

Asociación de Artes Presents:

Holiday Design & Fashion Show For Home and Person!

December 10th
1pm- 4pm

Place: Cascada del Leon -
#139 Camino del Leon - off Zebra Drive Las

Tickets ~ \$850 pesos / \$50.00usd
Sold at Vita's Art & Fashion and
Apron Lady at Saturday Market
Details at: www.eastcapearts.com



Holiday Design and Fashion Show for Home and Person!

By: Chris Courtright

Have you got your ticket for the Holiday Design and Fashion Show for Home and Person on December 10th from 1 – 4pm? Well, if not let me tell you why you should get a ticket now before they are gone!

First, we are striving to make the show the 'new event' of the holiday season with tickets limited to 100 guests. We will have a delicious Italian luncheon with Mango Bakery desserts and plenty of your favorite beverages available.

Held at Cascada del Leon in Las Brisas, the premiere and intimate location for a lovely afternoon, showcasing new fashions for your home and person. Not only a fun afternoon, but shopping right there for your convenience and your holiday shopping needs - for yourself, friends and family!

On the person side, you will see latest design from 4 local designers – Vita's, Salt + Cotton, Jolumir and Nativa Creations along with Elizabeth Perkins Designs. For the home side, designs from Dony Arts, Julie Shipman Photography, Apron Lady, Todos Artesanos and Mr. Copper, to name a few. All the designers have unique one-of-a-kind styles and superb craftsmanship, sure to please the 'hard to shop for's' on your list!

Continued On Page 3

ARTIST STUDIO TOUR OF LOS BARRILES February 4 10 — 4pm

Tickets \$100 pesos

Tickets sold at Baja Properties in LB

**Proceeds benefit the Schools of
East Cape and the students
in those schools!**

Presented by Asociación de Artes
www.eastcapearts.com



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Advertising in the East Capers gets the word out about your business AND your ad money supports the 3 week 'Cursos de Verano' summer school, for over 120 local children, provides school supplies for 20+ East Cape public schools, just to name a few things the Asociación de Artes does!

In addition to space in the printed version, your color ad appears in the online version at no additional cost. You can download the 2024-2025 Advertising Kit by visiting our website at: www.eastcapearts.com

Contributions Can Be Made to the Asociación de Artes

The Asociación de Artes del Mar de Cortez A.C., Los Barriles, B.C. Sur, Mexico is a legal Asociación Civil Mexican corporation not affiliated with any other organization, association, club or business.

Volunteers Needed!

The Asociación de Artes needs volunteers to help support their programs that bring the arts to the local communities and the schools.

To learn more about these programs, visit: www.eastcapearts.com. If you would like to volunteer, send an email to: eastcapearts@gmail.com.

Call for Articles

East Capers is looking for fiction and non-fiction about our region and items that affect our residents. If you are interested in submitting articles, recipes, stories or your personal experiences in Baja, email your 1,000-words or less article to:

eastcapersmagazine@gmail.com

Thank You!

This publication is possible with the help of the board members of the Asociación de Artes and members of the community.



Newsletter Email Address

eastcapersmagazine@gmail.com

East Capers Periódico

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Los Barriles, B.C.S, Mexico

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Imprenta Ciudad Los Niños,
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<http://ciudadninoslapaz.org/english/home.htm>

The opinions expressed within the articles in East Capers are those of the author and do not necessarily reflect the opinions of the Asociación de Artes del Mar de Cortez A.C.

December 2025 January 2026

Holiday Design and Fashion Show Continued From Page 1

The number one reason to be there is that all funds for this show supports the 20+ East Cape Area schools that are supported by **Asociación de Artes**. AdA has zero paid staff, so you can be assured that 100% of our proceeds go to supporting schools. It might be pencils, crayons, glue, colored paper, library books, soccer balls or computers/printers. The funds might replace the toilets in restrooms, repair AC units or electrical issues or purchase new desks, chairs or shelving. We do what each school specifically requests, and that takes funds and this is why we do events – just to make money to help the schools. We do it to **“help ensure that the educational experience is the best it can be”**. Education is the most important thing we can do to help our friends and neighbors with here in the East Cape. Education can take you places, lift you in spirit and station and make a life long difference to everyone in each students family circle. You know it takes a village to make the village great! Well, buy a ticket and become part of our village!!!

Tickets are only \$850 pesos or \$50usd. Tickets can be purchased at Vita's, Salt + Cotton or the Saturday Market. Can not make it to buy tickets? - we also have a 'will call' for tickets. Email us at eastcapearts@gmail.com, and we will send you our Venmo information for purchasing tickets! Simple, and you don't have to go anywhere until Dec 10th!

Please come out and support **Asociación de Artes** and our mission – you will have a great afternoon of food, drink, friends and fashions! More details are at www.eastcapearts.com

Artist Studio Tour

Not even taking a break, we run head long into preparation for our next event, the popular **Artist Studio Tour of Los Barriles**. Always held on a Wednesday, this year it is **February 4, 2026** from 10am – 4pm. The tour features around 15+ studios of local artists, most studios having guest artists, allowing you to see more than 25 artists in one day. It is fascinating to delve into the life of the artists as you see their home studios, maybe get an idea how they bring their style and art into their homes. Lots of inspiration can be gained at each studio and it is a perfect time to visit with the artist in a no stress situation! All the homes are located in the greater Los Barriles area, so it is not going to require a lot of miles of driving. Don't want to drive; well, we have that solved from Pablito's No Bad Tours – see details at www.eastcapearts.com or www.pablitostours.com. Again, the ticket price is still only \$100 pesos or \$6.00usd per person. Tickets will be for sale the day of the tour, at our convenient drive through ticket booth at Baja Properties in Los Barriles – you are not even required to get out of the car. Could not be any simpler than that!

The Artist Studio Tour has always been a favorite of everyone! Held before Valentines Day, you will have a great time getting all those one of a kind designs for your loved ones – or yourself! Gather as friends, visit studios, shop a little or lot, take a break for lunch and continue shopping at the rest of the stops. While at the studios, many offer snacks and drinks or a place to rest and visit. It turns out to be a great time for all – both women and men!

Complete details at www.eastcapearts.com

Both of these two events- **Holiday Design and Fashion Show** and **Artist Studio Tour** - provide you with a day of great entertainment, and you are supporting the East Cape area schools!! Can't get any better than that! I would say, it is the best entertainment 'bang for your buck'!! It feels good to do good and have fun doing it! Thank you for supporting **Asociación de Artes** and by doing so, the students of East Cape!



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What is Summer Camp = Curso de Verano in Los Barriles?

By: Theresa Comber

It's learning to swim and receiving your own mask and snorkel.

It's learning to read and getting a book to call your own.

It's learning English and practicing it with your friends.

It's creating hands-on art, painting murals, and discovering your imagination.

It's learning about the reefs and fish of the Sea of Cortez, and how to protect them.

It's caring for your pets—and loving them enough to make sure they are spayed or neutered.

It's helping care for animals who don't have owners and giving them the love they deserve.

It's spending a full day exploring Baja's flora and fauna—riding up the arroyo with 25 other kids in a side-by-side, then ending the adventure by jumping into a waterfall-fed lagoon.

It's boarding a 32-foot boat with marine biologists to see,

firsthand, everything you learned about the sea. And it's doing all of this with your friends, laughing, learning, and leaping into the ocean together.



