.LKRA.org](http://www.LKRA.org), click on Lido Key Sand Matters Legal Fund**

## HAYLEY RUTGER LABORATORY

## MOTE MARINE

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Mote Marine Laboratory leaders are thrilled to announce a major new step toward realizing a vision for addressing Florida red tide: a generous philanthropic investment of \$1 million from The Andrew and Judith Economos Charitable Foundation to establish and support the first year of operations for the **Red Tide Institute at Mote Marine Laboratory**.

With The Andrew and Judith Economos Charitable Foundation as its Founding Donor, the Institute will be an innovation hub of intensive research and development focused exclusively on advancing promising technologies for controlling and mitigating red tide impacts toward practical application. The Institute will also leverage other red tide-related research by Mote and its partners at the Florida Fish and Wildlife Conservation Commission (FWC) and other organizations.

This fall, the State of Florida announced a \$2.2-million investment to advance mitigation science at multiple institutions, including Mote's novel mitigation technologies such as its ozone treatment system pilot tested for dead-end canals hit hard by red tide, and using a new clay formula for red tide mitigation, a Mote partnership with Woods Hole Oceanographic Institution, University of South Florida and FWC.

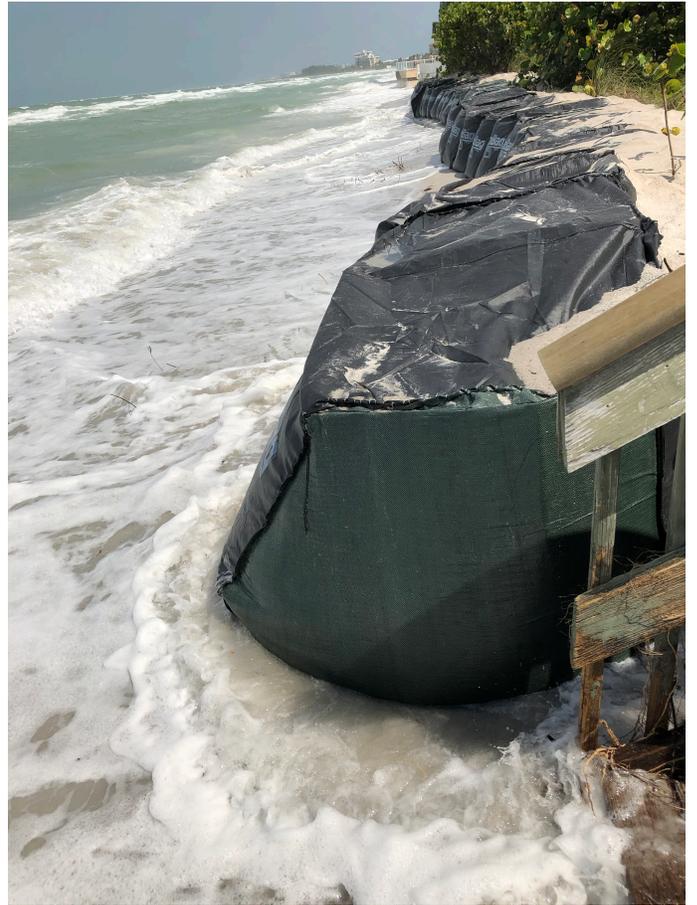
When Florida red tide hits the Gulf of Mexico coast, communities grapple with challenging respiratory irritation, dwindling tourism dollars, the sight and smell of countless dead fish and the heartbreaking losses of sea turtles and marine mammals. With increased public attention, state and federal funding for red tide research typically increases in the years following these events.

However, decades of history reveal that public attention and funding usually decline after red tide blooms subside, as Mote Magazine reported in its December 2017 feature "Red tide: How to be ready." The feature called for not only steady public and private support for red tide research and monitoring — including during non-bloom times — but also to embrace a vision to do more by establishing a new, independent Harmful Algal Bloom Center designed to channel science and technology development into creation and deployment of innovative tools and methods to stem bloom impacts.

Mote scientists were passionate in their call to action, but they couldn't have anticipated how prescient it would be. The red tide bloom that formed in October 2017 in the Gulf of Mexico proved uncommonly serious, persisting for one year as of press time and fueling significant public concern — and demanded an intensive response from Mote and partners.

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October 25, 2018



## **SARASOTA MEMORIAL HOSPITAL INFLUENZA**

### **Definition**

The flu (also called influenza) is a viral infection that affects the respiratory system. It can cause mild-to-severe illness, and sometimes it can lead to death.

### **Causes** ^

The influenza virus causes the flu. In temperate climates each winter, the virus spreads around the world. The strains are usually different from one year to the next. While less likely, it is possible to get the flu when it is not flu season (especially in tropical climates).

The two main kinds of influenza virus are Type A and Type B. There is also a Type C, but it is less common and not as virulent.

Someone infected with the virus may sneeze or cough. This releases droplets into the air. If you breathe in infected droplets, you can become infected. You can also become infected by touching a contaminated surface. The virus is transferred from your hand when you touch your mouth or nose.

**Risk Factors** that increase your chance of getting the flu include: ^

Living or working in crowded conditions, such as nursing homes, schools, military forces, and daycare centers

Being physically or mentally disabled—people with disabilities may not be able to easily communicate their symptoms or may have trouble practicing preventive measures against the flu, putting them more at risk.

