



THE MARY TAVY INN

Dinner Menu

October 2026

NIBBLES

Olives & Feta £7.00 (GF,DFO)

Sourdough and Pesto £6.00 (DF)

Whitebait and Tartar £7.00

Chili squid & Mustard Mayo £8.00

Melted Cheese Bites £8.00 (GF)

Pigs in Blankets £8.00 (GF,DF)



Aperitif

MTI 75 £12.00

Negroni £12.00

Kir Royale £12.00

starters

Roasted vegetable soup £10.00

Herb butter & sourdough (GFO, VG)

Baked Cheddar Mushrooms £9.00

Cheddar-stuffed mushrooms with crusty bread (GFO, VG)

Baked Camembert £15.50

Tomato chutney and Toasted Ciabatta (GFO)

Hoisin duck spring rolls £11.00

Crispy spring roll with ginger bean sprout and carrot

Garlic and Chorizo Prawns £11.00

Hot chili oil and bread (GFO, DFO)

Spicy Sweetcorn Fritters £9.00

Mature cheddar, tangy tomato chutney and olive salad (GF, DFO)

THE MARY TAVY INN CLASSICS

Beef Lasagna £18.50

Beef ragù, béchamel and melted cheese. Salad with chips or garlic bread

The Mary Tavy Steak and Jail Ale Pie £21.00

Steak in Jail Ale. Mash or chips, gravy and peas

The Mary Tavy Burger £21.00

8oz beef, smoked bacon, cheddar and Devon chutney. Onion rings, chips and coleslaw (GFO, DFO)

Fish Pie £18.00

Salmon, smoked haddock and cod with mash, cheddar and vegetables (GFO)

Fish and Chips £19.50

Gluten-free IPA batter, chips, mushy peas and tartare sauce (GFO, DFO)

Cauliflower Steak £18.00

Herbs de Provence, dauphinoise, greens and red wine jus (GF, DFO)

Mediterranean Vegetable Lasagne £18.00

Mediterranean vegetables and ricotta. Salad with chips or garlic bread

Mushroom Bourguignon Pie £17.50

Mash or chips with green beans (GF, DFO)

Mains

SEASONAL DISHES

Chicken Supreme £24.00

Rosemary and thyme chicken with crispy shallots and pancetta, dauphinoise potatoes, honey-roasted carrots and red wine jus

Pork Belly £24.00

Sage and garlic butter mash, crispy savoy cabbage, cider jus and homemade apple sauce

Duck Breast £30.00

Pan-fried duck breast, braised red cabbage, roasted new potatoes and caramelised orange jus

Wild Mushroom and Truffle Ravioli £18.00

White wine and cream sauce with seasonal greens

Monkfish Curry £24.00 (DF,GF)

Lemon and pepper pan fried monkfish. Infused in a cauliflower, mangetout and green bean Panang curry

Grills

Gammon Steak £24.50

12oz gammon with pineapple, fried egg, roasted tomato, mushrooms, onion rings and triple-cooked chips (GFO, DFO)

Sirloin £29.00

8oz sirloin with roasted tomato, mushrooms, onion rings, triple-cooked chips and peppercorn sauce (GFO, DF)

Chargrilled Chicken Burger £21.00

Chargrilled Chicken Breast with smoked bacon, Cheddar and Devon chutney and rocket. Served with Onion rings, chips and coleslaw (GFO, DFO)

Extras

Triple-Cooked Chips (GF, DF) £5.00 · Triple-Cooked Cheesy Chips (GF) £7.00 · Garlic Bread £5.00 · Cheesy Garlic Bread £6.50

Garlic Mushrooms (GF, DF) £5.00 · Braised Red Cabbage (GF, DF) £5.00 · Fresh Vegetables (GF, DF) £5.00

GF Gluten Free · GFO Gluten-Free Option · VE Vegan · VG Vegetarian · DFO Dairy-Free Option · DF Dairy Free

All food is freshly prepared and cooked to order