This is Summer Camp in Los Barriles—an unforgettable three-week experience offered completely free for 100 children ages 6 to 12. Every year, kids tell us it's the best three weeks of their lives, and they count the days until the next summer.

Camp simply wouldn't be possible without an army of 25 incredible volunteers who make up the heart and soul of this huge (and very hot!) effort. We are also deeply grateful for our nonprofit partners across the East Cape, including SNAP, Rotary, Cortez Rescue, Asociación de Artes, Baja Coastal Institute, and especially our hand-in-hand collaboration with Los Barriles DIF.

And, most importantly, Summer Camp can't happen without the support of our East Cape community.

Please join us at Movie Night, hosted by our oversight organization *Los Barriles Kids*. All proceeds go directly to Summer Camp—and it takes eight Movie Nights each year to refill the coffers and we are also supported by generous individual donors, to whom we are deeply indebted. Every time you recycle with East Cape Recycling, you help keep tons of materials out of the landfill, and all after-cost proceeds help fund Camp as well.

Want to help? Volunteer? Donate?

We would love to welcome you. Come be part of the heart-swelling experience that is Los Barriles Summer Camp.



And a great day was had by all who were on board!



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Los Barriles Kids

For the love of our community, and especially its children, *Los Barriles Kids* is the organization that supports the financial needs of our Summer Camp, known in Spanish as *Curso de Verano*. Each winter, Los Barriles Kids hosts eight Movie Nights as the primary fundraiser for the program, helping provide a three-week summer experience offered totally free for local families for 100 children ages 6 to 12. The organization also receives remaining funds from East Cape Recycling Baja after expenses and additional donations. So, every time you enjoy Movie Night or recycle to care for our planet, you're also helping make an incredible Summer Camp and environmental education experience possible for the children of Los Barriles!



In Maria's Honor

By: Theresa Comber

Maria Flores Lucero served—together with her devoted colleague Obdulia Mendoza—as co-director of “Desarrollo Integral de Familia,” affectionately known as DIF (pronounced *Deef*), beginning in 2001. DIF is the heart of Social Services in Mexico, caring for families from the moment they are born until the end of their lives.

Maria was my dear friend. We met 14 years ago, when I first became involved with Curso de Verano. From the very beginning, Maria welcomed me into her world and into her community as though I were family. For all these years, we worked side



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by side. Her mission was always rooted in love—strengthening our friendship and, together, lifting up the children of this community through the Summer Course.

Maria left her thumbprint on every heart she touched, and she truly became the godmother of Los Barriles. She passed on November 18, leaving behind a legacy of kindness, commitment, and unwavering care. I know I will forever cherish her memory. She will remain in my heart, as she will in the hearts of everyone who has been blessed to be part of this community.



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Discover Baja the Local Way with Pablito's No Bad Tours

By: Shannon Reinhardt

For many visitors and new residents, the East Cape is a place of wide-open beauty, friendly faces, and endless possibilities—yet the best parts of Baja aren't always found on a map. That's where Pablito's No Bad Tours comes in. Created and led by long-time local resident Paul "Pablito" Neal, this small, community-driven tour company has become one of Los Barriles' most trusted ways to explore the region, learn the local culture, and experience the East Cape with ease.

Pablito has called Los Barriles home since 2018. After retiring from a 35-year career as a college counselor in California, he and his wife, Robin, relocated to Baja Sur for its warmth, pace of life, and strong community spirit. What began as a simple desire to help newcomers get oriented quickly turned into something more—Pablito became known as the friendly local who would point people to the best beaches, the most reliable services, the tastiest tacos, and the hidden corners most tourists never find. Before long, visitors were asking him to "take them around." Those requests grew into a full calendar of tours and special events, and eventually into Pablito's No Bad Tours, a name now synonymous with fun, friendliness, and genuine Baja hospitality.

What sets Pablito's tours apart is the relaxed, personal approach. His outings aren't rushed or cookie-cutter. Instead, they're designed to feel like exploring with a knowledgeable friend—someone who knows the shortcuts, the stories, and the people who make each town unique. Guests consistently comment that spending a day with Pablito feels like being welcomed into the community rather than simply observing it. The company offers a full range of experiences for every interest level. For culture lovers, the El Triunfo Historic Tour provides a fascinating look at a once-booming mining town brought back to life through careful restoration and local pride. Architecture, museums, and history blend seamlessly with Pablito's easygoing storytelling.

Travelers searching for tranquility gravitate toward the Santiago Hot Springs or Santiago Waterfall excursions. These peaceful, natural settings are perfect for unwinding in warm pools, wandering through quiet greenery, or simply soaking in the beauty of Baja away from the crowds.

Food and wine enthusiasts appreciate the popular La Venta Winery Tour, a scenic getaway into the countryside with tastings, views, and good conversation. And for those who enjoy a festive night out, Pablito leads San José Art Walk evenings, bar hops, poker runs, and Taco Tuesdays—simple, social outings that always turn into memorable nights.

Visitors who are new to Los Barriles often start with the Discover Los Barriles & "No Pressure" Property Tour,

Continued On Page 8

PABLITO'S NO BAD TOURS

Tours in Los Barriles & Surrounding Areas



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No Bad Tours Continued From Page 7

a friendly introduction to neighborhoods, services, local businesses, and the unique rhythm of life in town. It's one of the region's only orientation-style tours and has helped many people get comfortable quickly.

In 2025, Pablito expanded his offerings through a partnership with Eduardo's Tours of La Paz, well-known for whale shark adventures, Espíritu Santo Island excursions, and whale watching trips. Guests receive special pricing simply by mentioning Pablito when booking—another example of how this small local business continues to build community connections that benefit visitors and locals alike.

Even with a growing lineup, Pablito's No Bad Tours stays grounded in its original purpose: helping people feel at home in Baja. Paul and Robin are active volunteers and strong supporters of Los Barriles nonprofits and small businesses. Many of their tours highlight local artisans, restaurants, and organizations that make the East Cape the vibrant community it is.

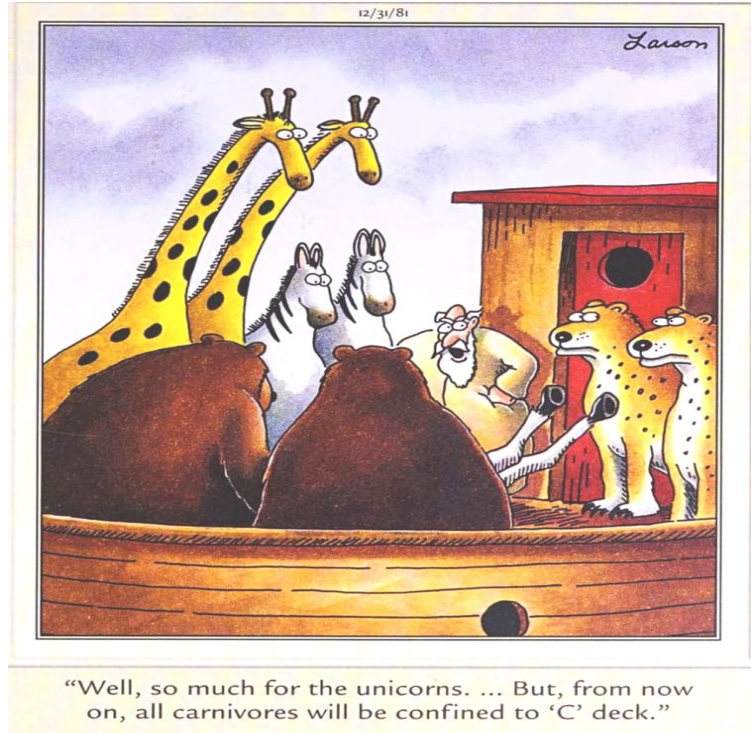
For travelers searching for guidance, friendship, and a deeper Baja experience, Pablito offers something rare—genuine local insight delivered with heart. And for full-time or part-time residents who think they've seen it all, his tours often reveal new layers of a region that still holds

plenty of surprises.