Certain groups of people are at a higher risk of developing complications from the flu. Risk factors are:

Children younger than 5 years old

Adults aged 65 years and older

Being American Indian/Alaska Native

A suppressed immune system

Pregnancy during the flu season

Obesity

Age younger than 18 years old and receiving long-term aspirin therapy may be at risk for Reyes syndrome

Certain health conditions, such as asthma, diabetes, or heart disease

Living in nursing homes or other long-term care facilities

## Symptoms ^

If you have the flu, you might infect others one day before symptoms start and up to 5 days (sometimes more) after you become sick. This means you may be infecting others even before you know you are sick.

Symptoms usually start abruptly. They may include:

High fever and chills	Severe muscle aches
Severe fatigue	Headache
Runny nose, nasal congestion	Sneezing
Watery eyes or conjunctivitis	Sore throat
Cough	Swollen lymph nodes in the neck

Decreased appetite or other gastrointestinal symptoms like nausea, vomiting, and diarrhea (more common in children than adults)

## Treatment ^

During recovery, it is important to rest as much as possible and drink plenty of fluids, including water, juice, or caffeine-free tea. The flu generally lasts 7-10 days. A cough or fatigue may last longer.

Other treatment may include:

### Medications

Most people with the flu do not need antiviral medication. Check with your doctor. You may need the medication if you are in a high-risk group or if you have a severe illness.

Antiviral medications generally may help relieve symptoms and shorten the time you are sick. They must be taken within 48 hours of the first symptoms. Some strains of the seasonal influenza virus are resistant to these medications.

Over-the-counter (OTC) or prescription medications can be used to ease flu symptoms:

Pain relievers and fever reducers for adults, such as acetaminophen or ibuprofen

Cough remedies—to make a cough more productive or to suppress a cough

Decongestants—Do not use nasal spray longer than 3-5 days. You may experience an increase in congestion when you stop using the spray. This is called rebound effect.

### Antihistamines

Note: OTC cough and cold products should not be used to treat infants or children less than 2 years old. Rare, but serious side effects have been reported. They include death, convulsions, rapid heart rates, and decreased levels of consciousness. Serious side effects have also been reported in children aged 2-11 years. Research is still going on for the safety of OTC products for this age group.

Note: Aspirin is not recommended for children with a current or recent viral infection. Check with your doctor before giving your child aspirin.

## Prevention

**The best way to prevent getting the flu is to be vaccinated.** You will need to be vaccinated each year since the virus may change every season. Two forms of the vaccine are available:

Flu shot (injection)—all people aged 6 months and older should get the vaccine. Note: Children 8 years and younger may need 2 shots. Nasal spray is approved for healthy, nonpregnant people aged 2-49 years old. Certain people, like those with weakened immune systems, should get the flu shot instead of the nasal spray. Talk to your doctor about which one is right for you. Note: The Centers for Disease Control and Prevention concluded that the nasal spray flu vaccine should not be used for the 2017-2018 flu season.

For the best protection, get vaccinated as soon as the vaccine is available in your area. Vaccinations are offered throughout the flu season, which may begin as early as October. It takes about 2 weeks for the vaccine to protect you against the flu.

### People Who Should Not Be Vaccinated

Children less than 6 months old. Those who had a severe reaction to vaccination in the past. Those who have a history of Guillain-Barré syndrome. Those who are very sick and have a fever—talk to your doctor before being vaccinated.

Some different types of flu vaccines are okay for people with egg allergies. Talk to your doctor about which flu vaccine is right for you.

### General Measures to Reduce Your Risk

Wash your hands frequently, especially when you come in contact with someone who is sick. Wash your hands for 15-20 seconds with soap and water. Rubbing alcohol-based cleaners on your hands is also helpful.

Avoid close contact with people who have respiratory infections. The flu can spread starting one day before and ending 7 days after symptoms appear. If you have to be in close contact with a sick person, wear a face mask or a disposable respirator.

Cover your mouth and nose with a tissue when you cough or sneeze. Throw away the tissue after you use it. Coughing or sneezing into your elbow or upper sleeve is also helpful. Do not share drinks or personal items. Do not bite your nails or put your hands near your eyes, mouth, or nose. Keep surfaces clean by wiping them with a household disinfectant.

### Antiviral Medications

Sometimes it is beneficial to take antiviral medications to prevent the flu. You may want to talk to your doctor about taking these medications to lower your risk of getting the flu if you:

Are exposed to the flu. Are at high risk for complications.

Are a healthcare worker, public health worker, or first responder.

If you have the flu and live with someone who is at risk for complications (such as, elderly, babies, someone with cancer), that person may need to take antiviral medications to prevent getting the flu from you.

**Remember that these medications are not a substitute for being vaccinated. Vaccination is still the best way to prevent the flu.**

## **Ways to Avoid Spreading the Flu**

If you have the flu, take these steps to avoid spreading it to others:

Avoid close contact with people. Before you can return to school or work, your fever should be gone for at least 24 hours without the help of fever-reducing medication. This could take up to 7 days after symptoms first appear. It is important to stay home if you have the flu, leaving your house only to see your doctor.

If you cannot avoid close contact, cover your mouth and nose with a face mask.

Wash your hands for 15-20 seconds with soap and water. Even if someone in your house has the flu, you may be able to avoid getting sick by washing your hands. Using a hand sanitizer is also helpful.

Cover your mouth and nose with a tissue when you cough or sneeze. Throw away the tissue after you use it. Coughing or sneezing into your elbow or upper sleeve will also keep you from spreading the flu with your hands. Do not spit.

Do not share drinks or personal items.

Wash eating utensils with hot water and soap.

Do not bite your nails or put your hands near your eyes, mouth, or nose.

Keep surfaces clean by wiping them with a household disinfectant.

