



Nibbles

Olives

£4.50

Sourdough and Pesto

£5.00

Sweet Potato Fries, Sweet Chilli

£5.00

Whitebait and Tartar

£7.00

Pigs in Blankets

Aperitif

MTI 75

£9.50

Limoncello Spritz

£9.50

Kir Royale

£9.50

Starters

-Houmous £8.00-

A Creamy, Smooth Houmous Made from Blended Chickpeas, Tahini, and Olive Oil, Served with a Rustic, Warm Rosemary Focaccia

-Baked Cheddar Mushrooms £8.50-

Tender Mushrooms Stuffed with a Rich, Melting Cheddar Cheese, Baked Until Golden and Bubbly. Paired with Crusty Bread for Dipping (GFO, VG)

-Rich and Sweet Roasted Pulled Pork £11.00-

Slowly Roasted Pulled Pork in Apple Cider. Served on Sourdough and a Garlic and Rosmary Butter, Accompanied with a Mixed Cabbage Salad (GFO, DFO)

-Spiced Crab Cakes £11.00-

Punchy Spiced Crab Cakes Served with a Fresh Garlic Aioli and a Lemongrass Salad (GF)

-Garlic and Coriander Cream Prawns £10.00-

Juicy Prawns Sautéed in a Garlic, Coriander and Cream Sauce, Served with a Warm Ciabatta (GFO, DFO)

-Spicy Sweetcorn Fritters £9.00-

Spicy Sweetcorn Fritters, Topped with Melted Mature Cheddar, Tomato Purée and a Olive Salad (GF, DFO)

Sharing Starters

-St. Austell Bay Mussels £16.00-

Fresh St. Austell Bay Mussels, Served in a Creamy Leek and White Wine Sauce with a Warm Ciabatta (GFO)

- Camembert £15.50 –

A Whole Wheel of Creamy, Goey Camembert Baked to Perfection, with a Side of Toasted Ciabatta for Dipping and Stokes Chutney to Add a Sweet, Tangy Kick. A Perfect Dish for Sharing (GFO)

All food is freshly cooked to order sourced by Local Supplier

Mains

From The Land

- Beef Lasagne - £17.50

Layers of Rich Beef Ragù, Creamy Béchamel Sauce, and Melted Cheese, Baked To Perfection. Served With A Fresh Side Salad and Your Choice Of Triple Cooked Chips Or Garlic Bread

-The Mary Tavy Steak and Jail Ale Pie- £20.00

A Hearty Pie Filled With Tender Steak Simmered In Rich Jail Ale, Served with either Creamy Mashed Potatoes or Triple Cooked Chips, with Gravy and Peas on the side.

-The Mary Tavy Burger- £20.00

An 8oz, 90% Beef Burger, Topped with Smoked Bacon, Mature Cheddar, and Devon Chutney. Served with Crispy Onion Rings, Triple Cooked Chips, and a Side of Coleslaw (GFO, DFO)

-Chicken Katsu Burger- £20.00

Two Crispy Fillets of Chicken, Coated in Golden Panko Breadcrumbs, with Melted Cheddar, Shredded Red Cabbage, and Spring Onion. Served with Triple Cooked Chips, and a Side of Coleslaw

-Chicken Supreme- £24.00

Chicken Breast Infused with Rosemary and Thyme, Served with Creamy Dauphinoise Potatoes, Black Pepper Mushrooms, and Crisp Green Beans, all Drizzled with a Rich Red Wine Jus (GF)

-Pork Belly- £24.00

Inch's Riverside Cider Slow-Roasted Pork Belly. Paired with Wholegrain Mustard Mash, Sweet-Sour Braised Red Cabbage, and a Flavourful Cider Jus (GFO, DFO)

Grills

-Sirloin-

£29.00

8oz Sirloin Steak, Juicy Sirloin Steak from Our Own Cattle. Served With All The Traditional Accompaniments – Roasted Tomato, Mushrooms, Onion Rings and Triple Cooked Chips.

-Gammon Steak-

£23.00

12oz Gammon Steak, Topped with Pineapple and Free-Range Fried Egg. Served With Roasted Tomato, Mushrooms, Crispy Onion Rings, and Triple Cooked Chips (GFO, DFO)

From The Sea

-Fish Pie- £18.00

A Creamy Fish Pie Filled with Tender Chunks Of Salmon, Smoked Haddock and Cod. Topped With a Golden, Buttery Mashed Potato And Melted Cheddar. Served With A Side of Fresh Vegetables (GFO)

-Fish and Chips- £18.50

Fresh Fish Coated In A Crispy, Gluten-free IPA Beer Batter, Served with Triple Cooked Chips, Mushy Peas, And Homemade Tartare Sauce (GFO, DFO)

Vegetarian and Vegan

-Cauliflower Steak- £16.00

A Thick-Cut Cauliflower Steak, Roasted with Aromatic Herbs De Provence and Paired with Creamy Dauphinoise Potatoes, Seasonal Greens, And A Rich Red Wine Jus (GF,DFO)

-Mediterranean Vegetable Lasagne- £16.50

A Vibrant Lasagne Filled With Mediterranean Vegetables And Creamy Ricotta, Layered Between Sheets of Pasta. Served With a Fresh Side Salad and Your Choice Of Triple Cooked Chips Or Garlic Bread

-Mushroom Bourguignon Pie- £17.50

Hearty Mushrooms Stewed In a Rich Bourguignon Sauce,. Served with Either Creamy Mash or Triple Cooked Chips, and Green Beans on The Side (GF, DFO)

-Mixed Bean and Vegetable Burger- £17.00

A Mixed Bean and Vegetable Burger, Topped with Melted Cheddar, Onion Rings, Fresh Coleslaw, Tomato Chutney and Chips (GFO, DFO)

Extras

Coleslaw £3.50 (GF)

Garlic Buttered Mushrooms £4.00 (GF, VG)

Braised Red Cabbage £4.50 (GF, DF)

Fresh Vegetables £4.50 (GF, DF)

Triple Cooked Chips, £4.50 (GF, DF)

Triple Cooked Cheesy Chips £5.50

(GF)