With warm hospitality, community involvement, and a belief that every adventure should be fun and stress-free, Pablito truly lives his motto: There are No Bad Tours.

To learn more or book an upcoming adventure, visit www.pablitostours.com

Welcome Pablito's No Bad Tours to East Capers!



Paul's one-liners

By: Paul LaGloire

- Gray hair is heaven's first invite.
- Ambition is aspiration with a killer-instinct spirit.
- Skunks don't need agents to announce their whereabouts.
- A well-expressed apology will often reverse the blame.
- The ones with successful pipe dreams now smoke cigars.
- An assumption is a half-assed prediction.
- An unsuccessful attorney drives his own ambulance.
- Equilibrium: He has gluttony for her food, she has appetite for his gossip.
- You know you're old when your grand-kids are balding.
- Holidays and booze, two good baked traditions.
- Bored? ... count backward from 200 by 9s.
- In the U.S. turkey mating slows down ten days before Thanksgiving.



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Club Rotario Cabo del Este: Big Hearts in a Small Town

By: Brittany Baker, RN, BSN, CDCP
& Member Club Rotario Los Barriles Cabo Este

If you were at Taste of the East Cape this year, you already know it was the East Cape's hottest party- and on a Tuesday! From the amazing food and drinks to the buzzing silent auction, the whole night felt like a big community hug. On behalf of Club Rotario Cabo del Este, thank you to everyone who bought tickets, bid, donated, or helped behind the scenes. Every peso you contributed goes straight back into projects that support our neighbors.

I'm writing this as a proud member of our Los Barriles Rotary club, and as someone who loves this place. I want you to know what your support makes possible- and to invite you to be part of it.

You see Rotary in the fun, colorful moments: we help bring life to the Día de Muertos and spring parades, supporting the cultural traditions that keep our town's heart beating. You also see Rotary in the quieter work: making parks safer, libraries cooler, and clinics more reliable for the people who depend on them every day.

Health & Wellness at the Center

Rotary's motto is *Service Above Self*, and for our club that often means very practical health and wellness projects.

Mosaic Workshop

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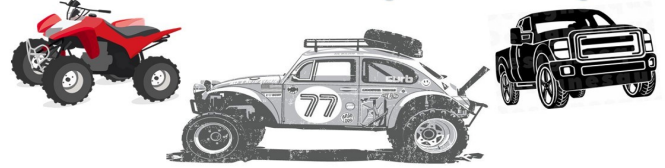


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Los Barriles, B.C.S next to Carmens Cafe

We collaborated with moms in the community to improve our parks, adding shade and lights so kids can play more safely and families can gather comfortably. We supplied a generator for the Centro de Salud, the community health clinic so many locals rely on, because when the power goes out, health care can't just stop.

We support children's health screenings in local and rural schools, working with the DIF and teachers to identify kids who may need glasses, dental care, or other follow-up. Quiet projects like these don't always make headlines, but they change lives. We also helped install a second air conditioner at the library, giving children and adults a cooler, more welcoming place to read, study, and connect.



Club Rotario Los Barriles Cabo Este
Est. 2005

Collaboration Is Our Superpower

One thing I love about the East Cape is that no one tries to do everything alone. This year, Club Rotario Cabo del Este is collaborating with the Lazy Daze Toy Drive, donating toys and soccer balls to help make Christmas brighter for local children. We also work with the East Cape Guild and other local organizations that share our values. Without the support of the East Cape Health Center, we couldn't manage our health fairs and screenings.

When we join forces- Rotarians, local businesses, Mexican and expat families, schools, DIF, clinics, and community groups - we can do far more than any one group could do alone. Together, we really are capable of doing great things in our community.

Where Do You Come In?

Maybe you came to Taste of the East Cape and thought, *Wow, this is fun — I wonder who puts all this together.* Maybe you've seen the Rotary logo on a banner and felt a little tug that says, *I'd like to help with something like that.* If that's you, this is your invitation.

In Club Rotario Cabo del Este, we are always happy to welcome:

- **Members** who want to get involved regularly and help lead projects.
- **Volunteers** who can lend a hand at events or with specific skills.

Continued On Page 11

Rotary continued From Page 10

- **Donors and sponsors** who help fund projects or contribute in-kind.



Use qr Code to Donate to Our Causes

- **Supporters** who cheer us on, share our work, and help connect us with others.
- There is always room for one more set of hands, one more generous heart.

Looking Ahead to 2026

We're just getting started. In 2026, our club has projects planned to keep improving the health and wellness of our community - from public spaces to support for clinics, schools, and families. We want every child, every elder, every family in the East Cape to feel the impact of living in a town that truly cares.

Would you like to join us?



Baja Shakespeare Presents

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Saturday, Feb 21 - 7:00 p.m.
Sunday Matinee: Feb 22 - 1:30 p.m.
Wednesday, Feb 25 - 7:00 p.m.
Thursday, Feb 26 - 7:00 p.m.
Friday, Feb 27 - 7:00 p.m.
Saturday, Feb 28 - 7:00 p.m.

Director: Camilla Ford
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Tickets Available: Homes & Land of Baja
Los Barriles
Price: 500 pesos, \$25 USD

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EAST CAPE GUILD IS SOON TO BE 30!

By: John Plotkin

At 29, the East Cape Guild is one of the oldest non-profit organization on the East Cape. We will celebrate our 30th year in 2026! Many locals know the Guild well, but with the influx of new people to town, we thought we ought to let you know who we are and what we do.

The mission of the East Cape Guild is to provide educational benefits for the students of the East Cape, BCS.

The East Cape Guild was established in 1996 to provide scholarships to local students to attend high school. The Mexican government pays to send kids to school only through the secundaria level (9th grade). After that, parents must pay tuition, transportation, and other costs (uniforms and supplies) to continue their child's education. These costs can approach \$500 USD annually, depending on the transportation costs, and are difficult for some families to pay, especially if they have more than one child at the high school level.

The process of awarding the much sought-after becas (scholarships) begins in January when the Guild distributes applications to the secundaria and preparatoria schools. The students must submit the applications in Spanish and Eng-

lish, as well as provide proof of their grades and a letter of recommendation from a teacher or other non-related person. Becas are awarded based on academic achievement and financial need. Scholarships are awarded based on the ranking and on the amount of money the Guild has raised each year. To receive a scholarship in year one and subsequent years, the student must maintain at least a level of 8 (out of 10) in each of their classes. *In May of 2025, we awarded 190 high school and 80 college scholarships.*

The East Cape Guild is an entirely volunteer organization that raises funds by holding community fundraising events and through cash donations. Donations can be tax deductible under US law by donations through the International Community Foundation.

