



THE MARY TAVY INN

Lunch Menu

October 2026



To Start

Roasted vegetable soup £10.00

Herb butter & sourdough (GFO, VG)

Mozzarella sticks £9.00

Sweet chilli dip (VG)

Mushroom & black pepper Croquette £9.00

Mustard mayo & rocket (VG)

Chili squid £9.00

Lemon Pepper mayo

Whitebait £9.00

Homemade tartar sauce

Ciabattas

Tomato, cheddar and basil £ 13.00

Juicy tomatoes, mature cheddar and fresh basil (GFO, DFO)

Southern fried chicken £13.00

Crispy southern fried chicken & sweet chili sauce (DFO)

Ham & mustard £13.00

Cooked sliced ham and melted cheese. Paired with tangy mustard, chutney and rocket (GFO,DFO)

Bacon, brie & cranberry £13.00

Smoky bacon, creamy brie and a sweet cranberry sauce. (GFO,DFO)



Lunch

Beef Lasagna £18.50

Homemade lasagna with salad and a choice of triple-cooked chips or garlic bread

Vegetable and Ricotta Lasagna £18.00

Mediterranean vegetables and ricotta, with salad and a choice of triple-cooked chips or garlic bread (VG)

Mushroom Bourguignon Pie £17.50

Chips and green beans (VE)

Steak and Jail Ale Pie £21.00

Gravy, peas and a choice of mash or triple-cooked chips

Fish pie £18.00

Salmon, smoked haddock and cod with mash, cheddar and vegetables

Beer-Battered Fish and Chips £19.50

Gluten-free battered cod, triple-cooked chips, mushy peas and homemade tartare sauce (GF, DFO)

Chicken Gyros £17.00

Marinated chicken in a warm flatbread with onion, tomato, coriander and beetroot tzatziki. Chips and coleslaw

The Mary Tavy Burger £21.00

8oz beef burger with smoked bacon, Cheddar and Devon chutney. Onion rings, chips and coleslaw (GFO, DFO)

Smoked haddock & mango chutney fishcakes £16.50

Cucumber & dill infused slaw and lemon and pepper mayo (GF)

Ham, egg & chips £15.00

Sliced ham, fried egg and chunky chips

Grills

Gammon Steak £24.00

12oz gammon with pineapple, fried egg, roasted tomato, mushrooms, onion rings and triple-cooked chips (GFO, DFO)

Sirloin £29.00

8oz sirloin with roasted tomato, mushrooms, onion rings, triple-cooked chips and peppercorn sauce (GFO, DF)

Chargrilled Chicken Burger £21.00

Chargrilled Chicken Breast with smoked bacon, Cheddar and Devon chutney and rocket. Served with Onion rings, chips and coleslaw (GFO, DFO)

Extras

Triple-Cooked Chips (GF, DF) £5.00 · Triple-Cooked Cheesy Chips (GF) £7.00 · Garlic Bread £5.00 · Cheesy Garlic Bread £6.50

Garlic Mushrooms (GF, DF) £5.00 · Braised Red Cabbage (GF, DF) £5.00 · Fresh Vegetables (GF, DF) £5.00

GF Gluten Free · GFO Gluten-Free Option · VE Vegan · VG Vegetarian · DFO Dairy-Free Option · DF Dairy Free

Please tell us about any allergies or dietary requirements.