The Guild serves a variety of towns and communities in the East Cape, with its service area ranging from Mira Flores in the south to El Triunfo in the north. It provides scholarships to students from the larger towns, e.g., Los Barriles, La Ribera, Santiago, Mira Flores, El Cardinal, and San Bartolo. It also provides scholarships to children from smaller towns and remote ranches.

The Guild members and board include Mexican, American, and Canadian citizens. The Guild meets once a month to discuss its fundraisers and activities. Membership is \$50 per year. We welcome you to join this meaningful organization.

The Guild is known for its FUN FUNDRAISERS. This year's fundraisers include the recently concluded Parade of Homes/Poker Run, Tamale Day at the Los Barriles Concha on February 1, and the Nashville Songwriters VIP dinner and Concert on March 6 and 7, 2026. Keep an eye out on the Los Barriles Facebook pages and the Baja Pony Express for ticket information.

Since its inception, the Guild has raised over \$1,363,888 and funded over 3992 scholarships. Your town mayor, your builder, your architect, your engineer, your restaurant or spa owner, and your Mexican neighbors may have been scholarship recipients. The Guild, with humility and appreciation for the community that supports us, submits that it has provided academic and professional opportunities to the citizens of the East Cape that did not previously exist.

So, that is who we are. Please consider joining the Guild, attending our fundraisers, or financially supporting the deserving students of the East Cape.

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Buying EBike?

By: Bill Osborne

The hottest selling thing in the bike world is the ebike. The number of companies selling ebikes has exploded in the last ten years. The market is so hot that car manufacturers Mercedes and Rivian have joined the fray. There are so many choices available that choosing the perfect bike can be a daunting task. If you are considering purchasing an ebike, there are several things which you need to think about before purchasing. For some of us, budget is a major factor. Prices range from \$800 to \$20,000. So, what do you get for more money? Some of the lesser-priced ebikes are weak on components, so the best thing in shopping is to take a test ride. I have test-ridden bikes that ranged in cost from \$800 to \$15,000. Yes, the components on the higher-priced bikes are very good, but realistically, I couldn't justify the top-priced ebikes. One thing in shopping is finding a bike shop that has a good range of options. Be careful that a shop isn't trying to dump inventory. Before I selected a shop, I checked a store's reputation for sales and service. In the end, I found a shop that takes time fitting the rider to the bike that works best for you. What may seem like a perfect ebike for me might not be at all good for you. The shop I use treats every customer well and stands behind their products. The service they provide is top notch!

When looking at ebikes, there are three classifications to consider. Class 1 ebike. Assistance: Pedal-assist only. The

motor provides boost only when you are pedaling. Top speed: The motor cuts out at 20 miles per hour. Class 2 ebike. Assistance: Has a throttle, allowing the rider to use an electric boost with or without pedaling. Top speed: The motor cuts out at 20 miles per hour. Class 3 ebike. Pedal-assist only. The motor provides boost only when you are pedaling. Top speed: The motor cuts out at 28 miles per hour. There are some manufacturers that are building Class 3 bikes that include a throttle. My personal preference is a class 3 as I like have the option of 28 mph boost. Ultimately, the choice is up to you. Once again, it is a good case for test riding before purchasing.

My first ebike was a mid-priced Class 1 bike which I thought would work for me in Los Barilles. The bike was heavy, weighing more than 80 pounds and the components were substandard. The power was not enough for me to ride up the steep hills without overexerting myself, and the battery didn't hold a charge long enough to ride long distances. Had I followed my advice about test riding before purchasing, I would never have purchased the bike.

My next bike had better components, and the battery kept me going for 25+ miles. I did test the bike, and it seemed like it would work for me. What I didn't do was test ride it on the same conditions I would encounter in Los Barilles. The bike worked well for my wife who weighs 120 lbs., but it wasn't quite enough for my 180 lb body. I found a local buyer who weighed in at 120+ and it is perfect for her. After several mistakes, I settled on a Class 3 bike that has lots of power, good components, and came in at \$3,000. An added bonus: the new bike has 3"-wide tires which will allow me to ride comfortably on dirt and gravel roads.

At my home in Washington State, I have an ebike that works perfectly for me. Because I never ride on anything other than pavement, the tires are 2" wide. The power is enough to allow me to ride comfortably. While riding at home, I have learned a lot about how to get the most out of my bike.

One way to ride is to use the motor to give the most assist possible. The advantage of this style allows the rider to ride as fast as possible with the least amount of effort. The downside is twofold. First, battery life is greatly diminished, reducing range. The second downside is exercise. By increasing boost, the amount of work is diminished, so the calories expended is low. After playing with my bike, I settled on a strategy that works for me. I use a smart watch that measures my heart rate. My goal is to keep my heart rate between 130 and 140, so I adjust the boost and gear ratio to maintain my heart rate.

On the Road to Nowhere, I start out at the lowest assist and adjust the gearing, so I can ride at 20+ mph until I begin the climb to the first summit at the five-mile mark. Depending how am feeling, I adjust the boost to keep me riding uphill at a speed of 15 mph. In the early days of ebike riding, I thought that turning off the boost would conserve battery life. In reality, as long as you are coasting, the battery is not drawing power, so it isn't necessary to turn the battery off.

Continued On Page 15



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EBike Continued From Page 14

Once I begin the second climb, I adjust the boost to keep the power where I am working and not overusing the battery. Over the last year, I have played with different scenarios. It's amazing how boost management can conserve battery life.

One important thing to do while riding is to monitor battery life. No matter where I ride, I turn around and head home when my battery power level drops to 60%. Remember, when you are riding back to town, you have more than a mile and a half climb before you reach the last summit, so watch your power level.

In town, you can rent an ebike. Renting one for a day is a great way to introduce yourself to the ebike world, but be careful, because once you try an ebike, you'll want one!

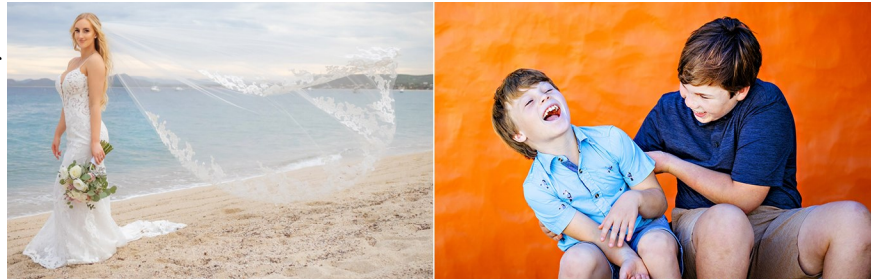


Key Dates To Celebrating Christmas In Mexico

- **December 12:** Day of the Virgin of Guadalupe. This is a significant religious and cultural celebration in the lead-up to Christmas.
- **December 16–24:** Las Posadas. These nine days of processions and parties lead up to Christmas Eve.
- **December 24:** Christmas Eve (Noche Buena). This is a major celebration night, often marked by a late-night mass, family dinners, and gift-giving.
- **December 25:** Christmas Day (Navidad). This is a public holiday and a day for family gatherings.
- **December 28:** Day of the Holy Innocents (Día de los Santos Inocentes). This is a day for harmless pranks, similar to April Fools' Day in some other countries.
- **December 31:** New Year's Eve (Noche Vieja). Celebrations continue to mark the end of the year.
- **January 6:** Three Kings' Day (Día de Reyes). Christmas season celebrations often conclude on this day, with children receiving gifts.

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Life on a Liveaboard

By: Cheryl Hampton AKA Scubacheryl

Sitting by the sea, watching a boat pass by, have you ever wondered who is aboard, or where it's going or what adventures they are off to experience? You don't have to be a millionaire or a superstar to find out. Welcome to the world of Liveaboards. What is a Liveaboard? It's just what it sounds like. You live aboard a boat, with a group of like minded individuals, on scheduled packages and head out into the blue to experience a variety of experiences. Liveaboards operate in many locations throughout the world but here in Southern Baja, you can choose among sailing adventures, kayaking adventures, marine life watching, snorkeling or diving adventures.

In April 2026 I am taking a small group of scuba divers on a liveaboard to a diver's bucket list area I have visited several times before. Contact me for details on that charter at info@lbbeachgear.com. I first went on this ship, the Valentina, a 115 ft ship out of La Paz by Fun Baja as part of group of 20 divers who departed San Jose del Cabo Marina in Feb 2025. Destination – the remote Revillagigedo Archipelago, commonly referred to as Socorro, the largest of the four volcanic islands that lie 285 miles southwest of Cabo San Lucas. This marine national park is known for big marine life such as Giant Oceanic Mantas with up to 30 ft wingspans, many varieties of sharks, dolphins, whales and more which makes this a bucket list trip for most advanced scuba divers. The crossing is over

30 hrs each way and most trips are 10 days to allow enough time to enjoy all these waters have to offer.

Typically travelers arrive at least one day ahead of departure to allow for travel delays, recover from jet lag and also to meet up with your fellow travelers. For this trip I was introduced via common friends about a year ago as they began to plan this trip. I had previously visited these islands 4 years earlier and was ready for a return trip. Many who use Liveaboards travel in pairs so they have a built in roommate and dive partner. But others like myself on this and earlier trips I have made, use this as an opportunity to make a new friend. Cabins are cozy so you need to travel light with minimal clothing as it's a very casual environment. En-suite bathrooms are provided with bunk beds being fairly typical.

We boarded the ship and immediately began to settle in while the ship fueled and finished provisioning. Valentina has a crew of 10 who operates the ship, cooks and serves all the delicious meals as well as all the dive operations. We enjoyed dinner and went to bed while the ship began it's long journey to the first island of our adventures. We traveled all the next day and arrived the following morning. The ship offers outdoor and indoor lounge areas so there is plenty of space for everyone to either spend time together or separately. There was a former park ranger aboard serving as one of our dive guides who provided detailed briefings on the islands and what we could expect to experience when diving this area. Most specialty Liveaboards offer naturalist briefings or area experts so you get the full benefit of local knowledge.



Liveaboards are eat, sleep, experience and repeat. You have none of the usual time lost with transportation to and from lodgings and whatever you really want to be doing. You live on top of what you are there to see. Typically we woke up when they ring a bell so we can make our way upstairs for coffee or whatever your morning choice is followed by getting into our dive gear so we could be ready to board the skiff. We were divided into three teams, mine was the Sharks, and we always dove with the same group with the dive guides rotating across the three groups. We also rotated the order in which we dove so each group got to be first in the water. Short 5-10 minute ride to the dive site and then back roll entry followed by descent into an amazing world. All too soon we run low on air or dive time and had to return to the surface. It's deep drift diving so the

Continued On Page 17

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Liveaboard Continued From Page 16

skiff returns when we surface as a group. Excited chatter about all the cool stuff we saw on the dive began as soon as we hit the surface. Once back aboard we shed our dive gear, put on something dry and headed for the dining room to replenish and share stories with the other groups. After a short surface interval we returned to the dive deck to do it again as 3-4 dives are offered daily.

Sometimes it felt like we dropped into a Manta party with 5-6 gentle giants gliding around. They love our bubbles and would swim above us to enjoy them. They each have unique markings like a fingerprint and our guide told us they have one that's been seen for over 35 years. We saw many types of sharks cruising by us at the cleaning stations they visit where fish pick off their parasites in a truly symbiotic relationship. Dolphins made their appearance, octopus and eels roamed the reefs and a mom and baby Humpback whale glided above. This was peak whale season so their singing was our background soundtrack along with our own breathing. It's truly a magical experience. It's impossible to fully convey in words this experience so please visit my YouTube Channel, LB Beach Gear AKA Scubacheryl, @LosBarrilesBeachGear, to view the crew video from my last trip. For booking inquiries please email info@lbbeachgear.com.



Balance And Osteoporosis

By: Sefi Held

Balance, which is essential for integrated movement, declines as we age. We start to lose our balance in our 50s, but it can be challenged at any age due to medical conditions, injuries and certain medications. The good news is that simple exercise can help maintain and even restore balance.

Why is it important to balance? Accumulation of your body parts working together - muscles, tendons, and joints sending signals to your brain to say this is where we are in space and to make minor adjustments to keep you upright and from falling down is essential.

Falls are a serious risk for older adults, with consequences such as fractures and head injuries that can lead to death. As many as one-third of adults over 65 years who live independently fall annually. If you have been diagnosed with Osteoporosis, the risk of fracture can be devastating. Osteoporosis is a condition that causes bones to become thin and porous, decreasing strength and leading to an increased risk of breaking a bone - making you prone to fractures in the forearm or wrist, upper arm, hip, pelvis and vertebrae. No single cause for osteoporosis has yet to be identified and it is referred to as the "silent thief" because bone loss occurs without symptoms. It can result in disfigurement, reduction or loss of mobility and decreased independence. To help prevent falls, improving balance, removing hazards and addressing issues like poor vision, and nutrition can all help. Your doctor may recommend medications that can help prevent

bone loss or increase bone mineral density.

Older adults, particularly those with osteoporosis, or spinal fractures need to focus on strength and balance. When I fractured my spine in 2017, I was disappointed in the information given to me by medical professionals regarding safe spinal movements. Even the lectures I attended at some of my conferences did not provide answers that I was satisfied with. An interesting fact that I did learn while seeking out more information on this disease is that our peak bone mass is achieved at an early age - age 16 in girls and age 20 in young men.

I was fortunate to meet an integration leader with Osteoporosis Canada this summer and she suggested that I enroll in the Level 1 and 2 BoneFit certification course. I registered for this immediately and when the next Level 1 online is available, I'll be a student again but need to wait and take the practical Level 2 when I return to Canada - yes, I will always be that lifelong student.

Research has shown the benefits of exercise interventions in the prevention of falls and that exercise training can reduce falls by a whopping 23%!

Programs combining **balance exercises** and **functional training** reduced falls among participants when compared with non-exercisers. Programs that blend balance with functional training are likely to reduce falls, and consistent Tai Chi, Yoga and Pilates practice may also lower risks.

Continued On Page 18



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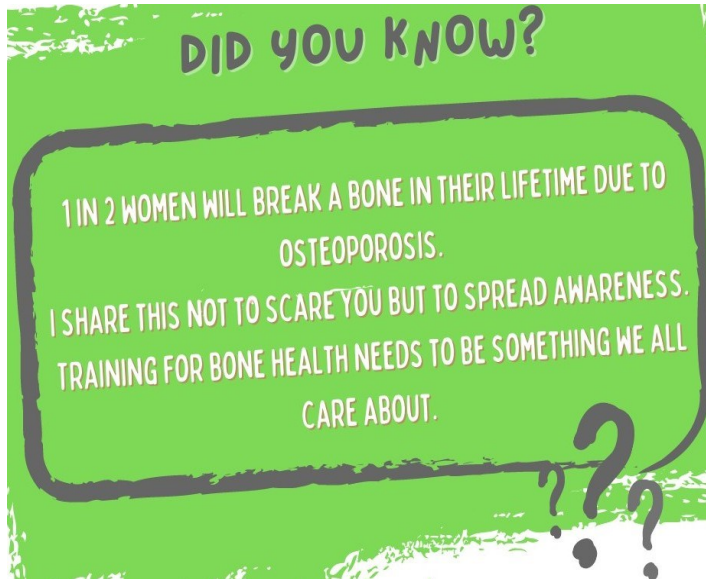
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Balance Continued From Page 17

Having a strong trunk and hip complex helps us maintain balance for years to come. Incorporating multiplanar exercises targeting the core musculature and the gluteals are extremely beneficial as well as balancing by starting on the non-dominant side.

Let's stay balanced and become too fit to fracture!



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Baja Shakespeare - The Little Baja Mermaid

By: Kim Scholefield

Baja Shakespeare is thrilled to announce our 26th annual production, "The Little Baja Mermaid." Dates of our 7 shows are: Opening Friday February 20, Saturday 21, Sunday Matinee 22, Wednesday 25, Thursday 26, Friday 27, Closing Saturday February 28. Curtain rises at 7pm sharp, Sunday Matinee 1:30pm. Please note, doors open 30 minutes prior, at 6:30pm & 1pm.

Our venue is the same as last few years. The Convention Center at the Hotel Palmas de Cortez, Los Barriles, will be transformed into our Sea of Cortez underwater world.

Tickets will go on sale in January, at the Homes & Land of Baja office in Los Barriles. Stay tuned, ticket sales are brisk, you will not want to miss your group night! The cost of tickets will remain the same as previous years, 500 pesos or \$25.

The Little Mermaid has a long history beginning with Greek mythology sea creatures interacting with humans. European folklore had many tales of mermaids and Scandinavian legends told tales of sea spirits longing to share human souls. Growing up, we had Disney & Broadway productions, but the most famous version of The Little Mermaid was written by Hans Christian Anderson in 1837, with themes of love, sacrifice, spiritual longing & the pain of transformation. Our Baja Shakespeare adaptation will share all of these themes but with local fishermen, kites, pickleballers, sharing local jokes, with plenty of laughs, singing and dancing! Join us, as we bring light to our enchanting East Cape underwater world, as it meets our inspiring Baja lifestyle.

Colorful, vibrant costumes are being sewn, this is sure to be a spectacle of mermaids, fish, octopus, eels and more. The Cast & Crew are working diligently to create a memorable, action-packed, comedic show! See you in February for another unforgettable adventure onstage! Cheers to Year '26!





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Behind the Scenes at Leaders2Give

By Adam Greenberg

Have you ever wondered what goes into running a nonprofit? Leaders2Give is a U.S.-based 501(c)(3) that supports vulnerable children by providing access to safe housing, healthcare, education, and food security, either directly or through our growing partner network.

Founded to build and sustain the John Gullo Home for Children, our mission is to empower people to become leaders through hands-on work in developing communities. Our board is 100% volunteer-run, and we've been serving the Baja California Sur community for six years with a team that's very hands-on.

Our board members don't just attend meetings and vote. They roll up their sleeves and dive into the day-to-day work that keeps the organization running. That means everything from fundraising and donor stewardship to community outreach, compliance tracking, financial oversight, marketing, design, content creation, and administrative tasks. We're a working board, and that's how we've been able to sustain and grow our impact.

Each board member brings something unique to the table. Some focus on donor relationships, others on spreading the word about our mission. We've had members lead local fundraisers, host community information sessions, build strategic partnerships, and manage operations. It's this collective effort that keeps our mission alive.

Board terms are two years, and members often serve one or two terms so there's always natural turnover. If you've ever considered stepping into a leadership role and applying your skills in a cause that truly changes lives, we'd love to hear from you whether you're experienced in nonprofit work or not. Your



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ideas and dedication could be exactly what we need to keep this mission thriving.

As we look to the future, one of our top priorities is building out the board of Lideres Para Dar AC, our Mexican sister organization. It was created to ensure we can operate legally and effectively in Mexico and build deep local roots. We're looking for passionate, committed individuals, especially Mexicans who live in Baja California Sur, who can help guide, shape, and grow this important work on the ground.

We've accomplished so much thanks to our board's dedication, from launching the John Gullo Home for Children to building partnerships that support our mission. But none of it would be possible without the ongoing support of our community.

And if you missed our November webinar about the John Gullo Home for Children, no worries... you can catch the recording on our website. If you want to learn more about what's gone on at the children's home since the ribbon cutting 1 year ago, visit leaders2give.org to watch the replay.



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We wish all of you to have a blessed and joy-filled Christmas Season!

God Bless and Go to Church!

Luke 2: 10—11 And the angel said unto them, "Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David, a Savior who is Christ the LORD"



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Guardians of the Sea: The Story of Grupo Tortuguero and Turtle Hatchling Releases

By: Kareema Jones

Every year, as the warm winds of autumn sweep across the East Cape, a remarkable event unfolds along our pristine beaches—the release of thousands of sea turtle hatchlings into the vast blue expanse of the Sea of Cortez. From mid-October through the end of November, weather permitting, the beaches come alive at sunrise as tiny turtles begin their journey toward the ocean. Around 7:30 AM each morning, visitors and locals alike gather to witness this awe-inspiring spectacle.

A Mission Born from Wonder

The heart behind this conservation effort is Grupo Tortuguero, now in its 16th–17th year. Founded by brothers Noe and Omar Araiza, the organization began with a simple yet profound moment: Noe and his young daughter watched a mother turtle lay her eggs on the beach. Her expression of wonder sparked a lifelong commitment to protect these ancient creatures.

Since then, the Araiza brothers have dedicated countless hours—often outside their full-time jobs—to rescuing

nests, safeguarding eggs, and ensuring hatchlings have a fighting chance at survival. Their passion has transformed into a community-driven mission that releases 25,000–35,000 hatchlings each season.

Behind the Scenes: A Labor of Love

The process begins long before the hatchlings emerge. Each year, Grupo Tortuguero secures two permits from the government in La Paz:

- * Nest Collection Permit (June–November) for a 14-kilometer stretch from La Ribera to north of Playa Norte.
- * Nursery Permit for the protected beach site where eggs are incubated.

Before dawn, Omar patrols the beaches on his quad, searching for signs of nesting females. When he finds a nest, the delicate work begins—gently transferring eggs into sand-filled bags without breaking their fragile shells. By 7:30 AM, he arrives at the nursery with 8–12 bags, each containing dozens of eggs. Inside the nursery, Noe and Omar reconstruct nests 18–24 inches deep, count the eggs, and carefully place them for incubation. After about 45 days, the hatchlings emerge, ready to imprint the sand before heading to sea.

The Science of Return: Natal Honing

One of nature's most fascinating mysteries is how female turtles return to the same beach where they were born—sometimes 12–15 years later. Scientists believe this phenomenon, called natal honing, involves a combination of cues:

- Earth's magnetic field
- Geomagnetic mapping
- Unique beach scents
- Low-frequency sounds
- Seasonal currents and celestial navigation

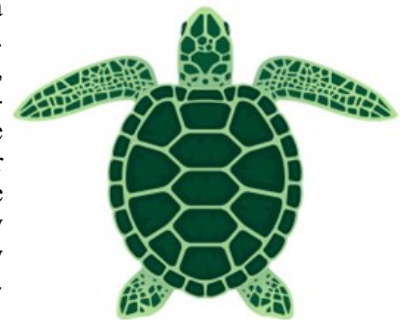
This intricate navigation ensures the cycle of life continues, generation after generation.

Respecting Ancient Mariners

Sea turtles have graced our oceans for over a billion years, making them among the oldest living creatures on Earth. During nesting and hatching season, we ask visitors to observe from a respectful distance. Quiet, space, and minimal human impact are essential for these magnificent animals to thrive.

Join the Experience

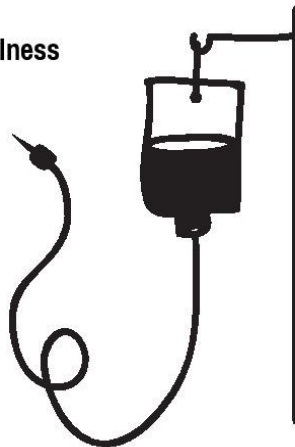
Witnessing a hatchling release is more than a photo opportunity—it's a chance to connect with nature, support conservation, and be part of a story that spans millennia. So, set your alarm early, bring your sense of wonder, and join us on the beach as the sun rises over East Cape. Together, we can help ensure these tiny travelers find their way home—today and for generations to come.



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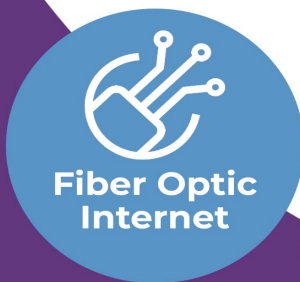
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Here We Go Again!

By: Gordon Blackie

It's that time of year again. Mornings see folk disappearing into the bush to prepare the trails for the Feeding the Hungry Community ATV Fun Ride.

Broken arms, limbs, and gout are not acceptable limitations for the folk that prepare the trails for the charity ride. They are all well over 70 years old, are used to aches and pains and adapting to physical disabilities. They frequently need to rest but crack jokes and tell stories to disguise this fact. They spend more time leaning on shovels than actually shifting dirt or clipping bushes! However, they have the satisfaction that their efforts are helping to raise money to feed those in our community who are in much worse situations than we are.

Do you enjoy being out in the backcountry? Do you enjoy the camaraderie of a small group of like-minded folk? Can you wield a pair of loppers? Can you lean on a pickaxe or a shovel? (or, even better, use one!) Would you like to contribute some physical effort to feeding those less fortunate in our community?

If so, we would love to have your help. Please contact Gordon Blackie gordonandjoy@gmail.com

For more details about the Feeding the Hungry Charity ATV Ride, which is a major fundraiser for Feeding the Hungry, see <https://www.AtvFunLosBarriles.com>

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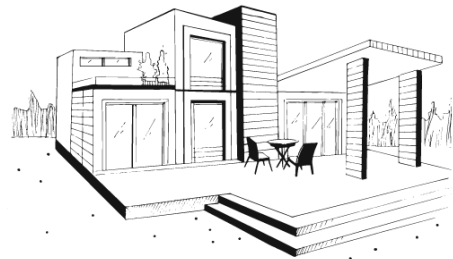
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Crescent Moon Project: Art for Children

By: Betsy Fox

Growing Creativity, One Child at a Time

Crescent Moon Project (CMP) continues to brighten young lives through the transformative power of art. The program is expanding its reach with new classes, collaborations, and community projects designed to nurture creativity and confidence in children from age five through high school.

Creative Learning in Action:

Art Studio Classes

Every week, CMP opens its studio doors for free children's art classes led by beloved local teacher **Yasmin Meraz**. This year, students take a deep dive into the works of celebrated artists, with each month dedicated to a different figure. The curriculum alternates between Mexican artists and international voices, giving young creators a rich, multicultural foundation in visual art.

Artist Collective

Los Barriles' vibrant art community also plays a crucial role. Through the Artist Collective, artists volunteer time to guide small groups of students in multi-session workshops, introducing children to professional techniques and processes. The resulting student pieces—along with works generously donated by the artists—will be showcased at **CMP's Spring Art in Bloom fundraiser on March 28**.

Community Murals and Public Art

Art isn't confined to the classroom. In partnership with Restaurante San Miguel on the bypass roads, CMP students are collaborating with Cabo-based artist Carla Yannayon to paint a large outdoor mural. Visitors can stop by the restaurant to watch the mural take shape, enjoy a vivid example of community art in progress, and share a delicious meal.

The Power of Art Education

For our children, CMP is more than an extracurricular program—it's a pathway to personal growth. Art encourages creativity, problem-solving, and communication, while strengthening confidence and expression. Students learn to collaborate, appreciate diverse perspectives, and take pride

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by
Connie Heinen



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in their cultural heritage. With the support of donors and volunteers, CMP continues to offer these opportunities, helping shape the next generation of curious thinkers and compassionate community members.

How You Can Support CMP

- **Buy a Student Art Calendar** created by CMP youth (watch our Facebook page)
- **Fulfill a Wish:** Purchase art supplies from the **CMP Amazon Wishlist**.
- **Make a Donation:** Support the program directly through the **Leaders2Give platform**.

Continued On Page 28



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CMP Continued From Page 27

Upcoming Fundraising Events

Ornaments & Margaritas: *December 3 and 10.* A festive evening of ornament-making, creativity, and community fun—all in support of CMP programs.

Art in Bloom: *Saturday, March 28:* CMP's signature annual celebration, featuring art, food, music, and meaningful connections.

Creating a Brighter Future, Together

With every brushstroke, Crescent Moon Project helps children discover their voice, express their ideas, and build confidence in who they are and what they can create. Through community support and shared passion, CMP continues to cultivate a future where imagination thrives and creativity leads the way.



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Ponche de Navidad – Christmas Punch

By: Renée Lagloire, M.A. Anthropology

A traditional drink during the holidays in Mexico is *Ponche de Navidad*, or Christmas punch. The beverage, made of fresh and dried fruit, is served at the *posadas* leading up to Christmas, and is especially enjoyed on Christmas eve (*Noche buena*). The history of *ponche* is not clear. It may have its roots in India, then moving into ancient Persia, where a drink called “panch” made with lemon, sugar, herbs and rum was enjoyed. It is thought that the Moors brought the drink to Spain, where it was adapted, undergoing a name change to *ponche* in the process. The celebratory beverage was then brought to Mexico by the Spaniards where it was popularized. There are now hundreds of recipes for *ponche* throughout Mexico, with adaptations based on local ingredients.

The tradition of serving *ponche* during the holidays is alive in Baja California Sur, but may not be as prevalent as it once was. A friend, Deyanira from San Bartolo, indicated: “When I was little, I could see my mother and aunties preparing *ponche* for Christmas Eve. For us, it was a family thing, we enjoyed it at parties with the family on my mother’s side. It’s traditional, and has cinnamon, hibiscus, *tejocote**, fresh cane, apple, guava, prunes. A bit of tequila is optional. It’s a hot drink, very good.” I wanted to give a very special thank you and a hug to Deyanira Baltazar de Trasviña for kindly sharing her family’s recipe for holiday cheer.

Ponche de Frutas de Yadi – Yadi’s Fruit Punch

2 1/3 cups *tejocotes** (cut in halves)
2 1/3 cups guavas (cut in quarters))
1 cup prunes (cut in halves)
5 yellow apples cut in quarters (remove core)
4 sugar cane stems (peeled and cut in 6” pieces)
½ cup tamarind (peeled and packed)
3 cinnamon sticks
3 ¾ cups white sugar
½ cup *piloncillo* (unrefined brown sugar)
1 ¼ cups dried hibiscus flowers (*jamaica*)
Optional shot of tequila (per serving)

- Wash the *tejocotes*, guavas, apples, prepare cane stalks
- In a large saucepan heat 5 quarts of water, add the sugar, cinnamon and *piloncillo*.
- When brought to a boil, add *tejocotes*, and sugar cane.
- About 5 minutes later, add the apples.

- Bring back to a boil and add the guavas, prunes, tamarind and hibiscus flowers.
- Simmer at a soft boil until liquid is reduced, but the guavas and apples are not falling apart.
- *Y listo!*

*One of the main fresh fruits in the Christmas punch is *tejocotes*, known as *texocotli* in Nahuatl, the language of the Aztecs who ruled at the time of the Spanish conquest. About the size of cherry tomatoes, *tejocotes* are the fruit of the hawthorn trees, look like crab apples, are orange to golden in color and have a sweet-sour flavor.



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Are You Over 40 Years Old?

By: East Cape Health Staff

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Thanks to the generous support of our donors, this program is able to operate and continue growing, allowing us to bring essential services directly to those who need them most.



New Faces at East Cape Health Center

We have new faces. In 2025, we have focused on strengthening our medical and dental clinic to continue providing high-quality care while improving our patients' overall experience. One of our main goals this year is to reduce wait times and offer faster, more efficient service.

Donate to East Cape Health Center

We appreciate your donations, which enable us to continue providing Los Barriles with high-quality medical and dental care, as well as affordable pharmacy services for hard-to-find controlled medications.

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Friends Supporting Families: Strengthening the Heart of Los Barriles

By: Robin Neal

In the vibrant and close-knit community of Los Barriles, Friends Supporting Families continues to embody our mission of compassion, generosity, and service. As a dedicated not-for-profit group, we focus on helping local families who struggle to meet basic needs—through our work with the local DIF-Desarrollo Integral Familiar. With each passing season, our impact grows, fueled by volunteers, donors, and neighbors who are eager to help our community.

At the core of Friends Supporting Families' work is our monthly food assistance program. Every month, we provide essential food to 24 local families. Our volunteers work year-round to create products to sell at local events, which in turn generates revenue to purchase groceries for needy families. As the rhythm of the town shifts into its busy season, Friends Supporting Families is also excited to be back at the Saturday Market, where a new season of community engagement is now underway. The market booth serves as a hub of information, inspiration, and connection. Visitors can learn about our mission, explore volunteer opportunities, and make donations. The market presence helps keep our community informed about ongoing needs and upcoming projects, while also offering a friendly place for people to ask questions and get involved. Returning to the market each season renews momentum and reminds everyone that positive change happens, one conversation at a time.

This season, Friends Supporting Families kicked things off with energy, gratitude, and music at a lively fundraiser hosted by Dodo's Beach Club. Thanks to the generosity of the venue and band Amnesia, the enthusiasm of attendees, and the incredible performance by the beloved local band, the event became much more than a fundraiser—it was a celebration of community spirit. Residents and visitors came together to enjoy great music and ocean views, all while supporting an important cause. The funds raised at Dodo's Beach Club directly support ongoing food assistance efforts. Events like these not only bring financial support but also raise awareness,

helping more people learn about families in need and how they can get involved.

Friends Supporting Families thrives because of the people of Los Barriles—those who give, volunteer, attend events, spread the word, and offer kindness in countless ways. Our organization's values of integrity, responsibility, compassion, and service remain at the forefront of every effort. With continued community support, Friends Supporting Families is not just meeting needs today, but also building a foundation of care and unity for tomorrow.

As this new season unfolds, the message is clear: when a community comes together with generosity and heart, extraordinary things happen.



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Behind The Scenes: Non-Profit Work Isn't Glamorous

By: Jo Dibbley

Our non-profit organization, Team Humanity, which is dedicated to the care of vulnerable children, experiences both heartwarming moments and formidable challenges. Every single day, the needs of the 28-35 children who call **New Creation Kids** home serve as a poignant reminder of the gravity of our mission.

This past week, we faced particularly tough circumstances as the many tropical storms of summer ravaged our beloved garden, a lifeline for the children's growth and nourishment.

This garden represents more than just soil and seeds; it is a symbol of hope and resilience. Over the past nine years, it has become a vital resource of fresh vegetables and also an educational tool, allowing our children to engage with the land through our successful farm-to-table program, *Little Aprons*. As we prepare to relaunch this program, we find ourselves at a crossroads, urgently seeking your support to help us restore this crucial asset.

The storm's aftermath has also brought unwelcome visitors—rats, snakes, cockroaches, and mosquitoes—that jeopardize the health and safety of the children's home. We fumigated the premises and implemented humane traps to protect our children. While these moments lack the sentimental glow often associated with charitable endeavors, they represent the critical regular actions needed to safeguard the lives and daily wellbeing of those who depend on *Team Humanity*.

Yet amid these challenges, inspiration and unwavering determination fuel us. We will give the children all the support they need.

As we celebrate 24 remarkable years of *New Creation Kids* and head into the 25th year, we are excited to introduce a variety of enriching programs this season, including our cherished regulars—Sunday Fundays, Arts and Crafts, and Storytelling—alongside new offerings such as Financial Literacy, Hands-on Construction, and English Learning and a whole lot of fun.

We invite you to join us in this legacy work. Your support—whether through donations, volunteering, or spreading the word—has the power to transform the lives of these children. Together, we will revitalize our garden, ensure a safe and nurturing environment, and equip these young minds with the skills they need for a brighter future.

These children are not just our responsibility; they are our passion, our joy, and our inspiration. They need us just as much as we need them. Together, let's weave a brighter tapestry of hope and opportunity for all. Your involvement can turn our vision into reality and give these remarkable children the life they truly deserve. Join us in making an enduring difference that resonates across generations.

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Join us on Facebook at Team Humanity Baja – Heart and souls of change.

Reminder giving Tuesday is on December 2th – a day commemorated to acknowledge and donate monies to your favorite and most deserving cause.



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We thank our new buyers and sellers for their support over these years! To all of you new sellers, the market is still good so let us know if you would like to sell your home or homesite. Our Office is in the center of Los Barriles in the Palapa building with the big rock parking lot next to the Tiki Bar and across the street from the Modelorama beer store.

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